| USPF ARIZONA S | STATE RECORD | S MAST | ER - MEN | Ages 40-44 | Division 2 | |
|----------------|-------------------------------------|----------------------------------|-----------------------------------|--|------------|--|
| Weight | Lift | Kgs | Lbs | Name | | Date |
| 52kg/114.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 56kg/123.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 60kg/132.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 67.5kg/148lb | Squat Bench Deadlift TOTAL | | | | | |
| 75kg/165.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 82.5kg/181.7lb | Squat Bench Deadlift TOTAL | | | | | |
| 90kg/198.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 100kg/220lb | Squat Bench Deadlift TOTAL | | | | | |
| 110kg/242lb | Squat Bench Deadlift TOTAL | | | | | |
| 125kg/275lb | Squat Bench Deadlift TOTAL | 282.5 155.0 255.0 692.5 | 622.8 341.5 562.0 1526.5 | Paul Leonard Paul Leonard Paul Leonard Paul Leonard | ! ! | 3/21/2009 3/21/2009 3/21/2009 3/21/2009 |
| 140kg/308.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 140+kg/ SHW | Squat Bench Deadlift TOTAL | | | | | |

| USPF ARIZONA S Weight | Lift | Kgs MAS | TER - MEN Lbs | Ages 45-49 Name | Division 2 | Date |
|---------------------------------|-------------------------------------|----------------------------------|----------------------------------|--|------------|--|
| 52kg/114.5lb | Squat Bench Deadlift TOTAL | rys | LUS | ivanie | | Date |
| 56kg/123.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 60kg/132.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 67.5kg/148lb | Squat Bench Deadlift TOTAL | | | | | |
| 75kg/165.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 82.5kg/181.7lb | Squat Bench Deadlift TOTAL | | | | | |
| 90kg/198.2lb | Squat Bench Deadlift TOTAL | 152.5 110.0 170.0 423.5 | 336.0 242.5 374.8 953.3 | Bill Mellinger Bill Mellinger Bill Mellinger Bill Mellinger | | 3/21/2009 3/21/2009 3/21/2009 3/21/2009 |
| 100kg/220lb | Squat Bench Deadlift TOTAL | | | | | |
| 110kg/242lb | Squat Bench Deadlift TOTAL | | | | | |
| 125kg/275lb | Squat Bench Deadlift TOTAL | | | | | |
| 140kg/308.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 140+kg/ SHW | Squat Bench Deadlift TOTAL | | | | | |

| Weight | STATE RECORDS Lift | Kgs | TER - MEN Lbs | Ages 50-54 Name | Division 2 | Date |
|----------------|-------------------------------------|----------------------------------|-----------------------------------|--|------------|--|
| 52kg/114.5lb | Squat Bench Deadlift TOTAL | Ngo | LDG | Namo | | Bute |
| 56kg/123.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 60kg/132.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 67.5kg/148lb | Squat Bench Deadlift TOTAL | | | | | |
| 75kg/165.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 82.5kg/181.7lb | Squat Bench Deadlift TOTAL | | | | | |
| 90kg/198.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 100kg/220lb | Squat Bench Deadlift TOTAL | | | | | |
| 110kg/242lb | Squat Bench Deadlift TOTAL | 255.0 137.5 237.5 630.0 | 562.0 303.0 523.5 1388.5 | Jeff Cole Jeff Cole Jeff Cole Jeff Cole | | 3/21/2009 3/21/2009 3/21/2009 3/21/2009 |
| 125kg/275lb | Squat Bench Deadlift TOTAL | | | | | |
| 140kg/308.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 140+kg/ SHW | Squat Bench Deadlift TOTAL | | | | | |

| USPF ARIZONA S | STATE RECORD Lift | | STER - MEN Lbs | Ages 55-59 Name | Division 2 | Date |
|------------------------|-------------------------------------|----------------------------------|----------------------------------|--|------------|--|
| Weight 52kg/114.5lb | Squat Bench Deadlift TOTAL | Kgs | LDS | Name | | Date |
| 56kg/123.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 60kg/132.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 67.5kg/148lb | Squat Bench Deadlift TOTAL | | | | | |
| 75kg/165.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 82.5kg/181.7lb | Squat Bench Deadlift TOTAL | | | | | |
| 90kg/198.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 100kg/220lb | Squat Bench Deadlift TOTAL | 145.0 102.5 172.5 420.0 | 319.5 225.8 380.3 925.5 | William Sands William Sands William Sands William Sands | | 3/21/2009 3/21/2009 3/21/2009 3/21/2009 |
| 110kg/242lb | Squat Bench Deadlift TOTAL | | | | | |
| 125kg/275lb | Squat Bench Deadlift TOTAL | | | | | |
| 140kg/308.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 140+kg/ SHW | Squat Bench Deadlift TOTAL | | | | | |

| Weight | STATE RECORDS Lift Kgs | MASTER - MEN Ages 60- Lbs Name | 64 Division 2 | Date |
|----------------|-------------------------------------|-----------------------------------|---------------|------|
| 52kg/114.5lb | Squat Bench Deadlift TOTAL | | | |
| 56kg/123.5lb | Squat Bench Deadlift TOTAL | | | |
| 60kg/132.2lb | Squat Bench Deadlift TOTAL | | | |
| 67.5kg/148lb | Squat Bench Deadlift TOTAL | | | |
| 75kg/165.2lb | Squat Bench Deadlift TOTAL | | | |
| 82.5kg/181.7lb | Squat Bench Deadlift TOTAL | | | |
| 90kg/198.2lb | Squat Bench Deadlift TOTAL | | | |
| 100kg/220lb | Squat Bench Deadlift TOTAL | | | |
| 110kg/242lb | Squat Bench Deadlift TOTAL | | | |
| 125kg/275lb | Squat Bench Deadlift TOTAL | | | |
| 140kg/308.5lb | Squat Bench Deadlift TOTAL | | | |
| 140+kg/ SHW | Squat Bench Deadlift TOTAL | | | |

| USPF ARIZONA Weight | STATE RECORI Lift | DS Kgs | MASTER - MEN Lbs | Ages 65-69 Name | Division 2 | Date |
|---------------------|-------------------------------------|------------------|---------------------|--------------------|------------|------|
| 52kg/114.5lb | Squat Bench Deadlift TOTAL | J | | | | |
| 56kg/123.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 60kg/132.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 67.5kg/148lb | Squat Bench Deadlift TOTAL | | | | | |
| 75kg/165.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 82.5kg/181.7lb | Squat Bench Deadlift TOTAL | | | | | |
| 90kg/198.2lb | Squat Bench Deadlift TOTAL | | | | | |
| 100kg/220lb | Squat Bench Deadlift TOTAL | | | | | |
| 110kg/242lb | Squat Bench Deadlift TOTAL | | | | | |
| 125kg/275lb | Squat Bench Deadlift TOTAL | | | | | |
| 140kg/308.5lb | Squat Bench Deadlift TOTAL | | | | | |
| 140+kg/ SHW | Squat Bench Deadlift TOTAL | | | | | |

| Neight 52kg/114.5lb | Lift Kgs Squat | Lbs | Name | Date |
|----------------------------|-------------------------|-----|------|------|
| 32kg/114.5lb | Squat Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| | _ | | | |
| 56kg/123.5lb | Squat | | | |
| | Bench | | | |
| | Deadlift TOTAL | | | |
| | TOTAL | | | |
| 60kg/132.2lb | Squat | | | |
| | Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| 7.5kg/148lb | Squat | | | |
| | Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| 75kg/165.2lb | Squat | | | |
| J | Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| 2.5kg/181.7lb | Squat | | | |
| 2.0Kg/101.7ID | Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| 0kg/198.2lb | Squot | | | |
| UKG/ 190.2ID | Squat Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| | _ | | | |
| 00kg/220lb | Squat | | | |
| | Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| 10kg/242lb | Squat | | | |
| | Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| 25kg/275lb | Squat | | | |
| | Bench | | | |
| | Deadlift | | | |
| | TOTAL | | | |
| | Squat | | | |
| 40kg/308.5lb | Bench | | | |
| 40kg/308.5lb | | | | |
| 40kg/308.5lb | Deadlift | | | |
| 40kg/308.5lb | Deadlift TOTAL | | | |
| 40kg/308.5lb 40+kg/ SHW | TOTAL Squat | | | |
| | TOTAL Squat Bench | | | |
| | TOTAL Squat | | | |

| | STATE RECORDS | MASTER - MEN | Ages 75-79 | Division 2 | Doto |
|------------------------|--|--------------|------------|------------|------|
| Weight 52kg/114.5lb | Lift Kg Squat Bench Deadlift TOTAL | s Lbs | Name | | Date |
| 56kg/123.5lb | Squat Bench Deadlift TOTAL | | | | |
| 60kg/132.2lb | Squat Bench Deadlift TOTAL | | | | |
| 67.5kg/148lb | Squat Bench Deadlift TOTAL | | | | |
| 75kg/165.2lb | Squat Bench Deadlift TOTAL | | | | |
| 82.5kg/181.7lb | Squat Bench Deadlift TOTAL | | | | |
| 90kg/198.2lb | Squat Bench Deadlift TOTAL | | | | |
| 100kg/220lb | Squat Bench Deadlift TOTAL | | | | |
| 110kg/242lb | Squat Bench Deadlift TOTAL | | | | |
| 125kg/275lb | Squat Bench Deadlift TOTAL | | | | |
| 140kg/308.5lb | Squat Bench Deadlift TOTAL | | | | |
| 140+kg/ SHW | Squat Bench Deadlift TOTAL | | | | |

| Veight | A STATE RECORI Lift l | (gs | MASTER - M Lbs | EN Ages 80+ Name | Division 2 | Date |
|----------------|--------------------------|-----|-------------------|---------------------|------------|------|
| 52kg/114.5lb | Squat | - ن | | | | |
| · · | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| | _ | | | | | |
| 6kg/123.5lb | Squat | | | | | |
| | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| 0kg/132.2lb | Squat | | | | | |
| 5Kg/ 102.215 | Bench | | | | | |
| | Deadlift | | | | | |
| | | | | | | |
| | TOTAL | | | | | |
| 7.5kg/148lb | Squat | | | | | |
| 5 | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| =1 /40= =" | | | | | | |
| 5kg/165.2lb | Squat | | | | | |
| | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| 2.5kg/181.7lb | Squat | | | | | |
| 2.0Kg/ 101.71b | Bench | | | | | |
| | Deadlift | | | | | |
| | | | | | | |
| | TOTAL | | | | | |
| 0kg/198.2lb | Squat | | | | | |
| J | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| | TOTAL | | | | | |
| 00kg/220lb | Squat | | | | | |
| | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| 10ka/242lb | Squat | | | | | |
| 10kg/242lb | Squat | | | | | |
| | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| 25kg/275lb | Squat | | | | | |
| 3 22 | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| | | | | | | |
| 40kg/308.5lb | Squat | | | | | |
| | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| | | | | | | |
| 0+kg/ SHW | Squat | | | | | |
| | Rench | | | | | |

Bench Deadlift TOTAL