

Bench Only | OPEN MEN

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb		132.5	292 Hung Pham	8/10/1998
56kg/123.5lb		165	363.7 William Garcia	9/25/2010
60kg/132.2lb		147.5	325 Jim Lawrence	8/10/1996
67.5kg/148.7lb		182.5	402.2 Michael Armistead	4/30/1995
75kg/165.2lb		200	440.7 Rich Khoshaba	8/9/1997
82.5kg/181.7lb		217.5	479.5 Bruce Mendoza	7/10/2004
90kg/198.2lb		287.5	633.8 James Burdette	9/13/2008
100kg/220lb		287.5	633.8 Ryan Girard	8/2/2008
110kg/242lb		320.5	706.5 Dennis Reneau	9/25/2010
125kg/275lb		306	674.6 Alan Best	7/5/2009
140kg/308.5lb		312.5	688.7 Jarred Roberts	11/15/2009
140+kg/SHW		330	727.5 Rich Lopez	2/20/2010

Bench Only | JUNIOR MEN 13 TO 15

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb		70	154.3 Freddy Boza	7/5/2009
56kg/123.5lb		57.5	126.7 Tyler Schrader	6/10/2006
60kg/132.2lb		92.5	203.7 Steve Sugano	7/31/1999
67.5kg/148.7lb		88.5	195.1 Beau Hershberger	6/7/2009
75kg/165.2lb		130	286.5 Safiy Parray	5/30/2010
82.5kg/181.7lb		115	253.5 Michael Johnson	8/9/1997
90kg/198.2lb		122.5	270 Chace Eskam	5/5/2007
100kg/220lb		167.5	369.2 Chris Ludlow	12/8/2007
110kg/242lb		160	352.5 Michael Adams	8/9/1997
125kg/275lb		142.5	314 Adam Mikaitis	6/25/1989
140kg/308.5lb		122.5	270 Miguel Macias	12/12/2009
140+kg/SHW		175	385.7 Lester Dedrick	1/24/2010

Bench Only | JUNIOR MEN 16 TO 17

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb		45	99.2 Patrick Schoener	12/8/2007
56kg/123.5lb		100	220.2 Andy Moreno	10/7/2000
60kg/132.2lb		110	242.5 David Rocha	6/10/2006
67.5kg/148.7lb		137.5	303 Kevin Tanaka	8/2/2008
75kg/165.2lb		147.5	325.2 Austin Fite	7/12/2008
82.5kg/181.7lb		161	354.9 Mark Matthews	8/5/2006
90kg/198.2lb		172.5	380.2 Kenny Wilson	1/25/2009
100kg/220lb		170	374.8 Jonathan Hoffman	9/10/2005
110kg/242lb		162.5	358.2 Devin Murray	12/13/2008
125kg/275lb		182.5	402.2 Albert Garcia III	3/19/2005
140kg/308.5lb		152.5	336.2 Blake Stockton	8/2/2008
140+kg/SHW		160	352.5 Lester Dedrick	8/14/2010

Bench Only | JUNIOR MEN 18 TO 19

Weight	Kgs	Lbs	Name	Date
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52kg/114.5lb	80	176.2	Joe Duguay	1/19/1991
56kg/123.5lb	147.5	325	William Garcia	12/12/2009
60kg/132.2lb	115	253.5	Ivan Chicchon	10/23/2005
67.5kg/148.7lb	165	363.7	Rene Sapien	9/2/1990
75kg/165.2lb	152.5	336	Dominic Vittori	8/7/1993
82.5kg/181.7lb	172.5	380.2	Greg Lewis	12/13/2008
90kg/198.2lb	195	429.8	Travis Grevon	4/26/2009
100kg/220lb	197.5	435.2	Sean Demarinis	1/29/2006
110kg/242lb	230	507.1	Jonathan Hoffman	9/8/2007
125kg/275lb	245	540	Chase Collins	9/9/2006
140kg/308.5lb	195	429.9	Anthony Segretario	6/11/2005
140+kg/SHW	210	462.7	John Cooper	6/9/2007

Bench Only | JUNIOR MEN 20 TO 23

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb	132.5	292	Hung Pham	8/10/1996
56kg/123.5lb	165	363.7	William Garcia	9/25/2010
60kg/132.2lb	108	238	Dean Otsuka	8/2/2008
67.5kg/148.7lb	150	330.5	Vincent Mao	8/5/1995
75kg/165.2lb	185	407.8	Stephen Hokama	8/2/2008
82.5kg/181.7lb	182.5	402.3	Eddie Joseph	7/12/2008
90kg/198.2lb	215	473.7	Randall Cardona	11/9/1997
100kg/220lb	205	451.7	Greg Butler	6/9/2007
110kg/242lb	220	485	Patrick Rhoades Jr.	6/26/2010
125kg/275lb	272.5	600.7	Mike Womack	3/19/2005
140kg/308.5lb	275	606.2	Josh Bryant	7/20/2002
140+kg/SHW	230	507.1	O'Neil Russell	5/3/2008

Bench Only | SUBMASTER MEN 35 TO 39

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb	122.5	270	Jay Hadden	3/29/2008
60kg/132.2lb	125	275.5	Roman Guaderrama	3/19/2005
67.5kg/148.7lb	177.5	391.2	Scott Layman	9/9/2006
75kg/165.2lb	187.5	413.2	Steve Ward	3/4/2000
82.5kg/181.7lb	217.5	479.5	Bruce Mendoza	7/10/2004
90kg/198.2lb	287.5	633.8	James Burdette	9/13/2008
100kg/220lb	237.5	523.5	James Houston	2/20/2010
110kg/242lb	320.5	706.5	Dennis Reneau	9/25/2010
125kg/275lb	292.5	644.7	Scott Hoekstra	3/25/2006
140kg/308.5lb	282.5	622.7	Scott Cartwright	8/6/2005
140+kg/SHW	330	727.5	Rich Lopez	2/20/2010

Bench Only | MASTER MEN 40 TO 44

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb	112.5	248	Jerry Kahn	6/8/1985
56kg/123.5lb				

60kg/132.2lb	112.5	248	Michael Ossola	12/8/2007
67.5kg/148.7lb	160	352.5	Jim Lawrence	3/4/2000
75kg/165.2lb	195	429	Ronnie Sakaguchi	9/2/1990
82.5kg/181.7lb	195	429	Steve Ward	6/12/2004
90kg/198.2lb	237.5	523.5	Bruce Mendoza	8/2/2008
100kg/220lb	238.5	525.7	Stacy Dedrick	12/12/2009
110kg/242lb	277.5	611.7	Juan Laija	9/25/2010
125kg/275lb	305.5	673.5	Scott Hoekstra	3/30/2008
140kg/308.5lb	280	617.2	Patrick Collard	8/2/2008
140+kg/SHW	257.5	567.5	Art Ramsey	9/11/1999

Bench Only | MASTER MEN 45 TO 49

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb		75	165.2 Larry Tamura	3/24/1996
56kg/123.5lb		77.5	170.7 Glenn Shiroma	12/11/1994
60kg/132.2lb		120	264.5 Scott Bloomer	4/26/2009
67.5kg/148.7lb		130	286.5 Bryan Uyeoka	11/21/2004
75kg/165.2lb		145	319.6 Mark Laurel	9/12/2009
82.5kg/181.7lb		192.5	424.2 Filomen Pitassi	7/7/1992
90kg/198.2lb		220	485 Keith Kanemoto	5/19/2007
100kg/220lb		260	573 Clinton Sims	5/20/2006
110kg/242lb		282.5	622.7 Bryon Brubaker	11/15/2009
125kg/275lb		250	551.2 Mike Lutz	12/8/2007
140kg/308.5lb		265	584 Steve Denison	7/21/2007
140+kg/SHW		250	551.2 Dennis Schultz	10/6/2007

Bench Only | MASTER MEN 50 TO 54

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb		95	209.2 Jerry Kahn	7/31/1999
60kg/132.2lb		102.5	225.7 Kevin Meskew	11/14/2009
67.5kg/148.7lb		132.5	292 Bryan Uyeoka	5/20/2006
75kg/165.2lb		157.5	347.2 Al Nebo	9/27/2008
82.5kg/181.7lb		182.5	402.2 Jim Merlino	6/24/1989
90kg/198.2lb		227.5	501.5 Jody Woods	9/25/2010
100kg/220lb		212.5	468.2 Daniel Smith III	12/11/1994
110kg/242lb		222.5	490.5 Alvin Waldon	12/13/2003
125kg/275lb		260	573.1 Mike Lutz	4/26/2009
140kg/308.5lb		237.5	523.5 Steven Brown	3/31/2007
140+kg/SHW		275	606.2 Frank Beeler	10/23/2005

Bench Only | MASTER MEN 55 TO 59

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb		75	165.2 Phil Neyer	2/24/1990
67.5kg/148.7lb		102.5	225.7 Steve Tamerius	11/21/2004

75kg/165.2lb	150	330.5	Rudy Lozano	12/1/1996
82.5kg/181.7lb	180	396.8	Arthur Fu	3/28/2009
90kg/198.2lb	160	352.5	Dave Cummerow	3/19/2005
100kg/220lb	190	418.7	Bob Evans	9/18/2004
110kg/242lb	205	451.9	Alvin Waldon	6/14/2008
125kg/275lb	245	540.1	Dan Varela	7/2/2005
140kg/308.5lb	242.5	534.5	Brian Meek	2/19/2006
140+kg/SHW	152.5	336	Larry Hedrick	5/6/2000

Bench Only | MASTER MEN 60 TO 64

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb	140	308.6	Bryan Yager	7/5/2009
67.5kg/148.7lb	142.5	314	Bryan Yager	3/6/2010
75kg/165.2lb	150	330.5	Bryan Yager	12/12/2009
82.5kg/181.7lb	157.5	347.2	David Cummerow	12/13/2008
90kg/198.2lb	170.5	375.88	Ken Carpenter	3/19/2005
100kg/220lb	192.5	424.3	Dave Marba	9/27/2008
110kg/242lb	215	473.7	Chris Haudenschild	5/5/2007
125kg/275lb	243	535.7	Ron Moormeister	9/5/2010
140kg/308.5lb	243	535.7	Ron Moormeister	1/24/2010
140+kg/SHW				

Bench Only | MASTER MEN 65 TO 69

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb	77.5	170.7	Jack Hughes	4/4/1986
67.5kg/148.7lb	125	275.5	Jim Merlino	3/27/2004
75kg/165.2lb	140	308.5	Jim Merlino	12/13/2003
82.5kg/181.7lb	178	392.4	Rudy Lozano	1/25/2009
90kg/198.2lb	182.5	402.3	Rudy Lozano	7/5/2009
100kg/220lb	200	440.7	Larry Negriff	6/29/2008
110kg/242lb	227.5	501.5	Larry Negriff	5/30/2010
125kg/275lb	192.5	424.4	Danny Herrera	9/10/2005
140kg/308.5lb	132.5	292.1	Denny Faler	5/17/2008
140+kg/SHW	82.5	181.7	Robert Boyd	6/15/1991

Bench Only | MASTER MEN 70 TO 74

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb	75	165.2	Jim Andres	6/9/2007
67.5kg/148.7lb	95	209.2	Jim Merlino	11/14/2009
75kg/165.2lb	92.5	203.7	Robert Cortes	3/19/2005
82.5kg/181.7lb	172.5	380.2	Rudy Lozano	11/14/2009

90kg/198.2lb	177.5	391.3	Rudy Lozano	9/5/2010
100kg/220lb	150	330.5	Chuck Gourley Jr.	7/10/2004
110kg/242lb				
125kg/275lb	165	363.8	Danny Herrera	8/12/2007
140kg/308.5lb	92.5	203.7	Larry Kidney	3/27/2010
140+kg/SHW				

Bench Only | MASTER MEN 75 TO 79

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb	105	231.4	Richard Simon	3/29/2008
82.5kg/181.7lb	117.5	259	Richard Simon	9/9/2006
90kg/198.2lb	93	205	Don Lovas	12/8/2007
100kg/220lb	105	231.2	Henri Soudieres	2/7/1982
110kg/242lb				
125kg/275lb				
140kg/308.5lb				
140+kg/SHW				

Bench Only | MASTER MEN 80+

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb	87.5	192.7	Harrison Benner	11/11/2000
82.5kg/181.7lb	65	143.2	Henri Soudieres	3/26/1994
90kg/198.2lb	102.5	225.9	Charles Rice	6/26/2010
100kg/220lb	92.5	203.7	Henri Soudieres	9/20/1986
110kg/242lb				
125kg/275lb				
140kg/308.5lb				
140+kg/SHW				