

**Powerlifting | JUNIOR WOMEN 13 TO 15**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat	52.5	115.5	Trisha Layman	3/31/2007
	Bench	30	66	Trisha Layman	3/31/2007
	Deadlift	65	143.2	Trisha Layman	3/31/2007
	TOTAL	147.5	325	Trisha Layman	3/31/2007
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	65	143.3	Madison James	3/31/2007
	Bench	37.5	82.7	Madison James	3/31/2007
	Deadlift	92.5	203.7	Catherine LaMantia	3/31/2007
	TOTAL	176	386.9	Madison James	3/31/2007
67.5kg/148.7lb	Squat	82.5	181.8	Madison James	9/12/2009
	Bench	65	143.2	Madison James	9/12/2009
	Deadlift	125	275.5	Madison James	7/3/2009
	TOTAL	265	584.2	Madison James	9/12/2009
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				

**Powerlifting | JUNIOR WOMEN 16 TO 17**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				

	Deadlift				
	TOTAL				
48kg/105.7lb	Squat	50	110.2	Lexi Seneney	6/7/2009
	Bench	25	55.1	Lexi Seneney	6/7/2009
	Deadlift	60	132.2	Lexi Seneney	6/7/2009
	TOTAL	130	286.5	Lexi Seneney	6/7/2009
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	95	209.2	Shonte Wright	5/25/1991
	Bench	50	110	Morgan Hefley	3/25/2006
	Deadlift	120	264.5	Morgan Hefley	3/25/2006
	TOTAL	252.5	556.5	Morgan Hefley	3/25/2006
67.5kg/148.7lb	Squat	102.5	225.7	Priscilla Sanchez	4/8/2000
	Bench	67.5	148.7	Priscilla Sanchez	6/3/2000
	Deadlift	125	275.5	Priscilla Sanchez	4/8/2000
	TOTAL	287.5	633.5	Priscilla Sanchez	4/8/2000
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat	170.5	375.8	Heather Keola	9/27/2008
	Bench	72.5	159.8	Heather Keola	9/27/2008
	Deadlift	150	330.6	Heather Keola	9/27/2008
	TOTAL	392.5	866.2	Heather Keola	9/27/2008
90+kg/UNL	Squat	157.5	347.2	Heather Keola	7/3/2009
	Bench	75	165.3	Heather Keola	7/3/2009
	Deadlift	145	319.6	Heather Keola	7/3/2009
	TOTAL	377.5	832.2	Heather Keola	7/3/2009

### Powerlifting | JUNIOR WOMEN 18 TO 19

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat	105	231.2	Heather Trotz	7/24/1994
	Bench	47.5	104.5	Heather Trotz	7/24/1994
	Deadlift	125	275.5	Heather Trotz	7/24/1994
	TOTAL	270	595	Heather Trotz	7/24/1994
48kg/105.7lb	Squat	57.5	126.7	Jessica Rankin-Gee	5/5/2007
	Bench	37.5	83	Jessica Rankin-Gee	5/5/2007

	Deadlift	100	220.2	Jessica Rankin-Gee	5/5/2007
	TOTAL	195	429	Jessica Rankin-Gee	5/5/2007
52kg/114.5lb	Squat	72.5	159.5	Alex Decker	9/9/2006
	Bench	40	88	Alex Decker	9/9/2006
	Deadlift	105	231.2	Alex Decker	9/9/2006
	TOTAL	217.5	479.5	Alex Decker	9/9/2006
56kg/123.5lb	Squat	110	242.5	Kami Gladich	8/24/1991
	Bench	42.5	94	Kami Gladich	8/24/1991
	Deadlift	100	220.2	Kami Gladich	8/24/1991
	TOTAL	252.5	556.5	Kami Gladich	8/24/1991
60kg/132.2lb	Squat	137.5	303	Tabatha Willey	7/1/1990
	Bench	65	143.2	Tabatha Willey	7/1/1990
	Deadlift	142.5	314	Tabatha Willey	7/1/1990
	TOTAL	340	749.5	Tabatha Willey	7/1/1990
67.5kg/148.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				

### Powerlifting | JUNIOR WOMEN 20 TO 23

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				

	Deadlift			
	TOTAL			
56kg/123.5lb	Squat	85	187.3 Amanda Leahy	12/8/2007
	Bench	50	110.2 Amanda Leahy	12/8/2007
	Deadlift	115	253.5 Alex Decker	3/31/2007
	TOTAL	247.5	545.6 Amanda Leahy	12/8/2007
60kg/132.2lb	Squat	117.5	259 Christina Henesian	6/14/2003
	Bench	70	154.2 Christina Henesian	6/14/2003
	Deadlift	150	330.5 Christina Henesian	6/14/2003
	TOTAL	337.5	744 Christina Henesian	6/14/2003
67.5kg/148.7lb	Squat	102.5	225.9 Kendal Buffington	7/12/2008
	Bench	62.5	137.7 Kendal Buffington	7/12/2008
	Deadlift	110	242.1 Kendal Buffington	7/12/2008
	TOTAL	275	606.2 Kendal Buffington	7/12/2008
75kg/165.2lb	Squat	131	288.7 Renee Amour	6/3/2000
	Bench	80	176.2 Renee Amour	6/3/2000
	Deadlift	142.5	314 Renee Amour	6/3/2000
	TOTAL	353.5	779 Renee Amour	6/3/2000
82.5kg/181.7lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
90kg/198.2lb	Squat	140	308.5 Carey Krogstad	7/24/1994
	Bench	82.5	181.7 Carey Krogstad	7/24/1994
	Deadlift	122.5	270 Carey Krogstad	7/24/1994
	TOTAL	337.5	774 Carey Krogstad	7/24/1994
90+kg/UNL	Squat	62.5	137.7 Teresa Merkelbach	3/31/2007
	Bench	52.5	115.5 Teresa Merkelbach	3/31/2007
	Deadlift	112.5	248 Teresa Merkelbach	3/31/2007
	TOTAL	227.5	501.5 Teresa Merkelbach	3/31/2007