

USPF CA STATE LE SINGLE PLY MASTER - MEN

1989

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat	197.5	434.5	L.Duran CYA	1991
	Bench	120.0	264.0	L.Duran CYA	1991
	Deadlift	212.5	467.5	L.Duran CYA	1991
	TOTAL	560.0	1232.0	L.Duran CYA	1987
75kg/165.2lb	Squat	212.5	467.5	R.Taylor SD Marshal	1989
	Bench	145.0	319.0	R.Taylor SD Marshal	1989
	Deadlift	220.0	484.0	R.Taylor SD Marshal	1989
	TOTAL	577.5	1270.5	R.Taylor SD Marshal	1989
82.5kg/181.7lb	Squat	220.0	484.0	F.Pitassi CYA	1991
	Bench	175.0	385.0	F.Pitassi CYA	1989
	Deadlift	235.0	517.0	F.Pitassi CYA	1991
	TOTAL	622.5	1369.0	F.Patassi CYA	1991
90kg/198.2lb	Squat	265.5	584.0	A.Viola San Bernardo PD	1991
	Bench	170.0	374.0	J.Currie SFPD	1990
	Deadlift	275.0	605.0	G.Jones Pomona PD	1990
	TOTAL	730.0	1606.0	L.Hernandez Pomona PD	1988
100kg/220lb	Squat	260.0	572.0	G.Jones Pomona PD	1991
	Bench	155.0	341.0	D.Hawley Alameda DA	1989
	Deadlift	300.0	660.0	L.Hernandez	1990
	TOTAL	800.0	1760.0	J.Vetrovec	1986
110kg/242lb	Squat	247.5	544.0	J.Mutz LAPD	1989
	Bench	200.0	440.0	D.Collagen DOC	1989
	Deadlift	265.0	583.0	J.Mutz LAPD	1989
	TOTAL	732.0	1610.0	W.Hartmann LAPD	1983
125kg/275lb	Squat	273.0	600.6	D.Lamar State Parole	1989
	Bench	167.0	367.4	D.Lamar State Parole	1990
	Deadlift	265.0	583.0	R.Rossi Belevedere PD	1990
	TOTAL	670.0	1474.0	D.Lamar State Parole	1989
140kg/308.5lb	Squat	285.0	627.0	Darryl Carter LASO	1990
	Bench	227.5	500.5	Darryl Carter LASO	1990
	Deadlift	285.0	627.0	Darryl Carter LASO	1990
	TOTAL	797.5	1754.5	Darryl Carter LASO	1990
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				