

USPF CA STATE LE SINGLE PLY GRAND MASTER - MEN

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat	195.0	429.0	Chet Thomas Pomona PD	1990
	Bench	102.0	224.0	E.Thorton CHP	1991
	Deadlift	205.0	451.0	Chet Thomas Pomona PD	1990
	TOTAL	615.0	1353.0	Chet Thomas Pomona PD	1987
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat	270.0	594.0	W.Hartmann LAPD	1991
	Bench	175.0	385.0	W.Hartmann LAPD	1991
	Deadlift	295.0	649.0	W.Hartmann LAPD	1991
	TOTAL	740.0	1628.0	W.Hartmann LAPD	1991
110kg/242lb	Squat	285.0	627.0	W.Hartmann LAPD	1990
	Bench	175.0	1385.0	W.Hartmann LAPD	1990
	Deadlift	210.0	462.0	W.Hartmann LAPD	1990
	TOTAL	780.0	1716.0	W.Hartmann LAPD	1990