

**USPF CA STATE LAW ENFORCEMENT SINGLE PLY - FULL POWER  
SENIOR - WOMEN**

Weight	Lift	Kgs	Lbs	Name	Date	
52kg/114.5lb	Squat	95.0	209.0	P.Conrad LAPD		1991
	Bench	57.5	126.5	P.Conrad LAPD		1991
	Deadlift	122.0	268.0	S.Payne LAPD		1990
	TOTAL	260.0	572.0	P.Conrad LAPD	06/13/1905	1991
56kg/123.5lb	Squat	122.0	268.0	J.Wiltshire LA Marshal		1990
	Bench	87.5	192.5	j.Wiltshire LA Marshal		1990
	Deadlift	160.0	352.0	j.Wiltshire LA Marshal		1990
	TOTAL	370.0	814.0	J.Wiltshire LA Marshal		1990
60kg/132.2lb	Squat	80.0	176.0	K.Kennedy LASO		1989
	Bench	52.5	115.5	K.Kennedy LASO		1989
	Deadlift	122.5	269.5	K.Kennedy LASO		1989
	TOTAL	407.5	896.5	D.Hartmann LASO		1982
67.5kg/148lb	Squat	130.0	286.0	L.Levy LA Marshal		1991
	Bench	77.5	170.6	I.Levy LA Marshal		1991
	Deadlift	160.0	352.0	L.Levy LA Marshal		1991
	TOTAL	367.5	808.5	L.Levy LA Marshal		1991
75kg/165.2lb	Squat	130.0	286.0	S.Sherman LASO		1990
	Bench	62.5	137.5	S.Sherman LASO		1990
	Deadlift	160.0	352.0	S.Sherman LASO		1990
	TOTAL	337.5	742.5	S.Sherman LASO		
82.5kg/181.7lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
90kg/198.2lb	Squat	87.5	192.5	M.Winn LAPD		1990
	Bench	65.0	143.0	M.Winn LAPD		1990
	Deadlift	155.0	341.0	M.Winn LAPD		1990
	TOTAL	307.0	675.0	M.Winn LAPD		1990
100kg/220lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
110kg/242lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
125kg/275lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
140kg/308.5lb	Squat					
	Bench					
	Deadlift					