

Weight	USPF CA STATE RAW		OPEN - MEN		Date
	Lift	Kgs	Lbs	Name	
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	160.0	352.7	Gabriel Pereyra	04/21/12
	Bench	82.5	181.9	Gabriel Pereyra	04/21/12
	Deadlift	237.5	523.6	Gabriel Pereyra	04/21/12
	TOTAL	480.0	1058.2	Gabriel Pereyra	04/21/12
82.5kg/181.7lb	Squat	205.0	451.9	Thomas Hussey	9/22/2012
	Bench	137.5	303.1	Thomas Hussey	9/22/2012
	Deadlift	215.0	474.0	Thomas Hussey	9/22/2012
	TOTAL	557.5	1229.1	Thomas Hussey	9/22/2012
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat	165.0	363.8	Matthew Brown	04/21/12
	Bench	127.5	281.1	Matthew Brown	04/21/12
	Deadlift	265.0	584.2	Matthew Brown	04/21/12
	TOTAL	557.5	1229.1	Matthew Brown	04/21/12
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/308+lb	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF CA STATE RAW SUBMASTER - MEN AGE 35-39

<u>Weight</u>	<u>Lift</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				