

USPF CA STATE LAW ENFORCEMENT SINGLE PLY ~ FULL POWER

MEN - OPEN

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	182.5		A.Mayota San Joaquin SD	1989.0
	Bench	105.0		A.Mayota San Joaquin SD	1989.0
	Deadlift	182.5		A.Mayota San Joaquin SD	1989.0
	TOTAL	470.0		A.Mayota San Joaquin SD	1989.0
67.5kg/148lb	Squat	217.5		Bruce Haar LACO MARSHAL	1982.0
	Bench	145.0		Bruce Haar LACO MARSHAL	1982.0
	Deadlift	232.5		Bruce Haar LACO MARSHAL	1982.0
	TOTAL	595.0		Bruce Haar LACO MARSHAL	1982.0
75kg/165.2lb	Squat	240.0		R.Williams CDC	1990.0
	Bench	160.0		R.Williams CDC	1991.0
	Deadlift	245.0		R.Anderson Oceanside PD	1990.0
	TOTAL	665.0		Bruce Harr LACO Marshal	1983.0
82.5kg/181.7lb	Squat	215.0		John Killin Riverside CO SD	1982.0
	Bench	162.5		Greg Mattis Anaheim PD	1982.0
	Deadlift	227.5		John Killin Riverside CO SD	1982.0
	TOTAL	857.5		Ted Mossbarger LASD	1985.0
90kg/198.2lb	Squat	310.0		ted Mossbarger LASD	1982.0
	Bench	182.5		ted Mossbarger LASD	1982.0
	Deadlift	307.5		Ted Mossbarger LASD	1982.0
	TOTAL	800.0		Ted Mossbarger LASD	1982.0
100kg/220lb	Squat	310.0		E.Ruble LAPD	1989.0
	Bench	210.0		E.Ruble LAPD	1989.0
	Deadlift	347.5		j.Moffet LAPD	1982.0
	TOTAL	820.0		J.Moffet LAPD	1982.0
110kg/242lb	Squat	340.0		Mike Porretta Oceanside PD	1990.0
	Bench	205.0		Mike Porretta Oceanside PD	1990.0
	Deadlift	320.0		MIKE Porretta Oceanside PD	1990.0
	TOTAL	955.0		Mike Porretta SD DA	1986.0
125kg/275lb	Squat	275.0		Dominic Licavoli LAPD	1982.0
	Bench	185.0		Dominic Licavoli LAPD	1982.0
	Deadlift	287.5		DomiDnic Licavoli LAPD	1982.0
	TOTAL	747.5		Dominic Licavoli LAPD	1982.0
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/308+lb	Squat				
	Bench				
	Deadlift				
	TOTAL				