

**USPF COLORADO STATE RECORDS - Raw KS Division 3**

**MEN TEENS 13-15**

| Weight         | Lift     | Kgs | Lbs | Name | Date |
|----------------|----------|-----|-----|------|------|
| 52kg/114.5lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 56kg/123.5lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 60kg/132.2lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 67.5kg/148lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 75kg/165.2lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 82.5kg/181.7lb | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 90kg/198.2lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 100kg/220lb    | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 110kg/242lb    | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 125kg/275lb    | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 140kg/308.5lb  | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 140+kg/SHW     | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |

MEN TEENS 16-17

| Weight         | Lift     | Kgs   | Lbs   | Name         | Date       |
|----------------|----------|-------|-------|--------------|------------|
| 52kg/114.5lb   | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 56kg/123.5lb   | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 60kg/132.2lb   | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 67.5kg/148lb   | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 75kg/165.2lb   | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 82.5kg/181.7lb | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 90kg/198.2lb   | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 100kg/220lb    | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 110kg/242lb    | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 125kg/275lb    | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 140kg/308.5lb  | Squat    |       |       |              |            |
|                | Bench    |       |       |              |            |
|                | Deadlift |       |       |              |            |
|                | TOTAL    |       |       |              |            |
| 140+kg/SHW     | Squat    | 106.0 | 233.6 | Cory Sanders | 11/12/23   |
|                | Bench    | 82.5  | 181.5 | Cory Sanders | 11/12/23   |
|                | Deadlift | 120.0 | 264.5 | Cory Sanders | 11/12/23   |
|                | TOTAL    | 308.5 | 680.0 | Cory Sanders | 11/12/2023 |

MEN TEENS 18-19

| Weight         | Lift                                | Kgs | Lbs | Name | Date |
|----------------|-------------------------------------|-----|-----|------|------|
| 52kg/114.5lb   | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 56kg/123.5lb   | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 60kg/132.2lb   | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 67.5kg/148lb   | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 75kg/165.2lb   | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 82.5kg/181.7lb | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 90kg/198.2lb   | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 100kg/220lb    | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 110kg/242lb    | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 125kg/275lb    | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 140kg/308.5lb  | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |
| 140+kg/SHW     | Squat<br>Bench<br>Deadlift<br>TOTAL |     |     |      |      |

MEN JUNIORS 20-23

| Weight         | Lift     | Kgs | Lbs | Name | Date |
|----------------|----------|-----|-----|------|------|
| 52kg/114.5lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 56kg/123.5lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 60kg/132.2lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 67.5kg/148lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 75kg/165.2lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 82.5kg/181.7lb | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 90kg/198.2lb   | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 100kg/220lb    | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 110kg/242lb    | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 125kg/275lb    | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 140kg/308.5lb  | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |
| 140+kg/ SHW    | Squat    |     |     |      |      |
|                | Bench    |     |     |      |      |
|                | Deadlift |     |     |      |      |
|                | TOTAL    |     |     |      |      |