

USPF KENTUCKY STATE RAW FULL POWER

JUNIOR - MEN AGE 13-15

<u>Weight</u>	<u>Lift</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/SHW	Squat Bench Deadlift				

TOTAL

USPF KENTUCKY STATE RAW JUNIOR - MEN			AGE 16-17		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	147.5	325.2	Jason Canada	03/21/15
	Bench	115.0	253.5	Jason Canada	03/21/15
	Deadlift	170.0	374.8	Jason Canada	03/21/15
	TOTAL	432.5	953.5	Jason Canada	03/21/15
82.5kg/181.7lb	Squat	180	396.8	Scott Stapleton	12/06/14
	Bench	117.5	259.0	Scott Stapleton	12/06/14
	Deadlift	197.5	435.4	Scott Stapleton	12/06/14
	TOTAL	495.0	1091.3	Scott Stapleton	12/06/14
90kg/198.2lb	Squat	182.5	402.3	Blake Charles	12/06/14
	Bench	122.5	270.1	Blake Charles	12/06/14
	Deadlift	227.5	501.6	Blake Charles	12/06/14
	TOTAL	532.5	1174.0	Blake Charles	12/06/14
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat	192.5	424.4	Gunner Edmonds	12/06/14
	Bench	147.5	325.2	Gunner Edmonds	12/06/14
	Deadlift	227.5	501.6	Gunner Edmonds	12/06/14
	TOTAL	567.5	1251.1	Gunner Edmonds	12/06/14
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF KENTUCKY STATE RAW JUNIOR - MEN			AGE 18-19		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat	237.5	523.6	Aaron Griffith	12/06/14
	Bench	140.0	308.6	Aaron Griffith	12/06/14
	Deadlift	275.0	606.3	Adam Griffith	12/06/14
	TOTAL	630.0	1388.9	Aaron Griffith	12/06/14
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat	250.0	551.2	Austin Rehard	12/06/14
	Bench	172.5	380.3	Austin Rehard	12/06/14
	Deadlift	225.0	496.0	Austin Rehard	12/06/14
	TOTAL	647.5	1427.5	Austin Rehard	12/06/14
140+kg/SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF KENTUCKY STATE RAW JUNIOR - MEN			AGE 20-23		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	202.5 130.0 222.5 555.0	446.4 286.6 490.5 1223.6	John Aldana John Aldana John Aldana John Aldana	03/21/15 03/21/15 03/21/15 03/21/15
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL	237.5 180.0 237.5 655.0	523.6 396.8 523.6 1444.0	Austin Chaffin Austin Chaffin Austin Chaffin Austin Chaffin	03/21/15 03/21/15 03/21/15 03/21/15
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL	250.0 172.5 247.5 670.0	551.2 380.3 545.6 1477.1	Mikey Fonner Mikey Fonner Mikey Fonner Mikey Fonner	03/21/15 03/21/15 03/21/15 03/21/15