USPF KENTUCKY STATE RAW RECORDS PUSH / PULL								
	MEN ~ OPEN							
Weight	Lift	Kgs	Lbs	Name	Date			
52kg/114.5lb	Bench Deadlift TOTAL							
56kg/123.5lb	Bench Deadlift TOTAL							
60kg/132.2lb	Bench Deadlift TOTAL							
67.5kg/148lb	Bench Deadlift TOTAL							
75kg/165.2lb	Bench Deadlift TOTAL							
82.5kg/181.7lb	Bench Deadlift TOTAL							
90kg/198.2lb	Bench Deadlift TOTAL	124.7 242.2 367.4	275.0 534.0 810.0	Bill Preece Bill Preece Bill Preece	3/8/2014 3/8/2014 3/8/2014			
100kg/220lb	Bench Deadlift TOTAL							
110kg/242lb	Bench Deadlift TOTAL							
125kg/275lb	Bench Deadlift TOTAL	227.5 345.0 572.5	501.6 760.6 1262.1	Jason McCown Jason McCown Jason McCown	10/12/2013 10/12/2013 10/12/2013			
140kg/308.5lb	Bench Deadlift TOTAL							
140+kg/308+lb	Bench Deadlift TOTAL							
	1.16		UNIORS 20					
Weight 52kg/114.5lb	Lift Bench Deadlift	Kgs	Lbs	Name	Date			

	TOTAL			
56kg/123.5lb	Bench Deadlift TOTAL			
60kg/132.2lb	Bench Deadlift TOTAL			
67.5kg/148lb	Bench Deadlift TOTAL			
75kg/165.2lb	Bench Deadlift TOTAL			
82.5kg/181.7lb	Bench Deadlift TOTAL			
90kg/198.2lb	Bench Deadlift TOTAL			
100kg/220lb	Bench Deadlift TOTAL			
110kg/242lb	Bench Deadlift TOTAL			
125kg/275lb	Bench Deadlift TOTAL			
140kg/308.5lb	Bench Deadlift TOTAL			
140+kg/308+lb	Bench Deadlift TOTAL			
		MEN -		25 20
Weight	Lift		SUBMASTER Lbs	
Weight 52kg/114.5lb	Bench	Kgs	LUS	Nar
JZKY/114.010	Deadlift			
	TOTAL			

	TOTAL	
56kg/123.5lb	Bench	
	Deadlift	
	TOTAL	

Name

Date

60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				
		MEN ~	MASTER	40-44	

MEN ~ MASTER 40-44					
Lift	Kgs	Lbs	Name	Date	
Bench					
Deadlift					
TOTAL					
Bench					
Deadlift					
TOTAL					
Bench					
Deadlift					
TOTAL					
	Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift	Lift Kgs Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift	Lift Kgs Lbs Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift	Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift	

67.5kg/148lb	Bench Deadlift TOTAL					
75kg/165.2lb	Bench Deadlift TOTAL					
82.5kg/181.7lb	Bench Deadlift TOTAL					
90kg/198.2lb	Bench Deadlift TOTAL					
100kg/220lb	Bench Deadlift TOTAL					
110kg/242lb	Bench Deadlift TOTAL					
125kg/275lb	Bench Deadlift TOTAL					
140kg/308.5lb	Bench Deadlift TOTAL					
140+kg/308+lb	Bench Deadlift TOTAL					
			MASTER 4		_	
Weight 52kg/114.5lb	Lift Bench Deadlift TOTAL	Kgs	Lbs	Name	Date	-
56kg/123.5lb	Bench Deadlift TOTAL					
60kg/132.2lb	Bench Deadlift TOTAL					
67.5kg/148lb	Bench Deadlift TOTAL					
75kg/165.2lb	Bench Deadlift					

	TOTAL
82.5kg/181.7lb	Bench Deadlift TOTAL
90kg/198.2lb	Bench Deadlift TOTAL
100kg/220lb	Bench Deadlift TOTAL
110kg/242lb	Bench Deadlift TOTAL
125kg/275lb	Bench Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift

Deadlift TOTAL

		MEN ~	MASTER	50-54	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift				
	TOTAL				
56kg/123.5lb	Bench				
	Deadlift TOTAL				
	TOTAL				
60kg/132.2lb	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Bench				
Ū.	Deadlift				
	TOTAL				
75kg/165.2lb	Bench				
101(9,100.210	Deadlift				
	TOTAL				
	Deneh				
82.5kg/181.7lb	Bench Deadlift				
	TOTAL				

90kg/198.2lb	Bench Deadlift TOTAL
100kg/220lb	Bench Deadlift TOTAL
110kg/242lb	Bench Deadlift TOTAL
125kg/275lb	Bench Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift TOTAL

		MEN ~	MASTER 5	55-59	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				

100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				
		MEN ~	MASTER	60-64	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench				
	Deadlift TOTAL				
90kg/198.2lb					
90kg/198.2lb 100kg/220lb	TOTAL Bench Deadlift				

	Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				
		MEN ~ M	ASTERS 6	5-69	
Weight 52kg/114.5lb	<u>Lift</u> Bench Deadlift TOTAL	Kgs	Lbs	Name	Date
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift				

	TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				
		MEN ~	MASTER 7	0-74	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				

140+kg/308+lb	Bench Deadlift TOTAL				
		MEN ~	MASTER 7	75-79	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				

		MEN ~	MASTER	80+	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				