

USPF LIFTER CLASSIFICATION APPLICATION

ALL lifts must be from the Full Power Meet that is listed below.

Meet Results must be sent in by the Meet Director before certificate is issued.

Please print clearly.

Name _____ Male or Female _____

Address _____ City _____ State _____ Zip _____

Birth Date & Year _____ Phone _____ Email _____

Age Day of Meet _____ Meet Date _____ Body Weight _____ Weight Class _____

Name of Competition _____

Location (City & State) _____

Meet Director's Name _____ USPF Sanction# _____

Please check division entered:

____ RAW K/S DIV. 3 ____ RAW K/W DIV. 4 ____ SINGLE PLY ~ DIV. 1 ____ MULTI PLY ~ DIV. 2

Enter your best lifts in KILOS/LBS from this Full Power Meet:

Squat _____ Bench Press _____ Deadlift _____ Total _____

Circle category entered:

Teen (13-15)	Open	Masters (50-54)	Masters (70-74)
Teen (16-17)	SubMaster (35-39)	Masters (55-59)	Masters (75-79)
Teen (18-19)	Masters (40-44)	Masters (60-64)	Masters (80+)
Juniors (20-23)	Masters (45-49)	Masters (65-69)	

Athlete's Signature: _____ Date: _____

Do you want a Certificate(s)? Yes or No (If neither is circled, no certificate will be issued.)

**PDF emailed to you ~ FREE (Use your choice of types of papers.)*

**Paper Certificate mailed first class ~ \$5 (Printed on parchment paper. PayPal available online or send check/money order payable to Sheri Hartmann and send to address below.)*

Please send completed application(s) to:

USPF ~ Classifications & Awards

P.O. Box 1148, Tombstone, AZ 85638

(Optional: Send jpeg of completed application via email, USPFtheLegend@aol.com.)

SH Forms ~ www.USPFtheLegend.com