

USPF WV STATE SINGLE PLY DIVISION 1 FULL POWER

MEN - OPEN

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat	227.2	507.0	Chuck Dunbar	
	Bench	142.2	314.0	Chuck Dunbar	
	Deadlift	222.3	490.0	Phil Hile	
	TOTAL	443.9	1199.0	Phil Hile	
56kg/123.5lb	Squat	181.4	400.0	Chuck Dunbar	
	Bench	249.9	295.0	Chuck Dunbar	
	Deadlift	197.3	435.0	Cork Hall	
	TOTAL	508.0	1120.0	Chuck Dunbar	
60kg/132.2lb	Squat	212.3	468.0	Dan Palmateer	
	Bench	152.4	336.0	Acie Simmons	
	Deadlift	217.3	479.0	Dan Palmateer	
	TOTAL	539.8	1190.0	Dan Palmateer	
67.5kg/148lb	Squat	249.9	551.0	Allen Smith	
	Bench	179.6	396.0	Acie Simmons	
	Deadlift	269.9	595.0	Paul Sutphin	
	TOTAL	672.2	1482.0	Paul Sutphin	
75kg/165.2lb	Squat	277.1	611.0	Don Hundley	
	Bench	184.6	407.0	Donald Robbins	
	Deadlift	302.1	666.0	Don Hundley	
	TOTAL	728.0	1605.0	Jack Wilson	
82.5kg/181.7lb	Squat	297.1	655.0	Paul Sutphin	
	Bench	194.6	429	Dan Lass	
	Deadlift	307.1	677.0	Paul Sutphin	
	TOTAL	789.7	1741	Paul Sutphin	
90kg/198.2lb	Squat	348.8	769.0	Roger Estep	
	Bench	222.3	490.0	Roger Estep	
	Deadlift	312.1	688.0	Doug Currence	
	TOTAL	880.0	1940.0	Roger Estep	
100kg/220lb	Squat	332.5	733.0	Steve Uhas	
	Bench	284.9	628.0	Josh Stottlemire	
	Deadlift	349.3	770.0	Brett Russell	
	TOTAL	712.1	1570.0	Brett Russell	
110kg/242lb	Squat	374.7	826.0	Scott Warman	
	Bench	272.2	600.0	Allen Baria	
	Deadlift	349.3	770.0	Brett Russell	
	TOTAL	947.1	2088.0	Brett Russell	
125kg/275lb	Squat	377.8	833.0	Allen Baria	
	Bench	339.7	749.0	Allen Baria	
	Deadlift	337.5	744.0	Allen Baria	
	TOTAL	1055.1	2326.0	Allen Baria	
140kg/308.5lb	Squat	347.5	766.0	Brian Siders	
	Bench	302.1	666.0	Brian Siders	
	Deadlift	347.5	766.0	Brian Siders	
	TOTAL	997.4	2199.0	Brian Siders	
140+kg/308+lb	Squat	417.3	920.0	Brian Siders	
	Bench	297.1	655.0	Brian Siders	
	Deadlift	367.4	810.0	Brian Siders	
	TOTAL	1081.8	2385.0	Brian Siders	

SUBMASTER - MEN AGE 35-39					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL	194.6 147.4 222.3 564.7	429.0 325.0 490.0 1245.0	Greg Jackson Greg Jackson Greg Jackson Greg Jackson	3/14/1992 3/14/1992 3/14/1992 3/14/1992
75kg/165.2lb	Squat Bench Deadlift TOTAL	645.9 124.7 189.6 502.1	424.0 275.0 418.0 1107.0	Chris Mirallotta Chris Mirallotta Chris Mirallotta Chris Mirallotta	3/14/1992 3/14/1992 3/14/1992 3/14/1992
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL	269.9 177.4 294.8 742.1	595.0 391.0 650.0 1636.0	Doug Currence Doug Currence Doug Currence Doug Currence	3/28/1998 3/28/1998 3/28/1998 3/28/1998
100kg/220lb	Squat Bench Deadlift TOTAL	297.1 189.6 279.9 759.8	655.0 418.0 617.0 1675.0	John Messinger Bob Krupinski John Messinger John Messinger	3/20/1993 3/29/1997 3/20/1993 3/20/1993
110kg/242lb	Squat Bench Deadlift TOTAL	292.1 240.0 282.1 764.8	644.0 529.0 622.0 1686.0	John Messinger Ron Harbert John Messinger John Messinger	5/19/1991 3/31/2007 5/19/1991 5/19/1991
125kg/275lb	Squat Bench Deadlift TOTAL	309.8 192.3 284.9 787.4	683.0 424.0 628.0 1736.0	John Messinger John Messinger John Messinger John Messinger	5/17/1992 5/17/1992 5/17/1992 5/17/1992
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL	319.8 227.2 304.8 851.8	705.0 501.0 672.0 1878.0	Troy McNett Troy McNett Troy McNett Troy McNett	3/28/1998 3/28/1998 3/28/1998 3/28/1998