

USPF AMERICAN RAW FULL POWER

MEN - OPEN

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat	127.5	281.1	Dan Nguyen	5/21/2016
	Bench	100.0	220.5	Dan Nguyen	5/21/2016
	Deadlift	170.0	374.8	Dan Nguyen	5/21/2016
	TOTAL	397.5	876.3	Dan Nguyen	5/21/2016
60kg/132.2lb	Squat	137.5	303.1	Daniel Kirk	6/11/2011
	Bench	90.0	198.4	Daniel Kirk	6/11/2011
	Deadlift	160.0	352.7	Daniel Kirk	6/11/2011
	TOTAL	387.5	854.2	Daniel Kirk	6/11/2011
67.5kg/148lb	Squat	152.5	336.2	Evan Pittman	5/2/2015
	Bench	120.0	264.6	Joshua Piñon	11/16/2014
	Deadlift	205.0	451.9	Joshua Piñon	11/16/2014
	TOTAL	450.0	992.1	Joshua Piñon	11/16/2014
75kg/165.2lb	Squat	210.9	465.0	Troy Marsh	11/14/2020
	Bench	145.1	320.0	Troy Marsh	11/14/2020
	Deadlift	275.0	606.3	Eric Banks	6/2/2018
	TOTAL	612.5	1350.3	Daniel Carinci	5/2/2015
82.5kg/181.7lb	Squat	215.0	474.0	Arsenio Leeth	11/16/2014
	Bench	147.5	325.2	Mike Sarek	5/11/2013
	Deadlift	237.5	523.6	Arsenio Leeth	11/16/2014
	TOTAL	590.0	1300.7	Mike Sarek	5/11/2013
90kg/198.2lb	Squat	249.5	550.0	Chuck Kaezyk III	12/1/2017
	Bench	172.5	380.3	Chuck Kaezyk III	12/1/2017
	Deadlift	280.0	617.3	Aaron Sealy	4/1/2017
	TOTAL	687.5	1515.7	Aaron Sealy	4/1/2017
100kg/220lb	Squat	257.5	567.7	Zak Kroeger	3/14/2015
	Bench	200.0	440.9	Matt Smith	3/21/2015
	Deadlift	297.5	655.9	John Bieg	3/24/2012
	TOTAL	732.5	1614.9	John Bieg	3/24/2012
110kg/242lb	Squat	285.0	628.4	Randy Mazzie	5/5/2018
	Bench	215.0	474.0	Steven Martin	7/7/2018
	Deadlift	302.5	666.9	Kenneth Zimmerman	6/2/2018
	TOTAL	772.5	1703.4	Randy Mazzie	5/5/2018
125kg/275lb	Squat	297.5	655.9	Russell Myrick	11/16/2014
	Bench	215.0	474.0	Russell Myrick	4/5/2014
	Deadlift	317.5	700.0	John Bieg	9/22/2012
	TOTAL	805.0	1774.7	Russell Myrick	11/16/2014
140kg/308.5lb	Squat	285.0	628.3	Zachary Moss	5/22/2016
	Bench	235.0	518.1	Tim Bergel	5/22/2016
	Deadlift	330.0	727.5	Zachary Moss	5/22/2016
	TOTAL	820.0	1807.8	Zachary Moss	5/22/2016
140+kg/308+lb	Squat	400.0	881.8	Derek Kendall	10/18/2014
	Bench	275.0	606.3	Derek Kendall	10/18/2014
	Deadlift	335.0	738.5	Todd Moore	5/11/2013
	TOTAL	1010.0	2226.7	Derek Kendall	10/18/2014

USPF AMERICAN RAW SUBMASTER - MEN AGE 35-39					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	207.5	457.5	Daniel Carinci	5/2/2015
	Bench	155.0	341.7	Brian Lee	5/11/2013
	Deadlift	272.5	600.8	Daniel Carinci	5/2/2015
	TOTAL	612.5	1350.3	Daniel Carinci	5/2/2015
82.5kg/181.7lb	Squat	232.5	512.6	Francisco Lagunas	4/5/2014
	Bench	180.0	396.8	Francisco Lagunas	4/5/2014
	Deadlift	230.0	507.1	Francisco Lagunas	4/5/2014
	TOTAL	642.5	1416.5	Francisco Lagunas	4/5/2014
90kg/198.2lb	Squat	205.0	451.9	Chris Lauer	6/10/2017
	Bench	167.5	369.3	Adam Dobie	10/15/2016
	Deadlift	262.5	578.7	Chris Lauer	6/10/2017
	TOTAL	632.5	1394.4	Chris Lauer	6/10/2017
100kg/220lb	Squat	255.0	562.2	Zak Kroeger	10/18/2014
	Bench	170.0	374.8	Jeremy McBride	6/2/2018
	Deadlift	275.0	606.3	Zak Kroeger	10/18/2014
	TOTAL	690.0	1521.2	Zak Kroeger	10/18/2014
110kg/242lb	Squat	272.5	600.8	Zak Kroeger	12/8/2012
	Bench	185.0	407.9	Mike Cannon	4/21/2012
	Deadlift	282.0	620.4	Zak Kroeger	12/8/2012
	TOTAL	727.0	1599.4	Zak Kroeger	12/8/2012
125kg/275lb	Squat	267.5	589.7	Tim Moreno	4/5/2014
	Bench	177.5	391.1	Tim Moreno	4/5/2014
	Deadlift	252.5	556.7	Brad Herrington	11/22/2015
	TOTAL	650.0	1433.0	Tim Moreno	4/5/2014
140kg/308.5lb	Squat	230.0	507.1	Marcos Rodriguez	11/22/2015
	Bench	165.0	363.8	Marcos Rodriguez	11/22/2015
	Deadlift	250.0	551.2	Marcos Rodriguez	11/22/2015
	TOTAL	645.0	1422.0	Marcos Rodriguez	11/22/2015
140+kg/ SHW	Squat	230.0	507.1	Bob Peters	5/5/2018
	Bench	137.5	303.1	Bob Peters	5/5/2018
	Deadlift	250.0	551.2	Bob Peters	5/5/2018
	TOTAL	617.5	1361.4	Bob Peters	5/5/2018