

USPF WV STATE SINGLE PLY DIVISION 1 SINGLE LIFT RECORDS**BENCH PRESS****MEN - OPEN**

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb	122.5	270.0	Phil Hile	8/27/1994
56kg/123.5lb	159.7	352.0	David Jeffrey Jr.	9/5/2009
60kg/132.2lb	124.7	275.0	Roger Salsler	3/6/1983
67.5kg/148.7lb	174.6	385.0	Acie Simmons	4/12/1986
75kg/165.2lb	202.3	446.0	Donald Robbins	8/27/1994
82.5kg/181.7lb	204.6	451.0	Donald Robbins	5/3/1998
90kg/198.2lb	212.3	468.0	David Jeffrey	5/10/1992
100kg/220.2lb	214.5	473.0	Tim Mitchell	4/4/1987
110kg/242.5lb	237.2	523.0	Greg Weaver	5/7/1994
125kg/275.5lb	329.8	727.0	Allen Baria	11/21/2009
140kg/308.5lb (SHW)	307.4	677.7	Jim Potts	12/4/2011

BENCH PRESS ~ MEN - TEENS (13 - 15)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH PRESS ~ MEN - TEENS (16 - 17)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH PRESS ~ MEN - TEENS (18 - 19)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - JUNIORS (20 - 23)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb	227.5	501.6	Matt Maloney	2/24/2018
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Submaster (35-39)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb	119.7	264.0	Rick Yates	8/27/1994
75kg/165.2lb	162.4	358.0	Carl West	3/4/1996
82.5kg/181.7lb				
90kg/198.2lb	212.3	468.0	David Jeffrey	5/10/1992
100kg/220.2lb	214.5	473.0	David Harpold	5/13/1995
110kg/242.5lb	249.9	551.0	Ron Harbert	11/21/2009
125kg/275.5lb	329.8	727.0	Allen Baria	11/21/2009
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (40-44)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (45-49)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (50-54)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (55-59)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (60-64)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (65-69)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (70-74)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (75-79)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS ~ MEN - Masters (80+ Over)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				