

**USPF AMERICAN RAW FULL POWER
TEEN - MEN AGE 13-15**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL	137.5 90.0 170.0 380.0	303.0 198.2 374.8 837.2	Austin Bruenig Austin Bruenig Daniel Salomon Austin Bruenig	07/08/11 07/08/11 11/22/15 07/08/11
75kg/165.2lb	Squat Bench Deadlift TOTAL	131.5 83.9 163.3 378.8	290.0 185.0 360.0 835.0	Tayden Smith Tayden Smith Tayden Smith Tayden Smith	04/26/14 04/26/14 04/26/14 04/26/14
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	125.0 95.0 150.0 370.0	275.6 209.4 330.7 815.7	Ben Pierce Ben Pierce Ben Pierce Ben Pierce	11/22/15 11/22/15 11/22/15 11/22/15
90kg/198.2lb	Squat Bench Deadlift TOTAL	140.0 87.5 155.0 382.5	308.6 192.9 341.7 843.3	Justin Allman Justin Allman Justin Allman Justin Allman	10/12/13 10/12/13 10/12/13 10/12/13
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL	85.0 70.0 142.5 297.5	187.4 154.3 314.2 655.9	Nelson Vazquez Nelson Vazquez Nelson Vazquez Nelson Vazquez	06/16/19 06/16/19 06/16/19 06/16/19
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/SHW	Squat Bench Deadlift				

TOTAL

USPF AMERICAN RAW TEEN - MEN			AGE 16-17		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat	90.0	198.4	Anthony Lee	04/01/17
	Bench	57.5	126.8	Anthony Lee	04/01/17
	Deadlift	152.5	336.2	Anthony Lee	04/01/17
	TOTAL	300.0	661.4	Anthony Lee	04/01/17
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat	155.0	341.7	Spencer Creamer	6/10/2017
	Bench	92.5	203.9	Evan Pittman	5/2/2015
	Deadlift	207.5	457.5	Spencer Creamer	6/10/2017
	TOTAL	437.5	964.5	Spencer Creamer	6/10/2017
75kg/165.2lb	Squat	147.5	325.2	Jason Canada	03/21/15
	Bench	115.0	253.5	Jason Canada	03/21/15
	Deadlift	192.5	424.4	Adam Kulacz	06/02/18
	TOTAL	432.5	953.5	Jason Canada	03/21/15
82.5kg/181.7lb	Squat	180	396.8	Scott Stapleton	12/06/14
	Bench	117.5	259.0	Scott Stapleton	12/06/14
	Deadlift	197.5	435.4	Scott Stapleton	12/06/14
	TOTAL	495.0	1091.3	Scott Stapleton	12/06/14
90kg/198.2lb	Squat	182.5	402.3	Blake Charles	12/06/14
	Bench	122.5	270.1	Blake Charles	12/06/14
	Deadlift	227.5	501.6	Blake Charles	12/06/14
	TOTAL	532.5	1174.0	Blake Charles	12/06/14
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat	192.5	424.4	Gunner Edmonds	12/06/14
	Bench	147.5	325.2	Gunner Edmonds	12/06/14
	Deadlift	245.0	540.1	Judd Walther	07/07/12
	TOTAL	570.0	1256.6	Judd Walther	07/07/12
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/SHW	Squat Bench Deadlift TOTAL				

USPF AMERICAN RAW TEEN - MEN			AGE 18-19		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL	117.5 80.0 167.5 365.0	259.0 176.4 369.3 804.7	Anthony Lee Anthony Lee Anthony Lee Anthony Lee	12/02/17 12/02/17 12/02/17 12/02/17
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL	200.0 132.5 232.5 540.0	440.9 292.1 512.6 1190.5	Caleb Burpee Dominic DeLeon Dominic DeLeon Dominic DeLeon	03/24/12 11/16/14 11/16/14 11/16/14
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	195.0 132.5 200.0 527.5	429.9 292.1 440.9 1162.9	Chris Pierce Chris Pierce Chris Pierce Chris Pierce	03/24/12 03/24/12 03/24/12 03/24/12
90kg/198.2lb	Squat Bench Deadlift TOTAL	190.0 132.5 250.0 547.5	418.9 292.0 551.0 1206.7	Israel Mendoza Paul Houmpavlis Paul Houmpavlis Paul Houmpavlis	05/22/16 07/09/11 07/09/11 07/09/11
100kg/220lb	Squat Bench Deadlift TOTAL	180.0 137.5 192.5 485.0	396.8 303.1 424.4 1069.2	Ricardo Rosales Ricardo Rosales Kyle Staton Ricardo Rosales	11/22/15 11/22/15 07/07/12 11/22/15
110kg/242lb	Squat Bench Deadlift TOTAL	237.5 140.0 275.0 630.0	523.6 308.6 606.3 1388.9	Aaron Griffith Aaron Griffith Adam Griffith Aaron Griffith	12/06/14 12/06/14 12/06/14 12/06/14
125kg/275lb	Squat Bench Deadlift TOTAL	202.5 125.0 200.0 525.5	446.4 275.6 440.9 1157.4	Miguel Romero Miguel Romero Miguel Romero Miguel Romero	5/22/2016 5/22/2016 5/22/2016 5/22/2016
140kg/308.5lb	Squat Bench Deadlift TOTAL	250.0 172.5 225.0 647.5	551.2 380.3 496.0 1427.5	Austin Reahard Austin Reahard Austin Reahard Austin Reahard	12/06/14 12/06/14 12/06/14 12/06/14
140+kg/SHW	Squat Bench Deadlift TOTAL				

USPF AMERICAN RAW JUNIOR - MEN			AGE 20-23		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	137.5	303.1	Daniel Kirk	6/11/2011
	Bench	90.0	198.4	Daniel Kirk	6/11/2011
	Deadlift	160.0	352.7	Daniel Kirk	6/11/2011
	TOTAL	387.5	854.2	Daniel Kirk	6/11/2011
67.5kg/148lb	Squat	165.0	363.8	Hung Le	10/30/16
	Bench	110.0	242.5	Hung Le	10/30/16
	Deadlift	180.0	396.8	Hung Le	10/30/16
	TOTAL	455.0	1003.1	Hung Le	10/30/16
75kg/165.2lb	Squat	190.0	402.2	Divale Roberson	05/10/13
	Bench	142.5	281.0	Divale Roberson	05/10/13
	Deadlift	237.5	523.6	Gabriel Pereyra	04/21/12
	TOTAL	552.5	1218.1	Divale Roberson	05/10/13
82.5kg/181.7lb	Squat	217.0	479.5	Arsenio Leeth	4/5/2014
	Bench	142.5	314.2	Peter Crifase	5/10/2013
	Deadlift	285.0	628.3	Peter Crifase	5/10/2013
	TOTAL	620.0	1366.9	Peter Crifase	5/10/2013
90kg/198.2lb	Squat	247.5	545.6	Aaron Sealy	4/1/2017
	Bench	182.5	402.3	Timothy Paynter	6/6/2014
	Deadlift	330.0	727.5	Timothy Paynter	6/6/2014
	TOTAL	745.0	1642.4	Timothy Paynter	6/6/2014
100kg/220lb	Squat	237.5	523.5	Anthony Hernandez	07/09/11
	Bench	172.5	380.3	Marvin Snodgrass	03/24/12
	Deadlift	280.0	617.2	Anthony Hernandez	07/09/11
	TOTAL	665.0	1465.9	Anthony Hernandez	07/09/11
110kg/242lb	Squat	305.0	672.2	Jared Martin	07/09/11
	Bench	197.5	435.4	Kenneth Zimmerman	07/09/11
	Deadlift	332.5	710.7	Jared Martin	07/09/11
	TOTAL	815.0	1796.4	Jared Martin	07/09/11
125kg/275lb	Squat	295.0	650.4	Isaiah Grace	05/10/13
	Bench	207.5	457.5	Isaiah Grace	05/10/13
	Deadlift	300.0	661.4	Isaiah Grace	05/10/13
	TOTAL	802.5	1769.2	Isaiah Grace	05/10/13
140kg/308.5lb	Squat	275.5	606.3	Thomas Paynter	6/6/2014
	Bench	215.0	474.0	Thomas Paynter	6/6/2014
	Deadlift	317.5	700.0	Thomas Paynter	6/6/2014
	TOTAL	807.5	1780.2	Thomas Paynter	6/6/2014
140+kg/ SHW	Squat	250.0	551.2	Mikey Fonner	03/21/15
	Bench	172.5	380.3	Mikey Fonner	03/21/15
	Deadlift	247.5	545.6	Mikey Fonner	03/21/15
	TOTAL	670.0	1477.1	Mikey Fonner	03/21/15