

American Men

Collegiate

Men

114lbs/52Kgs

Squat	Philip Hile ~ West Virginia Wesleyan	197.5 kg	435.25 lbs	04/01/89
Bench	Philip Hile ~ West Virginia Wesleyan	120.0 kg	264.5 lbs	03/28/87
Deadlift	Gerand Snyder ~ Lock Haven University	215.0 kg	473.75 lbs	03/24/85
Total	Philip Hile ~ West Virginia Wesleyan	520.0 kg	1146.25 lbs	03/28/87

123lbs/56Kgs

Squat	Lance Mays ~ Louisiana Tech University	215.0 kg	473.75 lbs	03/20/93
Bench	Andy Rettenmaier ~ TX A&M University	127.5 kg	281.0 lbs	03/25/83
Deadlift	Lance Mays ~ Louisiana Tech University	212.5 kg	468.25 lbs	03/20/93
Total	Lance Mays ~ Louisiana Tech University	545.0 kg	1201.5 lbs	03/20/93

132lbs/60Kgs

Squat	Todd Suttles ~ Middle Tennessee State	237.5 kg	523.5 lbs	03/23/91
Bench	Todd Suttles ~ Middle Tennessee State	152.5 kg	336.0 lbs	04/07/90
Deadlift	Todd Suttles ~ Middle Tennessee State	245.0 kg	540.0 lbs	04/01/89
Total	Todd Suttles ~ Middle Tennessee State	627.5 kg	1383.25 lbs	04/07/90

148lbs/67.5Kgs

Squat	Calvin Dial ~ Louisiana Tech University	297.5 kg	655.75 lbs	03/23/91
Bench	Ty Stapleton ~ University of Oklahoma	177.5 kg	391.25 lbs	03/28/87
Deadlift	Joe Braca ~ Temple University	257.5 kg	567.5 lbs	03/23/85
Total	Calvin Dial ~ Louisiana Tech University	690.0 kg	1521.0 lbs	03/23/91

165lbs/75Kgs

Squat	George Herring ~ Auburn University	295.0 Kg	650.25 lbs	03/19/82
Bench	Paul Aston ~ Del Mar Jr. College	187.5 Kg	413.25 lbs	03/23/79
Deadlift	Bill Keel ~ Jacksonville State University	290.0 Kg	639.25 lbs	03/21/80
Total	Jim Bolin ~ University of Illinois	740.0 Kg	1631.25 lbs	03/25/83

181lbs/82.5Kgs

Squat	Patrick Roche ~ Villanova University	332.5 Kg	733.0 lbs	03/23/91
Bench	Jimmy Reeves ~ Valdosta State University	205.0 Kg	451.75 lbs	03/24/84
Deadlift	Blaine Chong ~ University Hawaii	312.5 Kg	688.75 lbs	03/26/83
Total	Kevin Shepard ~ University Colorado	807.5 Kg	1780.0 lbs	03/20/82

198lbs/90Kgs

Squat	Ozzie Meyer ~ Temple University	327.5 Kg	722.0 lbs	03/24/84
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Bench	Kevin Shepard ~ University Colorado	217.5	Kg	479.5	lbs	03/24/84
Deadlift	Kevin Shepard ~ University Colorado	327.5	Kg	722.0	lbs	03/26/83
Total	Kevin Shepard ~ University Colorado	850.0	Kg	1873.75	lbs	03/26/83

220lbs/100Kgs

Squat	Mike Metchikian ~ Ramapo College	347.5	Kg	766.0	lbs	03/24/85
Bench	Barry Qualls ~ Louisiana Tech University	230.0	Kg	507.0	lbs	03/24/85
Deadlift	Ron Tulis ~ Troy State University	352.5	Kg	777.0	lbs	03/26/83
Total	Ron Tulis ~ Troy State University	892.5	Kg	1967.5	lbs	03/26/83

242lbs/110Kgs

Squat	Doug Fumas ~ University of Tennessee	400.0	Kg	881.75	lbs	03/26/83
Bench	Victor Poletajev ~Montgomery College	245.0	Kg	540.0	lbs	03/21/81
Deadlift	Doug Fumas ~ University of Tennessee	347.5	Kg	766.0	lbs	03/26/83
Total	Doug Fumas ~ University of Tennessee	967.5	Kg	2132.75	lbs	03/26/83

275lbs/125Kgs

Squat	Tim Bruner ~ SoWest TX State University	358.0	Kg	789.25	lbs	05/12/01
Bench	William Mitcham ~ Jacksonville State	240.0	Kg	529.0	lbs	03/27/94
Deadlift	Calvin Smith ~ Univ of North Carolina	350.0	Kg	771.5	lbs	03/20/82
Total	Calvin Smith ~ Univ of North Carolina	930.0	Kg	2050.25	lbs	03/24/84

308lbs/140kgs

Squat			kg		lbs	
Bench			kg		lbs	
Deadlift			kg		lbs	
Total			kg		lbs	

SHW/140+Kgs

Squat	Paul Brodeur ~ Texas Christian University	367.5	Kg	810.0	lbs	03/20/82
Bench	Jeff Maddy ~ University of Wyoming	272.5	Kg	600.75	lbs	04/02/89
Deadlift	Gary Frank ~ Mississippi State University	355.0	Kg	782.5	lbs	03/24/85
Total	Wayne Bouvier ~ University of Hawaii	907.5	Kg	2000.5	lbs	03/20/76