

American Men Powerlifting

Junior (13-15)

Sunday, October 30, 2011

114lbs/52Kgs						
	Squat	Trey Cunningham	180.5	Kg	397.9	lbs 7/12/1997
	Bench	Jon Shorr	120.0	Kg	264.6	lbs 6/28/1985
	Deadlift	Roderic Gillen	162.5	Kg	358.2	lbs 8/9/1986
	Total	B. Hall	417.5	Kg	920.4	lbs 4/14/1984
123lbs/56Kgs						
	Squat	J. Okubo	182.5	Kg	402.3	lbs 8/1/1981
	Bench	Howard Miller	102.5	Kg	226.0	lbs 8/6/1982
	Deadlift	Carl Carlson	172.5	Kg	380.3	lbs 6/28/1985
	Total	Howard Miller	430.0	Kg	948.0	lbs 8/6/1982
132lbs/60Kgs						
	Squat	Eric Poulin	215.0	Kg	474.0	lbs 8/4/1990
	Bench	Dan Johnson	122.5	Kg	270.1	lbs 8/5/1983
	Deadlift	Giorgio Usai	202.5	Kg	446.4	lbs 3/12/1994
	Total	Eric Poulin	505.0	Kg	1113.3	lbs 8/4/1990
148lbs/67.5Kgs						
	Squat	Brett Benedix	207.5	Kg	457.5	lbs 7/8/2011
	Bench	S. Friday	147.5	Kg	325.2	lbs 2/25/1984
	Deadlift	Francis Gervasio	230.0	Kg	507.1	lbs 6/28/1995
	Total	Francis Gervasio	512.5	Kg	1129.9	lbs 6/28/1985
165lbs/75Kgs						
	Squat	Rodney Whitehead	240.0	Kg	529.1	lbs 8/6/1982
	Bench	K. Lee	143.5	Kg	316.4	lbs 8/6/1982
	Deadlift	Rodney Whitehead	252.5	Kg	556.7	lbs 8/6/1982
	Total	Rodney Whitehead	605.0	Kg	1333.8	lbs 8/6/1982
181lbs/82.5Kgs						
	Squat	Keith Drake	215.0	Kg	474.0	lbs 2/1/1986
	Bench	Brian Critchfield	145.0	Kg	319.7	lbs 4/3/1993
	Deadlift	B. Bozinis	222.5	Kg	490.5	lbs 8/4/1990
	Total	Keith Drake	537.5	Kg	1185.0	lbs 2/1/1986
198lbs/90Kgs						
	Squat	Brian Critchfield	247.5	Kg	545.6	lbs 3/13/1994

	Bench	Brian Critchfield	162.5	Kg	358.2	lbs	3/13/1994
	Deadlift	S. Keller	260.0	Kg	573.2	lbs	8/6/1982
	Total	Brian Critchfield	637.5	Kg	1405.4	lbs	3/13/1994
220lbs/100Kgs							
	Squat	Mike Kykendal	242.5	Kg	534.6	lbs	8/2/1987
	Bench	L. Pritchett	165.5	Kg	364.9	lbs	7/21/1990
	Deadlift	Allen Wentworth	247.5	Kg	545.6	lbs	12/4/1982
	Total	Mike Kykendal	640.0	Kg	1410.9	lbs	8/2/1987
242lbs/110Kgs							
	Squat	Tavita Sagapolu	290.0	Kg	639.3	lbs	8/2/1981
	Bench	Tavita Sagapolu	165.0	Kg	363.8	lbs	8/2/1981
	Deadlift	Tavita Sagapolu	275.0	Kg	606.3	lbs	8/2/1981
	Total	Tavita Sagapolu	730.0	Kg	1609.4	lbs	8/2/1981
275lbs/125Kgs							
	Squat	Austin Spangler	251.7	Kg	555.0	lbs	5/15/2021
	Bench	Hunter Poole	150.0	Kg	330.7	lbs	3/25/2006
	Deadlift	M. Smith	265.0	Kg	584.2	lbs	8/2/1987
	Total	B. Jeffries	605.0	Kg	1333.8	lbs	7/30/1989
308lbs/140kgs							
	Squat	Open Record	0.0	Kg	0.0	lbs	
	Bench	Open Record	0.0	Kg	0.0	lbs	
	Deadlift	Open Record	0.0	Kg	0.0	lbs	
	Total	Open Record	0.0	Kg	0.0	lbs	
SHW/140+Kgs							
	Squat	Jason Wisner	320.0	Kg	705.5	lbs	8/7/1988
	Bench	Jason Wisner	182.5	Kg	402.3	lbs	8/7/1988
	Deadlift	Jason Wisner	292.5	Kg	644.8	lbs	8/7/1988
	Total	Jason Wisner	795.0	Kg	1752.7	lbs	8/7/1988

Junior (16-17)

114lbs/52Kgs

Sunday, October 30, 2011

Bench		Harold Escobedo	181.5 Kg	400.1 lbs	8/9/1980
Deadlift		Fred Toins	205.0 Kg	451.9 lbs	8/1/1981
Total		Harold Escobedo	457.5 Kg	1008.6 lbs	8/9/1980
123lbs/56Kgs					
Squat		G. Mumford	197.5 Kg	435.4 lbs	4/14/1979
Bench		Scott Frostbaum	127.5 Kg	281.1 lbs	6/17/1978
Deadlift		Timothy Taylor	212.5 Kg	468.5 lbs	6/2/1984
Total		Timothy Taylor	482.5 Kg	1063.7 lbs	6/2/1984
132lbs/60Kgs					
Squat		Eric Poulin	250.0 Kg	551.2 lbs	5/1/1992
Bench		Howard Miller	137.5 Kg	303.1 lbs	6/2/1984
Deadlift		Howard Miller	227.5 Kg	501.5 lbs	6/2/1984
Total		Howard Miller	585.0 Kg	1289.7 lbs	6/2/1984
148lbs/67.5Kgs					
Squat		Shawn Franklin	255.0 Kg	562.2 lbs	3/2/1991
Bench		Ron Melquist	160.0 Kg	352.7 lbs	8/9/1986
Deadlift		Frank Wanzo	250.0 Kg	551.2 lbs	4/27/1985
Total		S. Schneider	640.0 Kg	1410.9 lbs	8/27/1984
165lbs/75Kgs					
Squat		Chris Coldwell	265.0 Kg	584.2 lbs	7/27/1989
Bench		Randy Sanzone	172.5 Kg	380.3 lbs	8/6/1983
Deadlift		Bobby Fowlkes	282.5 Kg	622.8 lbs	6/29/1985
Total		Ricco Impastato	657.5 Kg	1449.5 lbs	8/6/1988
181lbs/82.5Kgs					
Squat		J. R. Bosarge	275.0 Kg	606.3 lbs	10/6/1990
Bench		Michael Hulkan	182.5 Kg	402.3 lbs	8/9/1986
Deadlift		Rodney Whitehead	297.5 Kg	655.9 lbs	8/5/1984
Total		Rodney Whitehead	690.0 Kg	1521.2 lbs	8/5/1984
198lbs/90Kgs					
Squat		Robert Eucher	283.5 Kg	625.0 lbs	3/23/1991
Bench		Joe Ladnier	192.5 Kg	424.4 lbs	8/2/1981
Deadlift		Joe Ladnier	292.5 Kg	644.8 lbs	8/2/1981
Total		Joe Ladnier	760.0 Kg	1675.5 lbs	8/2/1991

220lbs/100Kgs	Total	Joe Lадnier	760.0 lbs	1675.5	8/2/1991
	Squat	S. Grimes	320.0 Kg	705.5 lbs	2/27/1988
	Bench	M. Byrd	215.0 Kg	474.0 lbs	3/3/1984
	Deadlift	William McMillian	317.5 Kg	700.0 lbs	6/29/1985
	Total	S. Grimes	772.5 Kg	1703.1 lbs	2/21/1988
242lbs/110Kgs					
	Squat	Dave Pasanella	320.0 Kg	705.5 lbs	8/10/1980
	Bench	Dave Pasanella	200.0 Kg	440.9 lbs	8/10/1980
	Deadlift	Dave Pasanella	312.5 Kg	688.9 lbs	8/10/1980
	Total	Dave Pasanella	832.5 Kg	1835.3 lbs	8/10/1980
275lbs/125Kgs					
	Squat	Allen Wentworth	338.4 Kg	746.0 lbs	11/4/1984
	Bench	Allen Wentworth	214.3 Kg	472.4 lbs	11/4/1984
	Deadlift	Allen Wentworth	287.0 Kg	632.7 lbs	11/4/1984
	Total	Allen Wentworth	839.7 Kg	1851.2 lbs	11/4/1984
308lbs/140kgs					
	Squat	David Ortega	222.5 Kg	490.5 lbs	5/19/2007
	Bench	Logan Armstrong	210.0 Kg	463.0 lbs	3/26/2011
	Deadlift	David Ortega	240.0 Kg	529.1 lbs	8/11/2007
	Total	David Ortega	620.0 Kg	1366.9 lbs	8/11/2007
SHW/140+Kgs					
	Squat	Jason Wisner	380.0 Kg	837.7 lbs	3/3/1990
	Bench	Jason Wisner	212.5 Kg	468.5 lbs	3/3/1990
	Deadlift	Jason Wisner	317.5 Kg	700.0 lbs	3/3/1990
	Total	Jason Wisner	910.0 Kg	2006.2 lbs	3/3/1990

junior 18-19

114lbs./52kgs

Squat		Trey Cunningham	180.5 Kg	397.9 lbs	7/12/1997
Bench		Harold Escobedo	145 Kg	319.7 lbs	6/4/1982
Deadlift		Philip Hile	200.0 Kg	440.9 lbs	8/9/1986
Total		Harold Escobedo	508.5 Kg	1121.0 lbs	6/4/1982
123lbs/56Kgs					
Squat		Lance Mays	215.0 Kg	474.0 lbs	3/20/1993
Bench		F. Wilson	133.5 Kg	294.3 lbs	3/27/1984
Deadlift		Roman Garcia	220.0 Kg	485.0 lbs	11/13/2004
Total		Lance Mays	545.0 Kg	1201.5 lbs	3/20/1993
132lbs/60Kgs					
Squat		Michael Kimura	227.5 Kg	501.5 lbs	8/9/2006
Bench		Michael Kimura	147.5 Kg	325.2 lbs	8/9/2006
Deadlift		D. Gray	252.5 Kg	556.7 lbs	4/13/1979
Total		Michael Kimura	575.0 Kg	1267.6 lbs	8/9/1986
148lbs/67.5Kgs					
Squat		Jesse Kellum	272.5 Kg	600.8 lbs	6/1/1985
Bench		Chris Follenius	177.5 Kg	391.3 lbs	2/7/1987
Deadlift		H. Hoffman	272.5 Kg	600.8 lbs	8/1/1981
Total		Ty Stapleton	672.5 Kg	1482.6 lbs	4/5/1986
165lbs/75Kgs					
Squat		Calvin Dial	297.5 Kg	655.9 lbs	5/2/1992
Bench		Donald Robbins	185.0 Kg	407.9 lbs	4/11/1987
Deadlift		Vinson Kryhea	307.5 Kg	677.9 lbs	8/1/1981
Total		L. Kee	747.5 Kg	1647.9 lbs	8/7/1982
181lbs/82.5Kgs					
Squat		Patrick Roche	310.0 Kg	683.4 lbs	8/2/1987
Bench		Tim Knauber	194.7 Kg	429.2 lbs	6/2/1984
Deadlift		Rodney Whitehead	310.0 Kg	683.4 lbs	8/10/1986
Total		Patrick Roche	730.0 Kg	1609.4 lbs	8/2/1987
198lbs/90Kgs					
Squat		Scott Smith	345.0 Kg	760.6 lbs	8/18/1990
Bench		Jim Benson Jr.	227.5 Kg	501.5 lbs	12/3/2005
Deadlift		Chip McCain	317.5 Kg	700.0 lbs	8/18/1990
Total		Scott Smith	855 Kg	1881.9 lbs	08/18/90

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Squat	Joe Ladnier	380.0	Kg	837.7	lbs	7/24/1983
Bench	Joe Ladnier	237.5	Kg	523.6	lbs	7/24/1983
Deadlift	Joe Ladnier	340.0	Kg	749.6	lbs	7/24/1983
Total	Joe Ladnier	957.5	Kg	2110.9	lbs	7/24/1983
242lbs/110Kgs						

Squat	Mark Schellen	365.0	Kg	804.7	lbs	8/2/1981
Bench	Derryl Mallard	228.0	Kg	502.6	lbs	8/19/1989
Deadlift	Dave Pasanella	340.0	Kg	749.6	lbs	8/2/1981
Total	Mark Schellen	917.5	Kg	2022.7	lbs	8/2/1981
275lbs/125Kgs						

Squat	Kyle Brown	382.5	Kg	843.3	lbs	6/30/1985
Bench	Dave Pasanella	235.0	Kg	518.1	lbs	8/8/1982
Deadlift	Dave Pasanella	355.5	Kg	783.7	lbs	8/8/1982
Total	Kyle Brown	932.5	Kg	2055.8	lbs	6/6/1985
308lbs/140kgs						

Squat	Danny Flonta	320.0	Kg	705.5	lbs	2/16/2008
Bench	Danny Flonta	255.0	Kg	562.2	lbs	2/16/2008
Deadlift	Danny Flonta	292.5	Kg	644.8	lbs	2/16/2008
Total	Danny Flonta	867.5	Kg	1912.5	lbs	2/16/2008
SHW/140+Kgs						

Squat	Frank Achtsam	352.5	Kg	777.1	lbs	4/8/2000
Bench	Anthony Clark	277.5	Kg	611.8	lbs	8/10/1986
Deadlift	George Hechter	330.0	Kg	727.5	lbs	8/2/1981
Total	George Hechter	895.0	Kg	1973.1	lbs	8/2/1981

Junior (20-23)

114lbs/52Kgs

	Squat	Michael Waton	157.5 Kg	347.2 lbs	4/10/1993
	Bench	Anthony Jenkins	100.0 Kg	220.5 lbs	10/12/1996
	Deadlift	Anthony Jenkins	182.5 Kg	402.3 lbs	10/12/1996
	Total	Anthony Jenkins	430.0 Kg	948.0 lbs	10/12/1996
123lbs/56Kgs					
	Squat	Clarence Fielder	190.0 Kg	418.9 lbs	9/4/1991
	Bench	Clarence Fielder	130.0 Kg	286.6 lbs	9/4/1991
	Deadlift	Clarence Fielder	220.0 Kg	485.0 lbs	9/4/1991
	Total	Clarence Fielder	540.0 Kg	1190.5 lbs	9/4/1991
132lbs/60Kgs					
	Squat	Robert Wood	218.0 Kg	480.6 lbs	7/12/1997
	Bench	Red Sandoval	150.0 Kg	330.7 lbs	4/10/1993
	Deadlift	James Benemerito	245.0 Kg	540.1 lbs	5/1/1992
	Total	James Benemerito	595.0 Kg	1311.7 lbs	5/1/1992
148lbs/67.5Kgs					
	Squat	T.J. Hoerner	295.0 Kg	650.4 lbs	4/8/2000
	Bench	Wade Hooper	155.0 Kg	341.7 lbs	5/1/1992
	Deadlift	T.J. Hoerner	272.5 Kg	600.8 lbs	7/24/1999
	Total	T.J. Hoerner	707.5 Kg	1559.8 lbs	7/24/1999
165lbs/75Kgs					
	Squat	Matt Jenkins	265.0 Kg	584.2 lbs	5/2/1992
	Bench	Scott Spivey	172.5 Kg	380.3 lbs	10/12/1996
	Deadlift	Duanne McMillon	252.5 Kg	556.7 lbs	10/30/1993
	Total	Matt Jenkins	657.5 Kg	1449.5 lbs	5/2/1992
181lbs/82.5Kgs					
	Squat	Patrick Roche	337.5 Kg	744.1 lbs	5/2/1992
	Bench	Michael Srokowski	177.5 Kg	391.3 lbs	6/19/2010
	Deadlift	Shawn Hoover	292.5 Kg	644.8 lbs	4/11/1993
	Total	Patrick Roche	790.0 Kg	1741.6 lbs	5/2/1992
198lbs/90Kgs					
	Squat	Ricky Williams	342.5 Kg	755.1 lbs	5/3/1992
	Bench	Trenton Wade	220.0 Kg	485.0 lbs	6/25/2005
	Deadlift	M. Mitchell	295.0 Kg	650.4 lbs	5/3/1992
	Total	Ricky Williams	795.0 Kg	1752.7 lbs	5/3/1992

220lbs/100Kgs	Total	Ricky Williams	795.0 lbs	1 Kg	1752.7 lbs	5/3/1992
	Squat	Phillip Farmer	337.5	Kg	744.1 lbs	5/3/1992
	Bench	Auston Weinberg	232.5	Kg	512.5 lbs	9/7/2011
	Deadlift	Phillip Farmer	320.0	Kg	705.5 lbs	5/3/1992
	Total	Phillip Farmer	872.5	Kg	1923.5 lbs	5/3/1992
242lbs/110Kgs						
	Squat	Larry Brown	360.0	Kg	793.7 lbs	10/31/1993
	Bench	Scott Smith	230.0	Kg	507.1 lbs	10/31/1993
	Deadlift	Chris Dahlen	332.5	Kg	733.0 lbs	11/15/2003
	Total	Scott Smith	910.0	Kg	2006.2 lbs	10/31/1993
275lbs/125Kgs						
	Squat	Scott Smith	368.5	Kg	812.4 lbs	7/31/1994
	Bench	Mike Womack	312.5	Kg	688.9 lbs	6/18/2005
	Deadlift	Scott Smith	322.5	Kg	711.0 lbs	7/31/1994
	Total	Scott Smith	930.0	Kg	2050.3 lbs	7/31/1994
308lbs/140kgs						
	Squat	Schuyler Hamilton	356.1	Kg	785.0 lbs	4/9/2011
	Bench	Schuyler Hamilton	297.1	Kg	655.0 lbs	4/9/2011
	Deadlift	Schuyler Hamilton	324.3	Kg	715.0 lbs	4/9/2011
	Total	Schuyler Hamilton	977.5	Kg	2155.0 lbs	4/9/2011
SHW/140+Kgs						
	Squat	Shane Hamman	457.5	Kg	1008.6 lbs	3/10/1996
	Bench	Shane Hamman	250.0	Kg	551.2 lbs	7/23/1995
	Deadlift	Daniel Troxler	322.5	Kg	711.0 lbs	8/22/1992
	Total	Shane Hamman	1020.0	Kg	2248.7 lbs	7/23/1995