

American Men Powerlifting

Junior (13-15)

Sunday, October 30, 2011

114lbs/52Kgs

Squat	Trey Cunningham	180.5	Kg	397.9	lbs	7/12/1997
Bench	Jon Shorr	120.0	Kg	264.6	lbs	6/28/1985
Deadlift	Roderic Gillen	162.5	Kg	358.2	lbs	8/9/1986
Total	B. Hall	417.5	Kg	920.4	lbs	4/14/1984

123lbs/56Kgs

Squat	J. Okubo	182.5	Kg	402.3	lbs	8/1/1981
Bench	Howard Miller	102.5	Kg	226.0	lbs	8/6/1982
Deadlift	Carl Carlson	172.5	Kg	380.3	lbs	6/28/1985
Total	Howard Miller	430.0	Kg	948.0	lbs	8/6/1982

132lbs/60Kgs

Squat	Eric Poulin	215.0	Kg	474.0	lbs	8/4/1990
Bench	Dan Johnson	122.5	Kg	270.1	lbs	8/5/1983
Deadlift	Giorgio Usai	202.5	Kg	446.4	lbs	3/12/1994
Total	Eric Poulin	505.0	Kg	1113.3	lbs	8/4/1990

148lbs/67.5Kgs

Squat	Brett Benedix	207.5	Kg	457.5	lbs	7/8/2011
Bench	S. Friday	147.5	Kg	325.2	lbs	2/25/1984
Deadlift	Francis Gervasio	230.0	Kg	507.1	lbs	6/28/1995
Total	Francis Gervasio	512.5	Kg	1129.9	lbs	6/28/1985

165lbs/75Kgs

Squat	Rodney Whitehead	240.0	Kg	529.1	lbs	8/6/1982
Bench	K. Lee	143.5	Kg	316.4	lbs	8/6/1982
Deadlift	Rodney Whitehead	252.5	Kg	556.7	lbs	8/6/1982
Total	Rodney Whitehead	605.0	Kg	1333.8	lbs	8/6/1982

181lbs/82.5Kgs

Squat	Keith Drake	215.0	Kg	474.0	lbs	2/1/1986
Bench	Brian Critchfield	145.0	Kg	319.7	lbs	4/3/1993
Deadlift	B. Bozinis	222.5	Kg	490.5	lbs	8/4/1990
Total	Keith Drake	537.5	Kg	1185.0	lbs	2/1/1986

198lbs/90Kgs

Squat	Brian Critchfield	247.5	Kg	545.6	lbs	3/13/1994
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	Bench	Brian Critchfield	162.5	Kg	358.2	lbs	3/13/1994
	Deadlift	S. Keller	260.0	Kg	573.2	lbs	8/6/1982
	Total	Brian Critchfield	637.5	Kg	1405.4	lbs	3/13/1994
220lbs/100Kgs							
	Squat	Mike Kykendal	242.5	Kg	534.6	lbs	8/2/1987
	Bench	L. Pritchett	165.5	Kg	364.9	lbs	7/21/1990
	Deadlift	Allen Wentworth	247.5	Kg	545.6	lbs	12/4/1982
	Total	Mike Kykendal	640.0	Kg	1410.9	lbs	8/2/1987
242lbs/110Kgs							
	Squat	Tavita Sagapolu	290.0	Kg	639.3	lbs	8/2/1981
	Bench	Tavita Sagapolu	165.0	Kg	363.8	lbs	8/2/1981
	Deadlift	Tavita Sagapolu	275.0	Kg	606.3	lbs	8/2/1981
	Total	Tavita Sagapolu	730.0	Kg	1609.4	lbs	8/2/1981
275lbs/125Kgs							
	Squat	B. Jeffries	250.0	Kg	551.2	lbs	7/30/1989
	Bench	Hunter Poole	150.0	Kg	330.7	lbs	3/25/2006
	Deadlift	M. Smith	265.0	Kg	584.2	lbs	8/2/1987
	Total	B. Jeffries	605.0	Kg	1333.8	lbs	7/30/1989
308lbs/140kgs							
	Squat	Open Record	0.0	Kg	0.0	lbs	
	Bench	Open Record	0.0	Kg	0.0	lbs	
	Deadlift	Open Record	0.0	Kg	0.0	lbs	
	Total	Open Record	0.0	Kg	0.0	lbs	
SHW/140+Kgs							
	Squat	Jason Wisner	320.0	Kg	705.5	lbs	8/7/1988
	Bench	Jason Wisner	182.5	Kg	402.3	lbs	8/7/1988
	Deadlift	Jason Wisner	292.5	Kg	644.8	lbs	8/7/1988
	Total	Jason Wisner	795.0	Kg	1752.7	lbs	8/7/1988

Junior (16-17)

Sunday, October 30, 2011

114lbs/52Kgs

Sport	Name	Weight (Kg)	Weight (lbs)	Date
	Harold Escobedo	127.5 Kg	400.1 lbs	8/9/1980
Deadlift	Fred Toins	205.0 Kg	451.9 lbs	8/1/1981
Total	Harold Escobedo	457.5 Kg	1008.6 lbs	8/9/1980
123lbs/56Kgs				
Squat	G. Mumford	197.5 Kg	435.4 lbs	4/14/1979
Bench	Scott Frostbaum	127.5 Kg	281.1 lbs	6/17/1978
Deadlift	Timothy Taylor	212.5 Kg	468.5 lbs	6/2/1984
Total	Timothy Taylor	482.5 Kg	1063.7 lbs	6/2/1984
132lbs/60Kgs				
Squat	Eric Poulin	250.0 Kg	551.2 lbs	5/1/1992
Bench	Howard Miller	137.5 Kg	303.1 lbs	6/2/1984
Deadlift	Howard Miller	227.5 Kg	501.5 lbs	6/2/1984
Total	Howard Miller	585.0 Kg	1289.7 lbs	6/2/1984
148lbs/67.5Kgs				
Squat	Shawn Franklin	255.0 Kg	562.2 lbs	3/2/1991
Bench	Ron Melquist	160.0 Kg	352.7 lbs	8/9/1986
Deadlift	Frank Wanzo	250.0 Kg	551.2 lbs	4/27/1985
Total	S. Schneider	640.0 Kg	1410.9 lbs	8/27/1984
165lbs/75Kgs				
Squat	Chris Coldwell	265.0 Kg	584.2 lbs	7/27/1989
Bench	Randy Sanzone	172.5 Kg	380.3 lbs	8/6/1983
Deadlift	Bobby Fowlkes	282.5 Kg	622.8 lbs	6/29/1985
Total	Ricco Impastato	657.5 Kg	1449.5 lbs	8/6/1988
181lbs/82.5Kgs				
Squat	J. R. Bosarge	275.0 Kg	606.3 lbs	10/6/1990
Bench	Michael Hulan	182.5 Kg	402.3 lbs	8/9/1986
Deadlift	Rodney Whitehead	297.5 Kg	655.9 lbs	8/5/1984
Total	Rodney Whitehead	690.0 Kg	1521.2 lbs	8/5/1984
198lbs/90Kgs				
Squat	Robert Eucher	283.5 Kg	625.0 lbs	3/23/1991
Bench	Joe Ladnier	192.5 Kg	424.4 lbs	8/2/1981
Deadlift	Joe Ladnier	292.5 Kg	644.8 lbs	8/2/1981
Total	Joe Ladnier	760.0 Kg	1675.5 lbs	8/2/1991

ZZUIDS/100Kg S	Total	Joe Ladnier	300.0 lbs	Kg	1675.0	lbs	8/2/1991
	Squat	S. Grimes	320.0	Kg	705.5	lbs	2/27/1988
	Bench	M. Byrd	215.0	Kg	474.0	lbs	3/3/1984
	Deadlift	William McMillian	317.5	Kg	700.0	lbs	6/29/1985
	Total	S. Grimes	772.5	Kg	1703.1	lbs	2/21/1988
242lbs/110Kgs							
	Squat	Dave Pasanella	320.0	Kg	705.5	lbs	8/10/1980
	Bench	Dave Pasanella	200.0	Kg	440.9	lbs	8/10/1980
	Deadlift	Dave Pasanella	312.5	Kg	688.9	lbs	8/10/1980
	Total	Dave Pasanella	832.5	Kg	1835.3	lbs	8/10/1980
275lbs/125Kgs							
	Squat	Allen Wentworth	338.4	Kg	746.0	lbs	11/4/1984
	Bench	Allen Wentworth	214.3	Kg	472.4	lbs	11/4/1984
	Deadlift	Allen Wentworth	287.0	Kg	632.7	lbs	11/4/1984
	Total	Allen Wentworth	839.7	Kg	1851.2	lbs	11/4/1984
308lbs/140kgs							
	Squat	David Ortega	222.5	Kg	490.5	lbs	5/19/2007
	Bench	Logan Armstrong	210.0	Kg	463.0	lbs	3/26/2011
	Deadlift	David Ortega	240.0	Kg	529.1	lbs	8/11/2007
	Total	David Ortega	620.0	Kg	1366.9	lbs	8/11/2007
SHW/140+Kgs							
	Squat	Jason Wisner	380.0	Kg	837.7	lbs	3/3/1990
	Bench	Jason Wisner	212.5	Kg	468.5	lbs	3/3/1990
	Deadlift	Jason Wisner	317.5	Kg	700.0	lbs	3/3/1990
	Total	Jason Wisner	910.0	Kg	2006.2	lbs	3/3/1990

Junior 18-19

114lbs./52kgs

Squat	Irey Cunningham	180.5 Kg	397.9 lbs	7/12/1997
Bench	Harold Escobedo	145 Kg	319.7 lbs	6/4/1982
Deadlift	Philip Hile	200.0 Kg	440.9 lbs	8/9/1986
Total	Harold Escobedo	508.5 Kg	1121.0 lbs	6/4/1982

123lbs/56Kgs

Squat	Lance Mays	215.0 Kg	474.0 lbs	3/20/1993
Bench	F. Wilson	133.5 Kg	294.3 lbs	3/27/1984
Deadlift	Roman Garcia	220.0 Kg	485.0 lbs	11/13/2004
Total	Lance Mays	545.0 Kg	1201.5 lbs	3/20/1993

132lbs/60Kgs

Squat	Michael Kimura	227.5 Kg	501.5 lbs	8/9/2006
Bench	Michael Kimura	147.5 Kg	325.2 lbs	8/9/2006
Deadlift	D. Gray	252.5 Kg	556.7 lbs	4/13/1979
Total	Michael Kimura	575.0 Kg	1267.6 lbs	8/9/1986

148lbs/67.5Kgs

Squat	Jesse Kellum	272.5 Kg	600.8 lbs	6/1/1985
Bench	Chris Follenius	177.5 Kg	391.3 lbs	2/7/1987
Deadlift	H. Hoffman	272.5 Kg	600.8 lbs	8/1/1981
Total	Ty Stapleton	672.5 Kg	1482.6 lbs	4/5/1986

165lbs/75Kgs

Squat	Calvin Dial	297.5 Kg	655.9 lbs	5/2/1992
Bench	Donald Robbins	185.0 Kg	407.9 lbs	4/11/1987
Deadlift	Vinson Kryhea	307.5 Kg	677.9 lbs	8/1/1981
Total	L. Kee	747.5 Kg	1647.9 lbs	8/7/1982

181lbs/82.5Kgs

Squat	Patrick Roche	310.0 Kg	683.4 lbs	8/2/1987
Bench	Tim Knauber	194.7 Kg	429.2 lbs	6/2/1984
Deadlift	Rodney Whitehead	310.0 Kg	683.4 lbs	8/10/1986
Total	Patrick Roche	730.0 Kg	1609.4 lbs	8/2/1987

198lbs/90Kgs

Squat	Scott Smith	345.0 Kg	760.6 lbs	8/18/1990
Bench	Jim Benson Jr.	227.5 Kg	501.5 lbs	12/3/2005
Deadlift	Chip McCain	317.5 Kg	700.0 lbs	8/18/1990
Total	Scott Smith	855 Kg	1881.9 lbs	08/18/90

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	Squat	Joe Ladnier	380.0	Kg	837.7	lbs	7/24/1983
	Bench	Joe Ladnier	237.5	Kg	523.6	lbs	7/24/1983
	Deadlift	Joe Ladnier	340.0	Kg	749.6	lbs	7/24/1983
	Total	Joe Ladnier	957.5	Kg	2110.9	lbs	7/24/1983
	242lbs/110Kgs						
	Squat	Mark Schellen	365.0	Kg	804.7	lbs	8/2/1981
	Bench	Derryl Mallard	228.0	Kg	502.6	lbs	8/19/1989
	Deadlift	Dave Pasanella	340.0	Kg	749.6	lbs	8/2/1981
	Total	Mark Schellen	917.5	Kg	2022.7	lbs	8/2/1981
	275lbs/125Kgs						
	Squat	Kyle Brown	382.5	Kg	843.3	lbs	6/30/1985
	Bench	Dave Pasanella	235.0	Kg	518.1	lbs	8/8/1982
	Deadlift	Dave Pasanella	355.5	Kg	783.7	lbs	8/8/1982
	Total	Kyle Brown	932.5	Kg	2055.8	lbs	6/6/1985
	308lbs/140kgs						
	Squat	Danny Flonta	320.0	Kg	705.5	lbs	2/16/2008
	Bench	Danny Flonta	255.0	Kg	562.2	lbs	2/16/2008
	Deadlift	Danny Flonta	292.5	Kg	644.8	lbs	2/16/2008
	Total	Danny Flonta	867.5	Kg	1912.5	lbs	2/16/2008
	SHW/140+Kgs						
	Squat	Frank Achtsam	352.5	Kg	777.1	lbs	4/8/2000
	Bench	Anthony Clark	277.5	Kg	611.8	lbs	8/10/1986
	Deadlift	George Hechter	330.0	Kg	727.5	lbs	8/2/1981
	Total	George Hechter	895.0	Kg	1973.1	lbs	8/2/1981

Junior (20-23)

114lbs/52Kgs

Squat Michael Waton 151.7 Kg 347.2 lbs 4/10/1993

Bench Anthony Jenkins 100.0 Kg 220.5 lbs 10/12/1996

Deadlift Anthony Jenkins 182.5 Kg 402.3 lbs 10/12/1996

Total Anthony Jenkins 430.0 Kg 948.0 lbs 10/12/1996

123lbs/56Kgs

Squat Clarence Fielder 190.0 Kg 418.9 lbs 9/4/1991

Bench Clarence Fielder 130.0 Kg 286.6 lbs 9/4/1991

Deadlift Clarence Fielder 220.0 Kg 485.0 lbs 9/4/1991

Total Clarence Fielder 540.0 Kg 1190.5 lbs 9/4/1991

132lbs/60Kgs

Squat Robert Wood 218.0 Kg 480.6 lbs 7/12/1997

Bench Red Sandoval 150.0 Kg 330.7 lbs 4/10/1993

Deadlift James Benemerito 245.0 Kg 540.1 lbs 5/1/1992

Total James Benemerito 595.0 Kg 1311.7 lbs 5/1/1992

148lbs/67.5Kgs

Squat T.J. Hoerner 295.0 Kg 650.4 lbs 4/8/2000

Bench Wade Hooper 155.0 Kg 341.7 lbs 5/1/1992

Deadlift T.J. Hoerner 272.5 Kg 600.8 lbs 7/24/1999

Total T.J. Hoerner 707.5 Kg 1559.8 lbs 7/24/1999

165lbs/75Kgs

Squat Matt Jenkins 265.0 Kg 584.2 lbs 5/2/1992

Bench Scott Spivey 172.5 Kg 380.3 lbs 10/12/1996

Deadlift Duanne McMillon 252.5 Kg 556.7 lbs 10/30/1993

Total Matt Jenkins 657.5 Kg 1449.5 lbs 5/2/1992

181lbs/82.5Kgs

Squat Patrick Roche 337.5 Kg 744.1 lbs 5/2/1992

Bench Michael Srokowski 177.5 Kg 391.3 lbs 6/19/2010

Deadlift Shawn Hoover 292.5 Kg 644.8 lbs 4/11/1993

Total Patrick Roche 790.0 Kg 1741.6 lbs 5/2/1992

198lbs/90Kgs

Squat Ricky Williams 342.5 Kg 755.1 lbs 5/3/1992

Bench Trenton Wade 220.0 Kg 485.0 lbs 6/25/2005

Deadlift M. Mitchell 295.0 Kg 650.4 lbs 5/3/1992

Total Ricky Williams 795.0 Kg 1752.7 lbs 5/3/1992

ZZUIDS/100Kg S	Total	KICKY Williams	795.0 lbs	Kg	1752.7		5/3/1992
	Squat	Phillip Farmer	337.5	Kg	744.1	lbs	5/3/1992
	Bench	Auston Weinberg	232.5	Kg	512.5	lbs	9/7/2011
	Deadlift	Phillip Farmer	320.0	Kg	705.5	lbs	5/3/1992
	Total	Phillip Farmer	872.5	Kg	1923.5	lbs	5/3/1992
242lbs/110Kgs							
	Squat	Larry Brown	360.0	Kg	793.7	lbs	10/31/1993
	Bench	Scott Smith	230.0	Kg	507.1	lbs	10/31/1993
	Deadlift	Chris Dahlen	332.5	Kg	733.0	lbs	11/15/2003
	Total	Scott Smith	910.0	Kg	2006.2	lbs	10/31/1993
275lbs/125Kgs							
	Squat	Scott Smith	368.5	Kg	812.4	lbs	7/31/1994
	Bench	Mike Womack	312.5	Kg	688.9	lbs	6/18/2005
	Deadlift	Scott Smith	322.5	Kg	711.0	lbs	7/31/1994
	Total	Scott Smith	930.0	Kg	2050.3	lbs	7/31/1994
308lbs/140kgs							
	Squat	Schuyler Hamilton	356.1	Kg	785.0	lbs	4/9/2011
	Bench	Schuyler Hamilton	297.1	Kg	655.0	lbs	4/9/2011
	Deadlift	Schuyler Hamilton	324.3	Kg	715.0	lbs	4/9/2011
	Total	Schuyler Hamilton	977.5	Kg	2155.0	lbs	4/9/2011
SHW/140+Kgs							
	Squat	Shane Hamman	457.5	Kg	1008.6	lbs	3/10/1996
	Bench	Shane Hamman	250.0	Kg	551.2	lbs	7/23/1995
	Deadlift	Daniel Troxler	322.5	Kg	711.0	lbs	8/22/1992
	Total	Shane Hamman	1020.0	Kg	2248.7	lbs	7/23/1995