

# American Men Single Lift Bench

## Junior (13-15)

114lbs/52Kgs							
Bench	David Jeffrey	85.0	Kg	187.4	lbs	8/23/2008	
123lbs/56Kgs							
Bench	David Jeffrey	107.1	Kg	236.0	lbs	6/3/2007	
132lbs/60Kgs							
Bench	Willard Crossen III	92.5	Kg	203.9	lbs	2/22/1997	
148lbs/67.5Kgs							
Bench	Rodney Levett	122.5	Kg	270.1	lbs	8/27/1994	
165lbs/75Kgs							
Bench	Safiy Paray	130.0	Kg	286.6	lbs	5/30/2010	
181lbs/82.5Kgs							
Bench	Matthew Maloney	145.0	Kg	319.5	lbs	12/8/2012	
198lbs/90Kgs							
Bench	Todd Wilson	140.0	Kg	308.6	lbs	3/4/1995	
220lbs/100Kgs							
Bench	Chris Ludlow	167.5	Kg	369.3	lbs	12/8/2007	
242lbs/110Kgs							
Bench	Vance Hebert	85.0	Kg	187.4	lbs	4/2/2006	
275lbs/125Kgs							
Bench	Hunter Poole	150.0	Kg	330.7	lbs	3/25/2006	
308lbs/140kgs							
Bench	Miguel Macias	122.5	Kg	270.1	lbs	12/12/2009	
SHW/140+Kgs							
Bench	Record Open	0.0	Kg	0.0	lbs		

## Junior (16-17)

114lbs/52Kgs	Bench	John McKanna	92.5	Kg	203.9	lbs	9/13/1997
123lbs/56Kgs	Bench	Hunter Hernandez	100.0	Kg	220.5	lbs	7/5/2009
132lbs/60Kgs	Bench	David Rocha	110.0	Kg	242.5	lbs	6/10/2006
148lbs/67.5Kgs	Bench	Conner Melott	142.5	Kg	314.2	lbs	03/24/2013
165lbs/75Kgs	Bench	Joe Luther	170.0	Kg	374.8	lbs	2/22/1997
181lbs/82.5Kgs	Bench	Mark Matthews	161.0	Kg	354.9	lbs	8/5/2006
198lbs/90Kgs	Bench	Matt Maloney	192.3	Kg	424.0	lbs	03/08/2014
220lbs/100Kgs	Bench	Brian Critchfield	182.5	Kg	402.3	lbs	3/4/1995
242lbs/110Kgs	Bench	Earl Heth	200.0	Kg	440.9	lbs	5/17/1997
275lbs/125Kgs	Bench	Albert Garcia III	182.5	Kg	402.3	lbs	3/19/2005
308lbs/140kgs	Bench	Blake Stockton	152.5	Kg	336.2	lbs	8/2/2008
SHW/140+Kgs	Bench	Lester Dedrick	160.0	Kg	352.7	lbs	8/14/2010

## Junior (18-19)

114lbs/52Kgs	Bench	Gabe Morgan	87.5	Kg	192.9	lbs	10/14/1994
123lbs/56Kgs	Bench	William Garcia	130.0	Kg	286.6	lbs	2/21/2009
132lbs/60Kgs	Bench	Nick Lenhart	125.5	Kg	276.7	lbs	12/9/2006
148lbs/67.5Kgs	Bench	Rene Sapien	165.0	Kg	363.8	lbs	9/2/1990
165lbs/75Kgs	Bench	Bill Vankirk	165.0	Kg	363.8	lbs	5/1/1993
181lbs/82.5Kgs	Bench	Joe Bruno	182.5	Kg	402.3	lbs	5/17/1997
198lbs/90Kgs	Bench	Sean Demarinis	182.5	Kg	402.3	lbs	6/12/2004
220lbs/100Kgs	Bench	Tyler Drake	217.3	Kg	479.0	lbs	3/08/2014
242lbs/110Kgs	Bench	Jonathan Hoffman	230.0	Kg	507.1	lbs	9/8/2007
275lbs/125Kgs	Bench	Chase Collims	245.0	Kg	540.1	lbs	9/9/2006
308lbs/140kgs	Bench	Anthony Segretario	195.0	Kg	429.9	lbs	6/11/2005
SHW/140+Kgs	Bench	John Cooper	210.0	Kg	463.0	lbs	6/9/2007

## Junior (20-23)

114lbs/52Kgs	Bench	Hung Pham	125.0	Kg	275.6	lbs	3/2/1996
123lbs/56Kgs	Bench	William Garcia	165.0	Kg	363.8	lbs	9/24/2010
132lbs/60Kgs	Bench	Jason Murphy	145.0	Kg	319.7	lbs	8/27/1993
148lbs/67.5Kgs	Bench	Mike DeSimone	205.0	Kg	451.9	lbs	9/24/2010
165lbs/75Kgs	Bench	Divale Robertson	187.5	Kg	413.4	lbs	03/02/2013
181lbs/82.5Kgs	Bench	Zack Miller	197.5	Kg	435.4	lbs	7/10/2011
198lbs/90Kgs	Bench	Jonathon Bailey	220.0	Kg	485.0	lbs	9/5/2009
220lbs/100Kgs	Bench	Richard Pinelli Jr.	250.0	Kg	551.2	lbs	11/1/2008
242lbs/110Kgs	Bench	Richard Pinelli Jr.	275.0	Kg	606.2	lbs	7/5/2009
275lbs/125Kgs	Bench	Richard Pinelli Jr.	292.5	Kg	644.7	lbs	11/15/2009
308lbs/140kgs	Bench	Zach Howerton	257.5	Kg	567.7	lbs	03/24/2013
SHW/140+Kgs	Bench	Zach Howerton	277.5	Kg	611.8	lbs	12/08/2013