

**USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - OPEN**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb	95.0	209.2	Thomas Hendron	03/19/05
90kg/198.2lb	190.0	418.7	Victor Calia	02/19/06
100kg/220.2lb	255.0	562.0	Cory Dexter	09/10/05
110kg/242.5lb	272.5	600.7	Cory Dexter	02/19/06
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - JUNIORS (13 - 15)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - JUNIORS (16 - 17)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - JUNIORS (18 - 19)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	182.5	402.2	Andres Topchi	06/11/05
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - JUNIORS (20 - 23)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Submaster (35-39)

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	227.5	501.5	Shott Brown	08/07/04
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (40-44)

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	190.0	418.7	Victor Calia	02/19/06
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (45-49)

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb	95.0	209.2	Thomas Hendron	03/19/05
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	175.0	385.7	Joe Dentice	06/10/06
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (50-54)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (55-59)

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (60-64)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (65-69)

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (70-74)

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (75-79)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

USPF NEVADA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (80+ Over)

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				