

USPF NEVADA STATE OPEN - WOMEN

<u>Weight</u>	<u>Lift</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat	97.5	214.7	Cathy Chirani	1981
	Bench	52.5	115.5	Cathy Chirani	1981
	Deadlift	127.5	281.0	Cathy Chirani	1981
	TOTAL	277.5	611.7	Cathy Chirani	1981
56kg/123.5lb	Squat	120.0	264.5	Denise Dinger	09/09/06
	Bench	82.5	181.7	Sabra Lucchesi	09/18/04
	Deadlift	127.5	281.0	Sabra Lucchesi	09/18/04
	TOTAL	317.5	699.7	Denise Dinger	09/09/06
60kg/132.2lb	Squat	122.5	270.0	Susan Waits	10/05/02
	Bench	75.0	165.2	Susan Waits	10/05/02
	Deadlift	132.5	292.0	Susan Waits	10/05/02
	TOTAL	330.0	727.5	Susan Waits	10/05/02
67.5kg/148.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF NEVADA STATE SUBMASTER - WOMEN 35-39

<u>Weight</u>	<u>Lift</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148.7lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
90+kg/UNL	Squat Bench Deadlift TOTAL				