

# Mens Open

Men USPF Oklahoma State Powerlifting Records - OPEN						
Class	Name	City	Date	Lift	Kilograms	Pounds
52 kg / 114.50 lb	Kendall Irwin	Chickasha	February 1984	Squat	165	363.75
	Lenny Clark	Choctaw	February 1995	Bench Press	131.54	290
	Kendall Irwin	Chickasha	September 1983	Deadlift	177.5	391.31
	Kendall Irwin	Chickasha	September 1983	Total	420	925.93
56 kg / 123.25 lb	Don Jones	Broken Arrow		Squat	195.04	430
	Don Jones	Broken Arrow		Bench Press	122.47	270
	Kevin Lasater	Duncan		Deadlift	200	440.92
	Pat Peck			Total	480	1058.2
60 kg / 132.25 lb	Rocky Secondine	Tulsa			202.5	446.43
	Kevin Lasater	Duncan	October 1982	Bench Press	127.5	281.08
	Kevin Lasater	Duncan	October 1982	Deadlift	242.5	534.61
	Kevin Lasater	Duncan	October 1982	Total	562.5	1240.08
67.5 kg / 148.75 lb	Rickey Dale Crain	Shawnee	November 1980	Squat	285.76	629.99
	Ty Stapleton	Norman	March 1989	Bench Press	177.5	391.31
	Rickey Dale Crain	Shawnee	November 1980	Deadlift	300	661.38
	Rickey Dale Crain	Shawnee	November 1980	Total	730	1609.35
75 kg / 165.25 lb	Rickey Dale Crain	Shawnee	June 1990	Squat	342.46	755
	Ty Stapleton	Claremore	June 1992	Bench Press	201.85	445
	Rickey Dale Crain	Shawnee	July 1983	Deadlift	325	716.49
	Rickey Dale Crain	Shawnee	October 1995	Total	830	1829.81
82.5 kg / 181.75 lb	Rickey Dale Crain	Shawnee	September 1987	Squat	345	760.58
	Ty Stapleton	Claremore	February 1996	Bench Press	227.5	501.54
	Rickey Dale Crain	Shawnee	February 1984	Deadlift	332.5	733.02

	Dennis Wright	Miami		Total	832.5	1835.32
90 kg / 198.25 lb	Dennis Wright	Miami	March 1993	Squat	365	804.67
	Ty Stapleton	Tahlequah	September 1995	Bench Press	244.94	540
	Walter Thomas	Midwest City	February 1982	Deadlift	372.5	821.21
	Walter Thomas	Midwest City	November 1981	Total	930	2050.27
100 kg / 220.25 lb	Danny Berry	Tulsa	February 1994	Squat	365.14	805
	Kim Brownfield	Dewar	Aug 1995	Bench Press	257.50	567.68
	Hugh Dunagan	Edmond	June 1994	Deadlift	340.19	750
	Walter Thomas	Midwest City	March 1982	Total	902.5	1989.65
110 kg / 242.5 lb	Hollie Evett	Tulsa	February 1983	Squat	375	826.72
	Kim Brownfield	Dewar	March 1995	Bench Press	249.48	550
	Hugh Dunagan	Edmond	March 1995	Deadlift	351.54	775
	Hollie Evett	Tulsa		Total	900	1984.14
125 kg / 275.5 lb	Dennis Brooks	Tulsa	February 1989	Squat	387.5	854.28
	Benjamin Lawton	Oklahoma City	Oct-2011	Bench Press	277.27	610
	Ray Pearce	Oklahoma City	February 1987	Deadlift	355	782.63
	Ray Pearce	Oklahoma City	February 1987	Total	1000	2204.6
140 kg / 308.5 lb	Schuyler Hamilton	Oklahoma City	June 2011	Squat	392.36	865
	Donny McConnell	Midwest City	March 2008	Bench Press	235.87	520
	Ray Lepley	Yukon	March 2007	Deadlift	320	705.47
	Donny McConnell	Midwest City	March 2008	Total	816.47	1800
140+ kg / 308.5+ lb	Shane Hamman	Mustang	July 1994	Squat	447.25	986
	Ray Pearce	Oklahoma City	March 1990	Bench Press	275	606.26
	Butch Boyce	Tulsa	1979	Deadlift	362.87	800
	Shane Hamman	Mustang	July 1994	Total	1000	2204.6

# Mens 35-39

## Men USPF Oklahoma State Powerlifting Records--Ages 35-39

Class	Name	City	Date	Lift	Kilograms	Pounds
52 kg / 114.50 lb				Squat		
				Bench Press		
				Deadlift		
				Total		
56 kg / 123.25 lb	Van Williams	Mustang	Feb-06	Squat		
				Bench Press	102.5	225.97
				Deadlift		
				Total		
60 kg / 132.25 lb				Squat		
				Bench Press		
				Deadlift		
				Total		
67.5 kg / 148.75 lb	Danny Harris	Guthrie	Jun-96	Squat	102.06	225
	Danny Harris	Guthrie	Dec-95	Bench Press	57.5	136.76
	Danny Harris	Guthrie	Jun-96	Deadlift	136.08	300
	Danny Harris	Guthrie	Jun-96	Total	265.77	630
75 kg / 165.25 lb	Rickey Dale Crain	Shawnee	Jun-92	Squat	333.39	735
	Rickey Dale Crain	Shawnee	Jun-92	Bench Press	167.83	370
	Rickey Dale Crain	Shawnee	Dec-91	Deadlift	305	672.4
	Rickey Dale Crain	Shawnee	Dec-91	Total	792.5	1747
82.5 kg / 181.75 lb	Charles Gray	Shawnee	Jun-02	Squat	206.38	455
	Rickey Dale Crain	Shawnee	Dec-92	Bench Press	183.7	405
	Rickey Dale Crain	Shawnee	Feb-92	Deadlift	307.5	677.19
	Rick Stewart	Shawnee	Dec-94	Total	566.99	1250
90 kg / 198.25 lb	Terry T J Johnson	Oklahoma City	Feb-96	Squat	252.85	556.66
	Terry T J Johnson	Oklahoma City	Mar-96	Bench Press	183.71	405
	Terry T J Johnson	Oklahoma City	Mar-96	Deadlift	285.76	630
	Terry T J Johnson	Oklahoma City	Aug-95	Total	705.34	1555
100 kg / 220.25 lb	David Willingham	Oklahoma City	Feb-96	Squat	305	672.4
	Randy Henshaw	Shawnee	Feb-96	Bench Press	172.5	380.29
	David Willingham	Oklahoma City	Feb-96	Deadlift	287.5	633.82

	David Willingham	Oklahoma City	Feb-96	Total	707.5	1559.75
110 kg / 242.5 lb	Randy Henshaw	Shawnee	Aug-94	Squat	281.23	620
	Max Mann	Yukon	Oct-91	Bench Press	192.5	424.38
	Jeff Fields	Oklahoma City	Sep-96	Deadlift	269.89	595
	Randy Henshaw	Shawnee	Aug-94	Total	714.41	1575
125 kg / 275.5 lb	Keith Morton	Yukon	Oct-2011	Squat	240.90	530
	Steve Williams	Seminole	July-2012	Bench Press	197.31	435
	Keith Morton	Yukon	Oct-2011	Deadlift	259.09	570
	Keith Morton	Yukon	Oct-2011	Total	695.45	1530
140 kg / 308.5 lb				Squat		
	Robert Wolf	Shawnee	Feb-00	Bench Press	197.31	435
				Deadlift		
				Total		
140+ kg / 308.5+ lb	Kotcha Doonkeen	Oklahoma City	Dec-93	Squat	410	903.88
	Jack Pugh	Oklahoma City	Jul-94	Bench Press	235	518.08
	Jack Pugh	Oklahoma City	Sep-96	Deadlift	351.53	775
	Jack Pugh	Oklahoma City	Sep-96	Total	963.89	2125