

# POLICE OLYMPIAN



## THE RESULTS



June 24 - July 1, 1995

Official Publication of the  
California Police Athletic Federation



# POWERLIFTING

ALL LIFTS IN KILOGRAMS

	SQUAT	BENCH PRESS	DEAD LIFT	TOTAL
<b>MEN-OPEN-148.75 LBS &amp; UNDER</b>				
RECORD - B. HAAR - 1982 - 595.0 KG				
1. M. LAWSIN	202.5	137.5	245.0*	585.0
<b>MEN-OPEN-165.25 LBS &amp; UNDER</b>				
RECORD - R. DeCARO - 1976 - 686.5 KG				
1. J. ALBRANDT	175.0	132.5	202.0	509.5
<b>MEN-OPEN-181.75 LBS &amp; UNDER</b>				
RECORD - T. MOSSBARGER - 1979 - 738.6 KG				
1. J. DORSTEN	265.0*	155.0	255.0	675.0
<b>MEN-OPEN-198.25 LBS &amp; UNDER</b>				
RECORD - T. MOSSBARGER - 1982 - 800.0 KG				
1. J. BUSBY	245.0	165.0	245.0	655.0
2. E. ESPERAS	220.0	140.0	210.0	570.0
3. J. HECKENKEMPER	190.0	157.0	192.5	539.5
<b>MEN-OPEN-275.50 LBS &amp; UNDER</b>				
RECORD - D. LICAVOLI - 1985 - 832.5 KG				
1. R. HUIZAR	340.0	205.0	247.5	792.5
<b>MEN-OPEN-OVER 275.50 LBS</b>				
RECORD - C. DeSADIER - 1987 - 907.5 KG				
1. K. HARBUCK	317.5	165.0	297.5	780.0

\* New Record

		SQUAT	BENCH PRESS	DEAD LIFT	TOTAL	
<b>MEN-SENIOR-148.75 LBS &amp; UNDER</b>						
RECORD - L. DURAN - 1985 - 550.0 KG						
1.	J. BARNES	LOS ANGELES Co SD	182.5	112.5	190.0	485.0
<b>MEN-SENIOR-165.25 LBS &amp; UNDER</b>						
RECORD - G. MATSUMOTO - 1994- 602.5 KG						
1.	K. BEHLMER	RICHMOND PD	205.0	130.0	215.0	550.0
2.	R. SAKAMOTO	SAN DIEGO Co MARSHAL	170.0	155.0	207.5	532.5
<b>MEN-SENIOR-181.75 LBS &amp; UNDER</b>						
RECORD - J. TAKAMOTO - 1987 - 672.5 KG						
1.	G. BUFFINGTON	NAPA Co SD	250.0	165.0	240.0	655.0
2.	J. PRINK IV	PIEDMONT PD	162.5	115.0	192.5	470.0
<b>MEN-SENIOR-198.25 LBS &amp; UNDER</b>						
RECORD - L. HERNANDEZ - 1983 - 770.0 KG						
1.	M. FALKENBERG	KERN Co SD	175.0	120.0	210.0	505.0
2.	A. NUNEZ	ANAHEIM PD	155.0	137.5	195.0	487.5
3.	J. SMITH	VALLEJO PD	150.0	125.0	182.5	457.5
<b>MEN-SENIOR-220.25 LBS &amp; UNDER</b>						
RECORD - J. VETROVEC - 1985 - 802.5 KG						
1.	F. McINTOSH	CA CORRECTIONS/FOLSOM	277.5	190.0	275.0*	742.5
2.	R. BIRCH	POMONA PD	270.0	172.5	250.0	692.5
<b>MEN-SENIOR-242.50 LBS &amp; UNDER</b>						
RECORD - J. MUTZ - 1985 - 807.5 KG						
1.	M. TOMASIAK	CA HIGHWAY PATROL	255.0	165.0	257.5	677.5
2.	M. WRIGHT	SUNNYVALE DPS	200.0	110.0	205.0	515.0
<b>MEN-SENIOR-275.50 LBS &amp; UNDER</b>						
1.	G. CLARK	LOS ANGELES Co SD	342.5	222.5	312.5	877.5*
<b>MEN-SENIOR-OVER 275.50 LBS</b>						
RECORD - C. DeSADIER - 1989 - 980.0 KG						
1.	F. YANCEY	SAN DIEGO Co SD	262.5	207.5	227.5	697.5
2.	R. DAVIS	KERN Co SD	220.0	137.5	192.5	550.0
<b>MEN-MASTER-181.75 LBS &amp; UNDER</b>						
RECORD - F. PITASSI - 1993 - 630.0 KG						
1.	R. TAYLOR	SAN DIEGO Co MARSHAL	190.0	155.0	205.0	550.0
<b>MEN-MASTER-198.25 LBS &amp; UNDER</b>						
RECORD - L. HERNANDEZ - 1988 - 730.0 KG						
1.	R. KEGEL	LOS ANGELES Co SD	125.0	130.0	182.5	437.5
2.	D. DiSANTO	ORANGE Co DIST ATTY	142.5	105.0	182.5	430.0

\* New Record

		SQUAT	BENCH PRESS	DEAD LIFT	TOTAL	
<b>MEN-MASTER-220.25 LBS &amp; UNDER</b>						
RECORD - J. VETROVEC - 1987 - 800.0 KG						
1.	J. MARINO	OXNARD PD	272.5	152.5	290.0*	715.0
2.	A. VIOLA	SAN BERNARDINO PD	280.0	157.5	245.0	682.5
<b>MEN-MASTER-242.50 LBS &amp; UNDER</b>						
RECORD - W. HARTMAN - 1983 - 732.5 KG						
1.	D. CONTINELLI	SAN DIEGO Co SD	237.5	165.0	245.0	647.5
2.	R. FIGUEROA	LINDSAY PD	260.0*	162.5	222.5	645.0
3.	J. ABREGO	LONG BEACH PD	172.5	140.0	192.5	505.0
<b>MEN-GRAND MASTER-165.25 LBS &amp; UNDER</b>						
1.	L. DURAN	CA YOUTH AUTHORITY/KH	215.0*	122.5*	220.0*	557.5*
<b>MEN-GRAND MASTER-198.25 LBS &amp; UNDER</b>						
RECORD - D. HAWLEY - 1994 - 615.0 KG						
1.	L. HERNANDEZ	POMONA PD	225.0	120.0	250.0	595.0
<b>MEN-GRAND MASTER-220.25 LBS &amp; UNDER</b>						
RECORD - W. HARTMANN - 1991 - 740.0 KG						
1.	D. HAWLEY	ALAMEDA Co DIST ATTY	220.0	142.5	245.0	607.5
2.	W. SCHEFFLER	SAN FRANCISCO PD	202.5	87.5	202.5	492.5
<b>MEN-GRAND MASTER-242.50 LBS &amp; UNDER</b>						
RECORD - W. HARTMAN - 1989 - 787.5 KG						
1.	M. TRUE	KERN Co SD	200.0	115.0	185.0	500.0
<b>WOMEN-OPEN-OVER 198.25 LBS</b>						
1.	D. HARMAN	CA CORRECTIONS/IONE	127.5*	65.0*	120.0*	312.5*
<b>WOMEN-SENIOR-148.75 LBS &amp; UNDER</b>						
RECORD - Y. LEVY - 1992 - 400.0 KG						
1.	K. GARDNER	CA YOUTH AUTHORITY/YTS	135.0	82.5	147.5	365.0
2.	J. HONORE	L.A. UNIFIED SCHOOLS PD	80.0	45.0	102.5	227.5
<b>WOMEN-SENIOR-165.25 LBS &amp; UNDER</b>						
RECORD - S. SHERMAN - 1990 - 352.5 KG						
1.	J. MORENCY	CA CORRECTIONS/SRCC	100.0	45.0	102.5	247.5
<b>WOMEN-SENIOR-OVER 198.25 LBS</b>						
RECORD - M. WINN - 1990 - 307.5 KG						
1.	T. KIMZEY	CA CORRECTIONS/FOLSOM	117.5*	70.0*	117.5	305.0
<b>WOMEN-MASTER-148.75 LBS &amp; UNDER</b>						
1.	R. BALLARD	ALAMEDA Co DIST ATTY	107.5*	72.5*	130.0	310.0*

\* New Record