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POWERLIFTING

MEN-OPEN-132.25 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

1. A. MAYOYA

SAN JOAQUIN CO S D

182.5 KG 105.0

182.5 KG

470.0 KG

N/R

MEN-OPEN-148.75 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL

RECORD - B. HAAR - 1982 - 595.0 KG					
1.	R. FONTANILLA SAN JOSE P D	165.0 KG	145.0	182.5 KG	492.5 KG

MEN-OPEN-165.25 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL

RECORD - R. DE CARO - 1976 - 686.30 KG					
1.	R. ANDERSON OCEANSIDE P D	210.0 KG	122.5	227.5 KG	560.0 KG
2.	J. SCHIESSL CA DEPT OF CORR	195.0 KG	122.5	205.0 KG	522.5 KG
3.	T. PORTER SAN JOSE P D	167.5 KG	110.0	210.0 KG	487.5 KG

MEN-OPEN-181.75 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL

RECORD - T. MOSSBARGER - 1979 - 738.6 KG					
1.	J. WADE HAWTHORNE P D	195.0 KG	162.5	210.0 KG	567.5 KG
2.	M. FALKENBERG KERN CO S D	167.5 KG	142.5	192.5 KG	502.5 KG
3.	T. AGUIGUI OCEANSIDE P D	162.5 KG	165.0	165.0 KG	482.5 KG
4.	G. CAMPBELL BURBANK P D	150.0 KG	125.0	192.5 KG	467.5 KG
5.	J. NEWMAN SAN FRANCISCO P D	137.5 KG	147.5	177.5 KG	462.5 KG

MEN-OPEN-198.25 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL

RECORD - T. MOSSBARGER - 1982 - 800.0 KG					
1.	M. PATTON SACRAMENTO P D	272.5 KG	220.0	230.0 KG	722.5 KG
2.	R. NEWTON CA DEPT OF CORR	222.5 KG	202.5	217.5 KG	642.5 KG
3.	G. COTTRELL CA DEPT OF CORR	225.0 KG	127.5	255.0 KG	607.5 KG

MEN-OPEN-220.25 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL

RECORD - J. MOFFET - 1982 - 820.0 KG					
1.	E. RUBLE LOS ANGELES P D	310.0 KG	210.0	292.5 KG	812.5 KG
2.	G. HERMAN SANTA MONICA P D	280.0 KG	197.5	250.0 KG	727.5 KG
3.	D. DIXON LOS ANGELES CO S D	205.0 KG	190.0	235.0 KG	630.0 KG

MEN-OPEN-242.50 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL

RECORD - M. PORRETTA - 1986 - 955.0 KG					
1.	I. WILLIS SAN LEANDRO P D	240.0 KG	160.0	237.5 KG	637.5 KG
2.	T. KRUST TWIN CITIES P D	200.0 KG	165.0	227.5 KG	592.5 KG

MEN-OPEN-275.50 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - D. LICAVOLI - 1985 - 832.5 KG

1.	J. LEMMON	SAN LEANDRO P D	240.0 KG	187.5	237.5 KG	665.0 KG
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MEN-OPEN-OVER 275.50 LBS

SQUAT BENCH DEADLIFT TOTAL

RECORD - C. DESASIER - 1987 - 907.50 KG

1.	L. ROGERS	SAN JOAQUIN CO S D	205.0 KG	132.5	180.0 KG	517.5 KG
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MEN-SENIOR-148.75 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - L. DURAN - 1985 - 550.0 KG

1.	K. BLACKBURN	CARLSBAD P D	92.5 KG	92.5 K	147.5 KG	327.5 KG
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MEN-SENIOR-181.75 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - J. TAKEMOTO - 1987 - 672.50 KG

1.	D. ROCK	SAN JOSE P D	250.0 KG	172.5	230.0 KG	652.5 KG
2.	M. CODOG	SACRAMENTO P D	230.0 KG	152.5	222.5 KG	605.0 KG
3.	T. COMBS	OXNARD P D	175.0 KG	107.5	205.0 KG	487.5 KG
4.	E. VIZCARRA	CA DEPT OF CORR	165.0 KG	127.5	172.5 KG	465.0 KG

MEN-SENIOR-198.25 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - L. HERNANDEZ - 1983 - 770.0 KG

1.	C. HOLLAND	MONTCLAIR P D	230.0 KG	172.5	282.5 KG	685.0 KG
2.	J. SEVILLA	WEST COVINA P D	217.5 KG	152.5	245.0 KG	615.0 KG
3.	M. MC DUFFEE	TWIN CITIES P D	200.0 KG	150.0	195.0 KG	545.0 KG
4.	S. HUTZLER	SAN FRANCISCO P D	192.5 KG	135.0	215.0 KG	542.5 KG
5.	D. HEERING	OCEANSIDE P D	170.0 KG	150.0	200.0 KG	520.0 KG

MEN-SENIOR-220.25 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - J. VETROVEC - 1985 - 802.50 KG

1.	R. BIRCH	POMON P D	260.0 KG	160.0	260.0 KG	680.0 KG
2.	M. WELBORN	CA DEPT OF CORR	215.0 KG	147.5	260.0 KG	622.5 KG
3.	M. KUZMACK	CA DEPT OF CORR	185.0 KG	190.0	220.0 KG	595.0 KG
4.	S. WRIGHT	OCEANSIDE P D	137.5 KG	110.0	160.0 KG	407.5 KG

MEN-SENIOR-242.50 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - J. MUTZ - 1985 - 807.50 KG

1.	W. SALMON	INGLEWOOD P D	272.5 KG	165.0	265.0 KG	702.5 KG
2.	J. HANKERSON	LOS ANGELES CO S D	257.5 KG	160.0	275.0 KG	692.5 KG
3.	G. BRINK	SANTA PAULA P D	235.0 KG	110.0	252.5 KG	579.5 KG
4.	L. METOYER	BANNING P D	205.0 KG	152.5	230.0 KG	587.5 KG

MEN-SENIOR-275.50 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - W. WELCOME - 1982 - 810.0 KG

1.	E. HOUSTON	LOS ANGELES P D	262.5 KG	197.5	265.0 KG	725.0 KG
2.	D. HERDER	VENTURA CO S D	247.5 KG	177.5	220.0 KG	645.0 KG

MEN-SENIOR-OVER 275.50 LBS

SQUAT BENCH DEADLIFT TOTAL

1.	C. DESADIER	SAN BERNARDINO CO S D	387.5 KG	225.0	367.5 KG	980.0 KG	N/R
2.	R. THOMPSON	NEWPORT BEACH P D	227.5 KG	195.0	250.0 KG	672.5 KG	
3.	R. DAVIS	KERN CO S D	220.0 KG	147.5	207.5 KG	575.0 KG	

MEN-MASTER-148.75 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - L. DURAN - 1987 - 560.0 KG

1.	E. RODRIGUEZ	SO CAL RAPID TRANSIT	125.0 KG	67.5 K	147.5 KG	340.0 KG
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MEN-MASTER-165.25 LBS & UNDER

1.	R. TAYLOR	SAN DIEGO CO MARSHAL	212.5 KG	145.0	220.0 KG	577.5 KG	N/R
2.	E. BUFFORD	CHP	192.5 KG	97.5 K	215.0 KG	505.0 KG	
3.	V. NOCON	SAN MATEO CO S D	165.0 KG	125.5	180.0 KG	472.5 KG	

MEN-MASTER-181.75 LBS & UNDER

SQUAT BENCH DEADLIFT TOTAL

RECORD - F. PITASSI - 1988 - 622.50 KG

1.	F. PITASSI	CYA	215.0 KG	175.0	212.5 KG	602.5 KG
2.	J. CURRIE	SAN FRANCISCO P D	205.0 KG	145.0	217.5 KG	567.5 KG
3.	B. SHERMAN	CA DEPT OF CORR	142.5 KG	127.5	180.0 KG	450.0 KG

MEN-MASTER-198.25 LBS & UNDER

SQUAT BENCH

DEADLIFT

TOTAL

RECORD - L. HERNANDEZ - 1988 - 730.0 KG

1. T. HARRIS	LOS ANGELES CO S D	227.5 KG	142.5	252.5 KG	622.5 KG
2. J. CURRIE	SAN FRANCISCO P D	235.0 KG	160.0	227.5 KG	622.5 KG
3. A. VIOLA	SAN BERNARDINO P D	240.0 KG	150.0	227.5 KG	617.5 KG

MEN-MASTER-220.25 LBS & UNDER

SQUAT BENCH

DEADLIFT

TOTAL

RECORD - J. VETROVEC - 1987 - 800.0 KG

1. D. HAWLEY	ALAMEDA CO D A	227.5 KG	155.0	255.0 KG	637.5 KG
2. J. MATTOX	CHP	210.0 KG	137.5	230.0 KG	577.5 KG

MEN-MASTER-242.50 LBS & UNDER

RECORD - W. HARTMAN - 1983 - 732.50 KG

SQUAT BENCH

DEADLIFT

TOTAL

1. J. MUTZ	LOS ANGELES P D	247.5 KG	155.0	265.0 KG	667.5 KG
2. D. COLLAGAN	CA DEPT OF CORR	225.0 KG	200.0	237.5 KG	662.5 KG
3. R. PAGAL	STOCKTON P D	227.5 KG	175.0	227.5 KG	630.0 KG
4. M. CUMMINS	LOS ANGELES P D	170.0 KG	155.0	202.5 KG	527.5 KG
5. J. ABREGO	LONG BEACH P D	170.0 KG	140.0	177.5 KG	487.5 KG

MEN-MASTER-275.50 LBS & UNDER

SQUAT BENCH

DEADLIFT

TOTAL

1. D. LAMAR	CA STATE PAROLE	242.5 KG	165.0	262.5 KG	670.0 KG	N/R
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MEN-GRAND MASTER-181.75 LBS & UNDER

SQUAT BENCH

DEADLIFT

TOTAL

RECORD - C. THOMAS - 1987 - 615.0 KG

1. C. THOMAS	POMONA P D	227.5 KG	145.0	240.0 KG	612.5 KG
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MEN-GRAND MASTER-242.50 LBS & UNDER

SQUAT BENCH

DEADLIFT

TOTAL

1. W. HARTMANN	LOS ANGELES P D-RETIRED	295.0 KG	165.0	327.5 KG	787.5 KG	N/R
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MEN-GRAND MASTER-275.50 LBS & UNDER

SQUAT BENCH

DEADLIFT

TOTAL

RECORD - W. HARTMANN - 1988 - 780.0 KG

1. T. YOST	LOS ANGELES P D	240.0 KG	172.5	250.0 KG	662.5 KG
2. D. TRAVIS	LOS ANGELES CO S D	170.0 KG	145.0	230.0 KG	545.0 KG

WOMEN-OPEN-132.25 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL			

RECORD - D. HARTMAN - 1982 - 407.50 KG								
1.	E. KENNEDY	LOS ANGELES CO	S D	80.0 KG	52.5 K	122.5 KG	255.0 KG	

WOMEN-OPEN-165.25 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL			

RECORD - A. MARQUIS - 1984 - 482.50 KG								
1.	K. WILLIAMS	VALLEJO	P D	122.5 KG	77.5 K	135.0 KG	335.0 KG	

WOMEN-SENIOR-114.50 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL			

1.	S. PAYNE	LOS ANGELES	P D	80.0 KG	52.5 K	125.0 KG	257.5 KG	N/R

WOMEN-SENIOR-123.50 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL			

RECORD - J. WILTSHIRE - 1987/89 - 360.0 KG								
1.	J. WILTSHIRE	LOS ANGELES CO	MARSHAL	117.5 KG	82.5 K	160.0 KG	360.0 KG	

WOMEN-SENIOR-132.25 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL			

RECORD - L. FITZGERALD - 1985 - 360.0 KG								
1.	T. AKUNE	LOS ANGELES	P D	127.5 KG	65.0 K	145.0 KG	360.0 KG	

WOMEN-SENIOR-148.75 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL			

RECORD - J. SPENCER-1988 & Y. MOSLEY-1989 - 307.50 KG								
1.	Y. MOSLEY	LOS ANGELES CO	MARSHAL	112.5 KG	57.5 K	137.5 KG	307.5 KG	

WOMEN-SENIOR-165.25 LBS & UNDER		SQUAT	BENCH	DEADLIFT	TOTAL			

RECORD - S. SHERMAN - 1988 - 337.50 KG								
1.	S. SHERMAN	LOS ANGELES CO	S D	112.5 KG	65.0 K	162.5 KG	350.0 KG	

WOMEN-MASTER-123.50 LBS & UNDER

SQUAT

BENCH

DEADLIFT

TOTAL

RECORD - K. REAGAN - 1988 - 370.0 KG

1. K. REAGAN

CULVER CITY P D

115.0 KG

75.0 K

140.0 KG

330.0 KG

