

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - OPEN**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	180.0	396.8	Nate Grasse	03/26/11
100kg/220.2lb	295.0	650.4	Tim Sparkes	03/26/11
110kg/242.5lb	272.5	600.8	Robert Schleder	03/26/11
125kg/275.5lb	137.5	303.1	Gene Lawrence	05/04/13
140kg/308.5lb				

(SHW)

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Juniors (13-15)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Juniors (16-17)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Juniors (18-19)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Juniors (20-23)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Submasters (35-39)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	207.5	457.5	Jeff Honeycutt	03/26/11
100kg/220.2lb				
110kg/242.5lb	255.0	562.2	Ben Seller	05/03/15
125kg/275.5lb				
140kg/308.5lb	255.0	562.2	Ben Seller	03/24/12

(SHW)

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (40-44)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb	295.0	650.4	Tim Sparkes	03/26/11
110kg/242.5lb				
125kg/275.5lb	247.5	545.6	Rich Garcia	03/26/11
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (45-49)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				



**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (50-54)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (55-59)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb	207.5	457.9	Bill Sands	03/26/11
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (60-64)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (65-69)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (70-74)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb	137.5	303.1	Gene Lawrence	05/04/13
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (75-79)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	150.0	330.7	Gene Lawrence	05/03/15
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 SINGLE LIFT RECORDS**  
**DEADLIFT**  
**MEN - Masters (80+ Over)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				