

**USPF RHODE ISLAND STATE DIVISON 1 FULL POWER
MEN OPEN**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat	77.1	170	Lee Skalski	3/20/2005
	Bench	56.7	125	Lee Skalski	3/20/2005
	Deadlift	113.4	250	Lee Skalski	3/20/2005
	TOTAL	242.7	535	Lee Skalski	3/20/2005
56kg/123.5lb	Squat	150	330.7	Antonio Silva	3/22/2009
	Bench	102.5	226	Antonio Silva	3/22/2009
	Deadlift	182.5	402.3	Antonio Silva	3/22/2009
	TOTAL	434.5	957.9	Antonio Silva	3/22/2009
60kg/132.2lb	Squat	188.2	415	Horace Guidry	3/25/1990
	Bench	136.1	300	John DelBonis	3/24/1996
	Deadlift	217.7	480	Horace Guidry	3/25/1990
	TOTAL	510.3	1125	Horace Guidry	3/25/1990
67.5kg/148lb	Squat	224.5	495.0	Bob Ducharme	3/26/1995
	Bench	145.2	320	Bob Masello	3/21/1991
	Deadlift	238.1	525.0	Bruce Elias	3/19/1989
	TOTAL	582.9	1285	Mike Little	3/26/1988
75kg/165.2lb	Squat	272.2	600	Adam Nulman	3/25/1990
	Bench	181.4	400	Bob Masello	3/21/1993
	Deadlift	272.2	600	Adam Nulman	3/25/1990
	TOTAL	680.4	1500	Adam Nulman	3/25/1990
82.5kg/181.7lb	Squat	288	635	Bob Ducharme	3/25/2001
	Bench	208.7	460	Bob Masello	3/29/1998
	Deadlift	285.8	630	Adam Nulman	3/21/1993
	TOTAL	750.7	1655	Adam Nulman	3/21/1993
90kg/198.2lb	Squat	310.7	685	Bob Ducharme	3/20/2005
	Bench	188.2	415	Sean McElroy	3/23/1991
	Deadlift	299.4	660	Adam Nulman	3/21/2004
	TOTAL	771.1	1700	Bob Ducharme	3/20/2005
100kg/220lb	Squat	328.9	725	Mike Bergeron	3/30/1996
	Bench	206.4	455	Robert Adams	3/29/1998
	Deadlift	319.8	705	Robert Adams	3/29/1998
	TOTAL	816.5	1800	Robert Adams	3/29/1998
110kg/242lb	Squat	326.6	720	Mark D'Iorio	3/25/2001
	Bench	197.3	435	Mike Tarro	3/25/2001
	Deadlift	362.9	800.0	Mark D'Iorio	3/20/1994
	TOTAL	861.8	1900	Mark D'Iorio	3/25/2001
125kg/275lb	Squat	369.7	815	Joe Reeves	3/26/1995
	Bench	235.9	520	Joe Reeves	3/22/1992
	Deadlift	351.5	775	Joe Reeves	3/30/2003
	TOTAL	884.5	1950	Joe Reeves	3/22/1992
140kg/308.5lb	Squat	365	804.7	Ted J. Isabella	6/26/2008

	Bench	238.1	525	Joe Reeves	3/17/2002
	Deadlift	344.7	760	Joe Reeves	3/17/2002
	TOTAL	945.7	2085	Joe Reeves	3/17/2002
140+kg/308+lb	Squat	383.3	845	Joe Reeves	3/14/1999
	Bench	242.7	535	Joe Reeves	3/14/1999
	Deadlift	342.5	755	Joe Reeves	3/14/1999
	TOTAL	968.4	2135	Joe Reeves	3/14/1999
SUBMASTER - MEN AGE 35-39					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	215	474	Tom Roselli	3/23/2008
	Bench	132.5	292.1	Tom Roselli	3/23/2008
	Deadlift	205	451.9	Tom Roselli	3/23/2008
	TOTAL	552.5	1218	Tom Roselli	3/23/2008
82.5kg/181.7lb	Squat	288	635	Bob Ducharme	3/25/2001
	Bench	172.4	380	Bob Ducharme	3/25/2001
	Deadlift	281.2	620	Adam Nulman	3/30/2003
	TOTAL	721.2	1590	Bob Ducharme	3/25/2001
90kg/198.2lb	Squat	308.4	680	Bob Ducharme	3/30/2003
	Bench	181.4	400	Bob Ducharme	3/17/2002
	Deadlift	272.2	600	Bob Ducharme	3/17/2002
	TOTAL	750.7	1655	Bob Ducharme	3/17/2002
100kg/220lb	Squat	272.2	600	Tim Brien	3/20/1994
	Bench	212.5	468.5	Tony Palma	3/23/2008
	Deadlift	274.4	605	Joe Acciardo	3/14/1999
	TOTAL	691.7	1525	Tim Brien	3/20/1994
110kg/242lb	Squat	288	635	Mike Tarro	3/17/2002
	Bench	197.3	435	Mike Tarro	3/25/2001
	Deadlift	326.6	720.0	Mark D'Iorio	3/25/2007
	TOTAL	755.2	1665	Mike Tarro	3/25/2001

125kg/275lb	Squat	362.9	800	Joe Reeves	3/19/2000
	Bench	235.9	520	Joe Reeves	3/19/2000
	Deadlift	340.2	750	Joe Reeves	3/19/2000
	TOTAL	938.9	2070	Joe Reeves	3/19/2000
140kg/308.5lb	Squat	362.9	800	Joe Reeves	3/17/2002
	Bench	238.1	525	Joe Reeves	3/17/2002
	Deadlift	344.7	760	Joe Reeves	3/17/2002
	TOTAL	945.7	2085	Joe Reeves	3/17/2002
140+kg/ SHW	Squat	340.2	750	Joe Reeves	3/29/1998
	Bench	226.8	500	Joe Reeves	3/29/1998
	Deadlift	328.9	725	Joe Reeves	3/29/1998
	TOTAL	895.9	1975	Joe Reeves	3/29/1998