USPF REGION 2 RAW RECORDS PUSH / PULL						
			MEN ~ OPE			
Weight	Lift	Kgs	Lbs	Name	Date	
52kg/114.5lb	Bench					
	Deadlift TOTAL					
	TOTAL					
56kg/123.5lb	Bench					
551.g/ 125.515	Deadlift					
	TOTAL					
60kg/132.2lb	Bench					
	Deadlift					
	TOTAL					
67.5kg/148lb	Bench					
07.3kg/140lb	Dendlift					
	TOTAL					
75kg/165.2lb	Bench					
	Deadlift					
	TOTAL					
82.5kg/181.7lb	Bench					
62.5Kg/161.7ID	Deadlift					
	TOTAL					
	. 0 . /					
90kg/198.2lb	Bench					
	Deadlift					
	TOTAL					
100kg/220lb	Bench					
100kg/220lb	Deadlift					
	TOTAL					
	TOTAL					
110kg/242lb	Bench					
	Deadlift					
	TOTAL					
4051 - /07511	Devel					
125kg/275lb	Bench Deadlift					
	TOTAL					
	TOTAL					
140kg/308.5lb	Bench					
Ü	Deadlift					
	TOTAL					
4.40 . 1 . /000 !!	D !	005.0	454.0	Land Of	40/0/0040	
140+kg/308+lb	Bench	205.0	451.9	Josh Starr	12/8/2013	
	Deadlift TOTAL	272.5 477.5	600.8 1052.7	Josh Starr Josh Starr	12/8/2013 12/8/2013	
	TOTAL		N ~ JUNIORS		12/0/2013	
Weight	Lift	Kgs	Lbs	Name	Date	
52kg/114.5lb	Bench					
	Deadlift					

	TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL	62.5 102.5 162.5	137.8 226.0 358.3	Trey Potts Trey Potts Trey Potts	10/12/2013 10/12/2013 10/12/2013
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				

	MEN ~ JUNIORS 20-23						
Weight	Lift	Kgs	Lbs	Name	Date		
52kg/114.5lb	Bench Deadlift TOTAL						
56kg/123.5lb	Bench Deadlift						

	TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL	137.5 170.0 307.5	302.0 374.8 677.9	Zachary Hall Zachary Hall Zachary Hall	12/8/2013 12/8/2013 12/8/2013
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL	J			
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				

67.5kg/148lb	Bench Deadlift TOTAL
75kg/165.2lb	Bench Deadlift TOTAL
82.5kg/181.7lb	Bench Deadlift TOTAL
90kg/198.2lb	Bench Deadlift TOTAL
100kg/220lb	Bench Deadlift TOTAL
110kg/242lb	Bench Deadlift TOTAL
125kg/275lb	Bench Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift TOTAL

		MEN ~ MASTE	11. 00 07	
Lift	Kgs	Lbs	Name	Date
Bench				
TOTAL				
Bench				
Deadlift				
TOTAL				
Ronch				
TOTAL				
Bench				
Deadlift				
TOTAL				
Bench				
	Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL	Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL	Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL	Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL Bench Deadlift TOTAL

	Deadlift TOTAL
82.5kg/181.7lb	Bench Deadlift TOTAL
90kg/198.2lb	Bench Deadlift TOTAL
100kg/220lb	Bench Deadlift TOTAL
110kg/242lb	Bench Deadlift TOTAL
125kg/275lb	Bench Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift TOTAL

MEN ~ MASTER 55-59						
Weight	Lift	Kgs	Lbs	Name	Date	
52kg/114.5lb	Bench Deadlift TOTAL					
56kg/123.5lb	Bench Deadlift TOTAL					
60kg/132.2lb	Bench Deadlift TOTAL					
67.5kg/148lb	Bench Deadlift TOTAL					
75kg/165.2lb	Bench Deadlift TOTAL					
82.5kg/181.7lb	Bench Deadlift					

	TOTAL
90kg/198.2lb	Bench Deadlift TOTAL
100kg/220lb	Bench Deadlift TOTAL
110kg/242lb	Bench Deadlift TOTAL
125kg/275lb	Bench Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift TOTAL

		N	MEN ~ MASTE	ER 60-64	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench				
	Deadlift TOTAL				
	101712				
56kg/123.5lb	Bench				
	Deadlift TOTAL				
	TOTAL				
60kg/132.2lb	Bench				
	Deadlift TOTAL				
	TOTAL				
67.5kg/148lb	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Bench				
	Deadlift				
	TOTAL				

100kg/220lb	Bench Deadlift TOTAL
110kg/242lb	Bench Deadlift TOTAL
125kg/275lb	Bench Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift TOTAL

		M	EN ~ MASTE		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench				
	Deadlift TOTAL				
56kg/123.5lb	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Bench				
Ü	Deadlift				
	TOTAL				
75kg/165.2lb	Bench				
. ong, 100. <u>–</u>	Deadlift				
	TOTAL				
82.5kg/181.7lb	Bench				
02.5kg/101.7lb	Deadlift				
	TOTAL				
001/400 011-	Danah				
90kg/198.2lb	Bench Deadlift				
	TOTAL				
100kg/220lb	Bench				
	Deadlift TOTAL				
	IOIAL				

110kg/242lb	Bench Deadlift TOTAL
125kg/275lb	Bench Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift TOTAL

			MEN ~ MASTE		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Bench				
00kg/120.0ib	Deadlift				
	TOTAL				
60kg/132.2lb	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Bench				
07.5kg/146lb	Deadlift				
	TOTAL				
75kg/165.2lb	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Bench				
02.3kg/101.7lb	Deadlift				
	TOTAL				
90kg/198.2lb	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Bench				
100kg/220lb	Deadlift				
	TOTAL				
	_				
110kg/242lb	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Bench				
123KY/2131D	Delicii				

	Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift TOTAL

			MEN ~ MASTE		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Bench				
	Deadlift				
	TOTAL				
001 - /400 011	Desert				
60kg/132.2lb	Bench				
	Deadlift				
	TOTAL				
07.51/4.4011-	Danah				
67.5kg/148lb	Bench				
	Deadlift				
	TOTAL				
751, a/105 01b	Danah				
75kg/165.2lb	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Bench				
02.3kg/101.7lb	Deadlift				
	TOTAL				
	TOTAL				
90kg/198.2lb	Bench				
50kg/150.2lb	Deadlift				
	TOTAL				
	TOTAL				
100kg/220lb	Bench				
100Kg/22015	Deadlift				
	TOTAL				
	101712				
110kg/242lb	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Bench				
- 9	Deadlift				
	TOTAL				
	-				
140kg/308.5lb	Bench				
5	Deadlift				

TOTAL

140+kg/308+lb

Bench Deadlift TOTAL

OTAL			
	MEN ~ MASTER	80 +	

			MEN ~ MAST		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				