Squat		REGION 7	RAW MASTER	R - MEN	40-44	
Bench Deadlift TOTAL	Weight		Kgs	Lbs	Name	Date
Deadlift TOTAL Squat Bench Deadlift TOTAL Skg/132.2lb Squat Bench Deadlift TOTAL Skg/148lb Squat Bench Deadlift TOTAL Skg/165.2lb Squat Bench Deadlift TOTAL Skg/165.2lb Squat Bench 112.5 248.0 Richard Chavez 3/24/2012	52Kg/114.5ID					
kg/123.5lb						
Bench Deadlift TOTAL		TOTAL				
Deadlift TOTAL	66kg/123.5lb	Squat				
TOTAL Reg/132.2lb Squat Bench Deadlift TOTAL						
kg/132.2lb						
Bench Deadlift TOTAL		TOTAL				
Deadlift TOTAL	0kg/132.2lb					
TOTAL .5kg/148lb						
Bench Deadlift TOTAL						
Bench Deadlift TOTAL	7.5kg/148lb	Squat				
TOTAL	· ·	Bench				
kg/165.2lb						
Bench 112.5 248.0 Richard Chavez 3/24/2012 204.6 Richard Chavez 3/24/2012 205.0 650.4 Richard Chavez 3/24/2012 205.0 650.4 Richard Chavez 3/24/2012 205.0 650.4 Richard Chavez 3/24/2012 205.0 205.4 Richard Chavez 3/24/2012 205.4 Richard Chavez 3/24/2014 205.4 Richard Chavez 3/24/2012 205.4 Richard Chavez 3/24/20						
Deadlift	5kg/165.2lb	•				
TOTAL 295.0 650.4 Richard Chavez 3/24/2012 .5kg/181.7lb Squat Bench Deadlift TOTAL kg/198.2lb Squat 245.0 540.1 Jonathan Marshall 4/5/2014 Bench 165.0 363.8 Jonathan Marshall 4/5/2014 TOTAL 655.0 1440.0 Jonathan Marshall 4/5/2014 Okg/220lb Squat Bench Deadlift TOTAL Okg/242lb Squat Bench Deadlift TOTAL 5kg/275lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL						
Bench Deadlift TOTAL						
Bench Deadlift TOTAL	5ka/181 7lh	Squat				
TOTAL kg/198.2lb	.okg/101.71b					
kg/198.2lb Squat 245.0 540.1 Jonathan Marshall 4/5/2014 Bench 165.0 363.8 Jonathan Marshall 4/5/2014 TOTAL 655.0 1440.0 Jonathan Marshall 4/5/2014 0kg/220lb Squat Bench Deadlift TOTAL Okg/242lb Squat Bench Deadlift TOTAL Skg/275lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL						
Bench 165.0 363.8 Jonathan Marshall 4/5/2014 Deadlift 245.0 540.1 Jonathan Marshall 4/5/2014 TOTAL 655.0 1440.0 Jonathan Marshall 4/5/2014 Okg/220lb Squat Bench Deadlift TOTAL Okg/242lb Squat Bench Deadlift TOTAL Skg/275lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL		TOTAL				
Deadlift TOTAL 655.0 540.1 Jonathan Marshall 4/5/2014 TOTAL 655.0 1440.0 Jonathan Marshall 4/5/2014 Dkg/220lb Squat Bench Deadlift TOTAL Dkg/242lb Squat Bench Deadlift TOTAL Skg/275lb Squat Bench Deadlift TOTAL Dkg/308.5lb Squat Bench Deadlift TOTAL	g/198.2lb					4/5/2014
TOTAL 655.0 1440.0 Jonathan Marshall 4/5/2014 Okg/220lb Squat Bench Deadlift TOTAL Okg/242lb Squat Bench Deadlift TOTAL Skg/275lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL						
Okg/220lb Squat Bench Deadlift TOTAL Okg/242lb Squat Bench Deadlift TOTAL Skg/275lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL						
Bench Deadlift TOTAL kg/242lb Squat Bench Deadlift TOTAL kg/275lb Squat Bench Deadlift TOTAL kg/308.5lb Squat Bench Deadlift TOTAL kg/308.5lb Squat Bench Deadlift TOTAL			000.0	1110.0	onaman waronan	1/0/2011
Deadlift TOTAL Skg/242lb Squat Bench Deadlift TOTAL Skg/275lb Squat Bench Deadlift TOTAL Skg/308.5lb Squat Bench Deadlift TOTAL Skg/308.5lb Squat Bench Deadlift TOTAL Skg/308.5lb Squat Bench Deadlift TOTAL	kg/220lb	•				
TOTAL Okg/242lb Squat Bench Deadlift TOTAL Skg/275lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL O+kg/ SHW Squat Bench						
Bench Deadlift TOTAL 5kg/275lb Squat Bench Deadlift TOTAL 0kg/308.5lb Squat Bench Deadlift TOTAL 0+kg/ SHW Squat Bench						
Bench Deadlift TOTAL 5kg/275lb Squat Bench Deadlift TOTAL 0kg/308.5lb Squat Bench Deadlift TOTAL 0+kg/ SHW Squat Bench	0kg/242lb	Squat				
TOTAL 5kg/275lb Squat Bench Deadlift TOTAL 0kg/308.5lb Squat Bench Deadlift TOTAL 0+kg/ SHW Squat Bench	J	Bench				
Skg/275lb Squat Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL O+kg/ SHW Squat Bench						
Bench Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL O+kg/ SHW Squat Bench	/					
Deadlift TOTAL Okg/308.5lb Squat Bench Deadlift TOTAL O+kg/ SHW Squat Bench	skg/275lb					
0kg/308.5lb Squat Bench Deadlift TOTAL 0+kg/ SHW Squat Bench						
Bench Deadlift TOTAL 0+kg/ SHW Squat Bench						
Deadlift TOTAL D+kg/ SHW Squat Bench	0kg/308.5lb					
TOTAL 0+kg/ SHW Squat Bench						
0+kg/ SHW Squat Bench						
Bench						
)+kg/ SHW					
		Deadlift				
TOTAL		TOTAL				

USPF	REGION 7	RAW MASTER	R - MEN	45-49	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL	162.5 105.0 192.5 460.0	358.3 231.5 424.4 1014.1	Jon Graham Jon Graham Jon Graham Jon Graham	10/30/2016 10/30/2016 10/30/2016 10/30/2016
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL	230.0 167.5 267.5 665.0	507.1 369.3 589.7 1466.1	Edward Yarbrough Edward Yarbrough Edward Yarbrough Edward Yarbrough	5/3/2015 5/3/2015 5/3/2015 5/3/2015
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				

USPF	REGION 7	RAW MASTE	ER - MEN	50-54	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				

USPF	REGION 7 RAV	V MASTER	- MEN	55-59	
Weight	Lift		Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	117.5 115.0 165.0 397.5	259.0 253.5 363.8 876.3	Richard Bieg Richard Bieg Richard Bieg Richard Bieg	3/24/2012 3/24/2012 3/24/2012 3/24/2012
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				

USPF	F REGION 7 F	RAW MASTE	R - MEN	60-64	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				

USPF	REGION 7	RAW MASTI	ER - MEN	65-69	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				

USPF	REGION 7	RAW MASTE	R - MEN	70-74	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	130.0 50.0 145.0 325.0	286.6 110.2 319.7 716.5	Peter Jezyk Peter Jezyk Peter Jezyk Peter Jezyk	5/4/2013 5/4/2013 5/4/2013 5/4/2013
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL	87.5 100.0 145.0 332.5	192.9 220.5 319.7 733.0	Gene Lawrence Gene Lawrence Gene Lawrence Gene Lawrence	3/24/2012 3/24/2012 3/24/2012 3/24/2012
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				

USPF	REGION 7 RA	AW MASTE	R - MEN	75-79	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
g/123.5lb	Squat				
-	Bench				
	Deadlift				
	TOTAL				
/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
g/148lb	Squat				
tg/ 1-tolb	Bench				
	Deadlift				
	TOTAL				
165 OL	Cauct				
165.2lb	Squat Bench				
	Deadlift				
	TOTAL				
	TOTAL				
/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
98.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
/220lb	Cauct				
220lb	Squat Bench				
	Deadlift TOTAL				
	TOTAL				
242lb	Squat	95.0	209.4	Gene Lawrence	5/3/201
	Bench	95.0	209.4	Gene Lawrence	5/3/201
	Deadlift	150.0	330.7	Gene Lawrence	5/3/201
	TOTAL	340.0	749.6	Gene Lawrence	5/3/201
275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
/ SHW	Squat				
J	Bench				
	Deadlift				
	TOTAL				

USF	PF REGION 7	7 RAW MAS	STER - MEN	80+	
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				