

**USPF REGION 7 RAW    SINGLE LIFT  
BENCH PRESS  
MEN - OPEN**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb	152.5	336.2	Dustin Frazier	05/02/15
90kg/198.2lb				
100kg/220.2lb	105.0	231.5	Ed Johnson	03/24/12
110kg/242.5lb	162.5	358.3	Edward Yarbrough	04/05/14
125kg/275.5lb	112.5	248.0	Gene Lawrence	05/04/13
140kg/308.5lb	160.0	352.7	Sean Sette	03/24/12

(SHW)

**USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - JUNIORS (13 - 15)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

**USPF REGION 7 RAW    SINGLE LIFT  
BENCH PRESS  
MEN - JUNIORS (16 - 17)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb	92.5	203.9	Evan Pittman	05/02/15
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	130.0	286.6	Francisco Uriarte	04/05/14
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 RAW    SINGLE LIFT  
BENCH PRESS  
MEN - JUNIORS (18 - 19)**

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

**USPF REGION 7 RAW    SINGLE LIFT  
BENCH PRESS  
MEN - JUNIORS (20 - 23)**

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - Submaster (35-39)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb	182.5	402.3	Ahmed Shufik	03/24/12
90kg/198.2lb	190.0	418.9	Ahmed Shufik	05/04/13
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - Masters (40-44)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	150.0	330.7	Eddie Del Rio	04/05/14
125kg/275.5lb				
140kg/308.5lb	160.0	352.7	Sean Sette	03/24/12

(SHW)

USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - Masters (45-49)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	162.5	358.3	Edward Yarbrough	04/05/14
125kg/275.5lb				
140kg/308.5lb				

(SHW)



**USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - Masters (50-54)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

**USPF REGION 7 RAW    SINGLE LIFT  
BENCH PRESS  
MEN - Masters (55-59)**

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - Masters (60-64)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb	97.5	215.0	Alvin J. Haase	05/04/13
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb	105.0	231.5	Ed Johnson	03/24/12
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				

(SHW)

**USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - Masters (65-69)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - Masters (70-74)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	100.0	220.5	Gene Lawrence	03/24/12
125kg/275.5lb	112.5	248.0	Gene Lawrence	05/04/13
140kg/308.5lb				

(SHW)

**USPF REGION 7 RAW    SINGLE LIFT  
BENCH PRESS  
MEN - Masters (75-79)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb	117.5	259.0	Chuck Gourley	03/24/12
110kg/242.5lb	95.0	209.4	Gene Lawrence	05/03/15
125kg/275.5lb				
140kg/308.5lb				

(SHW)

**USPF REGION 7 RAW SINGLE LIFT  
BENCH PRESS  
MEN - Masters (80+ Over)**

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)