

USPF REGION 7 RAW OPEN - WOMEN					
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	77.5	170.9	Jennifer Pusey	10/30/16
	Bench	47.5	104.7	Jennifer Pusey	10/30/16
	Deadlift	112.5	248.0	Jennifer Pusey	10/30/16
	TOTAL	237.5	523.6	Jennifer Pusey	10/30/16
67.5kg/148.7lb	Squat	112.5	248.0	Jennifer Ravago	10/30/16
	Bench	65.0	143.3	Jennifer Ravago	10/30/16
	Deadlift	130.0	286.6	Jennifer Ravago	10/30/16
	TOTAL	307.5	677.9	Jennifer Ravago	10/30/16
75kg/165.2lb	Squat	160.0	352.7	Victoria Yarbrough	5/3/2015
	Bench	112.5	248.0	Victoria Yarbrough	5/3/2015
	Deadlift	175.0	385.8	Victoria Yarbrough	5/3/2015
	TOTAL	447.5	986.6	Victoria Yarbrough	5/3/2015
82.5kg/181.7lb	Squat	150.0	330.7	Kristina Thoman	5/3/2015
	Bench	95.0	209.4	Kristina Thoman	5/3/2015
	Deadlift	152.5	336.2	Kristina Thoman	5/3/2015
	TOTAL	397.5	876.3	Kristina Thoman	5/3/2015
90kg/198.2lb	Squat	192.5	424.4	Jessica VanAsselberg	10/30/2016
	Bench	110.0	242.5	Jessica VanAsselberg	10/30/2016
	Deadlift	200.0	440.9	Jessica VanAsselberg	10/30/2016
	TOTAL	502.5	1107.8	Jessica VanAsselberg	10/30/2016
90+kg/UNL	Squat	112.5	248.0	Rachel Pena	10/30/2016
	Bench	55.0	121.3	Rachel Pena	10/30/2016
	Deadlift	137.5	303.1	Rachel Pena	10/30/2016
	TOTAL	305.0	672.4	Rachel Pena	10/30/2016

USPF REGION 7 RAW SUBMASTER - WOMEN 35-39

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat	77.5	170.9	Magdalena Moreno	10/30/2016
	Bench	42.5	93.7	Magdalena Moreno	10/30/2016
	Deadlift	110.0	242.5	Magdalena Moreno	10/30/2016
	TOTAL	230.0	507.1	Magdalena Moreno	10/30/2016
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	62.5	137.8	Andrea Robinson	5/3/2015
	Bench	35.0	77.2	Andrea Robinson	5/3/2015
	Deadlift	77.5	170.9	Andrea Robinson	5/3/2015
	TOTAL	175.0	385.8	Andrea Robinson	5/3/2015
67.5kg/148.7lb	Squat	100.0	200.5	Lisa Fuentes	10/30/2016
	Bench	60.0	132.3	Lisa Fuentes	10/30/2016
	Deadlift	132.5	292.1	Lisa Fuentes	10/30/2016
	TOTAL	290.0	639.3	Lisa Fuentes	10/30/2016
75kg/165.2lb	Squat	112.5	248.0	Adrienne Stimson	5/3/2015
	Bench	50.0	110.2	Adrienne Stimson	5/3/2015
	Deadlift	145.0	319.7	Adrienne Stimson	5/3/2015
	TOTAL	307.5	677.9	Adrienne Stimson	5/3/2015
82.5kg/181.7lb	Squat	150.0	330.7	Kristina Thoman	5/3/2015
	Bench	95.0	209.4	Kristina Thoman	5/3/2015
	Deadlift	152.5	336.2	Kristina Thoman	5/3/2015
	TOTAL	397.5	876.3	Kristina Thoman	5/3/2015
90kg/198.2lb	Squat	150.0	330.7	Kristina Thoman	4/5/2014
	Bench	90.0	198.4	Kristina Thoman	4/5/2014
	Deadlift	152.5	336.2	Kristina Thoman	4/5/2014
	TOTAL	392.5	865.3	Kristina Thoman	4/5/2014
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				