

**SUPERIOR WORLD POWERLIFTING RAW KS D-3 FULL POWER
WOMEN PRETEEN - 11-12**

Weight	Lift	Kgs	Lbs	Name	Date
82.5kg/UNL	Squat	105.0		Kennedi Phillips	7/15/2023
	Bench	42.5		Colleen Williams	7/15/2023
	Deadlift	117.5		Kennedi Phillips	7/15/2023
	TOTAL	257.5		Kennedi Phillips	7/15/2023

WOMEN TEEN - 13-15

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat	37.5		Emily Hanna-Speir	6/11/2022
	Bench	30.0		Emily Hanna-Speir	6/11/2022
	Deadlift	55.0		Emily Hanna-Speir	6/11/2022
	TOTAL	122.5		Emily Hanna-Speir	6/11/2022
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				

SWP RAW KS D-3 TEEN - WOMEN 16-17

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	50.0		Leslie Martinez	6/11/2022
	Bench	32.5		Leslie Martinez	6/11/2022
	Deadlift	87.5		Leslie Martinez	6/11/2022
	TOTAL	170.0		Leslie Martinez	6/11/2022
82.5kg/181.7lb	Squat	50.0		Alicia Soliz	6/11/2022
	Bench	32.5		Alicia Soliz	6/11/2022
	Deadlift	87.5		Alicia Soliz	6/11/2022
	TOTAL	170.0		Alicia Soliz	6/11/2022
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				

SWP RAW KS D-3 TEEN - WOMEN 18-19

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148.7lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
90+kg/UNL	Squat Bench Deadlift TOTAL				

SWP RAW KS D-3 JUNIOR - WOMEN 20-23

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				