SUP				TING RAW KS D-3	FULL POWER
		WON	IEN	TEEN - 13-15	
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148.7lb	Squat Bench Deadlift TOTAL	37.5 30.0 55.0 122.5		Emily Hanna-Speir Emily Hanna-Speir Emily Hanna-Speir Emily Hanna-Speir	6/11/2022 6/11/2022 6/11/2022 6/11/2022
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
90+kg/UNL	Squat Bench Deadlift				

TOTAL

S	SWP RAW K	S D-3 TE	EN - W	OMEN 16-17	
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148.7lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL	50.0 32.5 87.5 170.0		Leslie Martinez Leslie Martinez Leslie Martinez Leslie Martinez	6/11/2022 6/11/2022 6/11/2022 6/11/2022
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	50.0 32.5 87.5 170.0		Alicia Soliz Alicia Soliz Alicia Soliz Alicia Soliz	6/11/2022 6/11/2022 6/11/2022 6/11/2022
90kg/198.2lb	Squat Bench Deadlift TOTAL				
90+kg/UNL	Squat Bench Deadlift TOTAL				

		S D-3 TE			18-19	
Weight 44kg/97lb	Lift Squat	Kgs	Lbs	Name		Date
44Kg/3715	Bench					
	Deadlift					
	TOTAL					
48kg/105.7lb	Squat					
C C	Bench					
	Deadlift					
	TOTAL					
52kg/114.5lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
56kg/123.5lb	Squat					
	Bench					
	Deadlift TOTAL					
	TUTAL					
60kg/132.2lb	Squat					
	Bench					
	Deadlift TOTAL					
	TOTAL					
67.5kg/148.7lb						
	Bench					
	Deadlift TOTAL					
	TOTAL					
75kg/165.2lb	Squat					
	Bench					
	Deadlift TOTAL					
	TOTAL					
82.5kg/181.7lb						
	Bench					
	Deadlift TOTAL					
	TOTAL					
90kg/198.2lb	Squat					
	Bench					
	Deadlift TOTAL					
	101/L					
90+kg/UNL	Squat					
	Bench Deadlift					
	TOTAL					
	101/L					

	WP RAW KS	SD-3 JU	NIOR -	WOMEN	20-23	
Weight	Lift	Kgs	Lbs	Name		Date
44kg/97lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
	<b>a</b> <i>i</i>					
48kg/105.7lb	Squat					
	Bench					
	Deadlift TOTAL					
	TOTAL					
52kg/114.5lb	Squat					
021(g/114.010	Bench					
	Deadlift					
	TOTAL					
56kg/123.5lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
60ka/122 21h	Squat					
60kg/132.2lb	Squat Bench					
	Deadlift					
	TOTAL					
	TOTAL					
67.5kg/148.7lb	Squat					
J J	Bench					
	Deadlift					
	TOTAL					
75kg/165.2lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
82.5kg/181.7lb	Squat					
02.5Kg/101.7D	Bench					
	Deadlift					
	TOTAL					
	101/12					
90kg/198.2lb	Squat					
0	Bench					
	Deadlift					
	TOTAL					
90+kg/UNL	Squat					
	Bench					
	Deadlift					
	TOTAL					