

**SUPERIOR WORLD POWERLIFTING RAW KW D4 FULL POW
WOMEN TEEN - 13-15**

Weight	Lift	Kgs	Name	Date
44kg/97lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
48kg/105.7lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
52kg/114.5lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
56kg/123.5lb	Squat	92.5	Elektra Coughran	7/15/2023
	Bench	42.5	Elektra Coughran	7/15/2023
	Deadlift	107.5	Elektra Coughran	7/15/2023
	TOTAL	242.5	Elektra Coughran	7/15/2023
60kg/132.2lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
67.5kg/148.7lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
75kg/165.2lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
82.5kg/181.7lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
90kg/198.2lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
90+kg/UNL	Squat			
	Bench			
	Deadlift			

TOTAL

SWP RAW KW D4 TEEN - WOMEN 16-17

Weight	Lift	Kgs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL			
48kg/105.7lb	Squat Bench Deadlift TOTAL			
52kg/114.5lb	Squat Bench Deadlift TOTAL			
56kg/123.5lb	Squat Bench Deadlift TOTAL			
60kg/132.2lb	Squat Bench Deadlift TOTAL			
67.5kg/148.7lb	Squat Bench Deadlift TOTAL			
75kg/165.2lb	Squat Bench Deadlift TOTAL			
82.5kg/181.7lb	Squat Bench Deadlift TOTAL			
90kg/198.2lb	Squat Bench Deadlift TOTAL			
90+kg/UNL	Squat Bench Deadlift TOTAL			

SWP RAW KW D4 TEEN - WOMEN 18-19

Weight	Lift	Kgs	Name	Date
44kg/97lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
48kg/105.7lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
52kg/114.5lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
56kg/123.5lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
60kg/132.2lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
67.5kg/148.7lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
75kg/165.2lb	Squat	115.0	Mackenzie Bates	7/15/2023
	Bench	65.0	Mackenzie Bates	7/15/2023
	Deadlift	115.0	Mackenzie Bates	7/15/2023
	TOTAL	295.0	Mackenzie Bates	7/15/2023
82.5kg/181.7lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
90kg/198.2lb	Squat			
	Bench			
	Deadlift			
	TOTAL			
90+kg/UNL	Squat			
	Bench			
	Deadlift			
	TOTAL			

SWP RAW KW D4 JUNIOR - WOMEN 20-23

Weight	Lift	Kgs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL			
48kg/105.7lb	Squat Bench Deadlift TOTAL			
52kg/114.5lb	Squat Bench Deadlift TOTAL			
56kg/123.5lb	Squat Bench Deadlift TOTAL			
60kg/132.2lb	Squat Bench Deadlift TOTAL			
67.5kg/148.7lb	Squat Bench Deadlift TOTAL			
75kg/165.2lb	Squat Bench Deadlift TOTAL			
82.5kg/181.7lb	Squat Bench Deadlift TOTAL			
90kg/198.2lb	Squat Bench Deadlift TOTAL			
90+kg/UNL	Squat Bench Deadlift TOTAL			