

**USPF TEXAS STATE RECORDS - FIREFIGHTERS
DIVISION 1 (SINGLE PLY) RECORDS
OPEN - MEN**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL		435.0 286.0 501.0 1223.0	M Duhon M Duhon M Duhon M Duhon	2000 2000 2000 2000
75kg/165.2lb	Squat Bench Deadlift TOTAL		500.0 341.7 535.0 1345.0	T Riffe A Ellis T Riffe T Riffe	1999 2002 1998 1999
82.5kg/181.7lb	Squat Bench Deadlift TOTAL		523.5 360.0 573.0 1424.0	T Riffe C Crowell T Riffe T Riffe	2001 2001 2001
90kg/198.2lb	Squat Bench Deadlift TOTAL		625.0 405.0 575.0 1570.0	M Cade R Brewer M Cade M Cade	 2000 1997 1997
100kg/220lb	Squat Bench Deadlift TOTAL		610.0 418.0 650.3 1600.0	F Jones Emilio M Gibson M Gibson	 2002
110kg/242lb	Squat Bench Deadlift TOTAL		705.4 525.0 645.0 1715.0	E Rech D Cavins V Williamson E Rech	 2000
125kg/275lb	Squat Bench Deadlift TOTAL		780.0 470.0 660.0 1910.0	B Kamman B Kamman B Kamman B Kamman	
140kg/308.5lb	Squat				

Bench
Deadlift
TOTAL

140+kg/308+lb	Squat	628.3	M Allen
	Bench	452.0	M Allen
	Deadlift	650.0	M Allen
	TOTAL	1730.0	M Allen

SUBMASTERS - MEN 35-39

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat	435.0	M Duhon		2000
	Bench	286.0	M Duhon		2000
	Deadlift	501.0	M Duhon		2000
	TOTAL	1223.0	M Duhon		2000
75kg/165.2lb	Squat	352.5	K Carmona		2002
	Bench	143.2	K Carmona		2002
	Deadlift	391.2	K Carmona		2002
	TOTAL	887.2	K Carmona		2002
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat	441.0	J.C. Roy		2002
	Bench	319.0	J.C. Roy		2002
	Deadlift	507.0	J.C. Roy		2002
	TOTAL	1267.0	J.C. Roy		2002

125kg/275lb Squat
Bench
Deadlift
TOTAL

140kg/308.5lb Squat
Bench
Deadlift
TOTAL

140+kg/ SHW Squat
Bench
Deadlift
TOTAL

MASTERS - MEN 40-49

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL		380.0 255.0 410.0 1040.0	P Hamilton F Ritchie P Hamilton P Hamilton	1999
82.5kg/181.7lb	Squat Bench Deadlift TOTAL		450.0 280.0 429.9 1133.0	P Ivie P Ivie P Ivie P Ivie	
90kg/198.2lb	Squat Bench Deadlift TOTAL		556.5 375.0 518.0 1438.5	H Creech J Byers H Creech H Creech	2000 2000 2000 2000
100kg/220lb	Squat Bench Deadlift TOTAL		435.0 352.7 534.0 1306.0	C Domel Dwayne Dwayne Dwayne	1998 2002 2002 2002

110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat	556.5	J Putnam	2000	
	Bench	402.2	J Putnam	2000	
	Deadlift	556.5	J Putnam	2000	
	TOTAL	1515.5	J Putnam	2000	
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat	425.0	J Adams	1997	
	Bench	264.5	Robert	2001	
	Deadlift	550.0	J Adams	1997	
	TOTAL	1375.0	J Adams	1997	

MASTER - MEN 50-59

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				

TOTAL

100kg/220lb	Squat	325.0	S Ribble	2001
	Bench	325.0	S Ribble	2001
	Deadlift	363.5	S Ribble	2001
	TOTAL	1013.5	S Ribble	2001

110kg/242lb	Squat	352.0	S Ribble	2002
	Bench	341.0	S Ribble	2002
	Deadlift	369.0	S Ribble	2002
	TOTAL	1063.0	S Ribble	2002

125kg/275lb	Squat			
	Bench			
	Deadlift			
	TOTAL			

140kg/308.5lb	Squat			
	Bench			
	Deadlift			
	TOTAL			

140+kg/ SHW	Squat			
	Bench			
	Deadlift			
	TOTAL			

MASTER - MEN 60-69

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				

	Deadlift TOTAL
90kg/198.2lb	Squat Bench Deadlift TOTAL
100kg/220lb	Squat Bench Deadlift TOTAL
110kg/242lb	Squat Bench Deadlift TOTAL
125kg/275lb	Squat Bench Deadlift TOTAL
140kg/308.5lb	Squat Bench Deadlift TOTAL
140+kg/ SHW	Squat Bench Deadlift TOTAL

MASTERS - MEN 70-79

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat				

	Bench Deadlift TOTAL
82.5kg/181.7lb	Squat Bench Deadlift TOTAL
90kg/198.2lb	Squat Bench Deadlift TOTAL
100kg/220lb	Squat Bench Deadlift TOTAL
110kg/242lb	Squat Bench Deadlift TOTAL
125kg/275lb	Squat Bench Deadlift TOTAL
140kg/308.5lb	Squat Bench Deadlift TOTAL
140+kg/ SHW	Squat Bench Deadlift TOTAL

MASTERS - MEN 80+

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				

