

**USPF TEXAS STATE RECORDS - FIREFIGHTERS  
DIVISION 1 (SINGLE PLY) RECORDS  
SINGLE LIFT BENCH PRESS  
MEN - OPEN**

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb		407.5	H Cavenough	2001
100kg/220.2lb		485.0	B Preshong	2003
110kg/242.5lb		460.0	D Cavins	1998
125kg/275.5lb		363.0	C Willis	2002
140kg/308.5lb				
(SHW)				

**MEN - Submaster (35-39)**

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**MEN - Masters (40-49)**

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb		340.0	J Hisey	1998
100kg/220.2lb		410.0	D Wallace	2000
110kg/242.5lb		365.0	J Turnage	1998
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

**MEN - Masters (50-59)**

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb		396.0	Hurley	2007
90kg/198.2lb		280.0	P Ivie	1998

100kg/220.2lb				
110kg/242.5lb		264.5	Michael	2001
125kg/275.5lb				
140kg/308.5lb				
(SHW)		305.0	D Nunn	1999

#### MEN - Masters (60-69)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

#### MEN - Masters (70-79)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

#### MEN - Masters (80+ Over)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				