

**USPF TEXAS STATE RECORDS - POLICE
DIVISION 1 (SINGLE PLY) RECORDS
OPEN - MEN**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat		540.0	P Burch	2000
	Bench		363.7	P Burch	2000
	Deadlift		573.0	P Burch	2000
	TOTAL		1477.0	P Burch	2000
100kg/220lb	Squat		611.7	J Guerra	2002
	Bench		446.3	J Guerra	2002
	Deadlift		611.7	T Derry	2000
	TOTAL		1625.7	T Derry	2000
110kg/242lb	Squat		633.0	S Beasley	2003
	Bench		446.2	Brian	2000
	Deadlift		601.0	M Christian	2001
	TOTAL		1609.2	M Christian	2001
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat		733.0	B Gresham	2001

Bench	429.0	R Garza	2003
Deadlift	623.0	B Gresham	2001
TOTAL	1742.0	B Gresham	2001

140+kg/308+lb Squat
Bench
Deadlift
TOTAL

SUBMASTERS - MEN 35-39

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat	578.5		M Christian	2001
	Bench	429.7		M Christian	2001
	Deadlift	601.0		M Christian	2001
	TOTAL	1609.2		M Christian	2001

125kg/275lb Squat
Bench
Deadlift
TOTAL

140kg/308.5lb Squat
Bench
Deadlift
TOTAL

140+kg/ SHW Squat
Bench
Deadlift
TOTAL

MASTERS - MEN 40-49

Weight Lift Kgs Lbs Name Date

52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

100kg/220lb Squat
Bench
Deadlift
TOTAL

110kg/242lb Squat
Bench
Deadlift
TOTAL

125kg/275lb Squat
Bench
Deadlift
TOTAL

140kg/308.5lb	Squat	733.0	B Gresham	2001
	Bench	424.0	B Gresham	2001
	Deadlift	623.0	B Gresham	2001
	TOTAL	1742.0	B Gresham	2001

140+kg/ SHW Squat
Bench
Deadlift
TOTAL

MASTER - MEN 50-59

Weight	Lift	Kgs	Lbs	Name	Date
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52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift

TOTAL

100kg/220lb Squat
Bench
Deadlift
TOTAL

110kg/242lb Squat
Bench
Deadlift
TOTAL

125kg/275lb Squat
Bench
Deadlift
TOTAL

140kg/308.5lb Squat
Bench
Deadlift
TOTAL

140+kg/ SHW Squat
Bench
Deadlift
TOTAL

MASTER - MEN 60-69

Weight Lift Kgs Lbs Name Date

52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench

Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

100kg/220lb Squat
Bench
Deadlift
TOTAL

110kg/242lb Squat
Bench
Deadlift
TOTAL

125kg/275lb Squat
Bench
Deadlift
TOTAL

140kg/308.5lb Squat
Bench
Deadlift
TOTAL

140+kg/ SHW Squat
Bench
Deadlift
TOTAL

MASTERS - MEN 70-79

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat				

Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

100kg/220lb Squat
Bench
Deadlift
TOTAL

110kg/242lb Squat
Bench
Deadlift
TOTAL

125kg/275lb Squat
Bench
Deadlift
TOTAL

140kg/308.5lb Squat
Bench
Deadlift
TOTAL

140+kg/ SHW Squat
Bench
Deadlift
TOTAL

MASTERS - MEN 80+

Weight Lift **Kgs** Lbs Name Date

52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

100kg/220lb Squat
Bench
Deadlift
TOTAL

110kg/242lb Squat
Bench
Deadlift
TOTAL

125kg/275lb Squat
Bench
Deadlift
TOTAL

140kg/308.5lb Squat
Bench
Deadlift
TOTAL

140+kg/ SHW Squat
Bench
Deadlift
TOTAL