

**USPF TEXAS STATE RECORDS - POLICE
DIVISION 1 (SINGLE PLY) RECORDS
SINGLE LIFT BENCH PRESS
MEN - OPEN**

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb		275.0	D Renn	2004
75kg/165.2lb		336.0	K Cook	2002
82.5kg/181.7lb		418.7	D Shattuck	2000
90kg/198.2lb		402.0	J Whitney	2002
100kg/220.2lb		534.5	J Guerra	2004
110kg/242.5lb				
125kg/275.5lb		468.2	S Lambaria	2004
140kg/308.5lb		529.0	A Hernandez	2004
(SHW)				

MEN - Submaster (35-39)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

MEN - Masters (40-44)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

MEN - Masters (45-49)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

MEN - Masters (50-54)

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

MEN - Masters (55-59)

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

MEN - Masters (60-64)

Weight Class	Kgs	Lbs	Name	Date
--------------	-----	-----	------	------

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

MEN - Masters (65-69)

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb
90kg/198.2lb
100kg/220.2lb
110kg/242.5lb

125kg/275.5lb
140kg/308.5lb
(SHW)

MEN - Masters (70-74)

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb
56kg/123.5lb
60kg/132.2lb
67.5kg/148.7lb
75kg/165.2lb
82.5kg/181.7lb
90kg/198.2lb

100kg/220.2lb
110kg/242.5lb
125kg/275.5lb
140kg/308.5lb
(SHW)

MEN - Masters (75-79)

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb
56kg/123.5lb
60kg/132.2lb
67.5kg/148.7lb
75kg/165.2lb
82.5kg/181.7lb
90kg/198.2lb
100kg/220.2lb
110kg/242.5lb
125kg/275.5lb
140kg/308.5lb

(SHW)

MEN - Masters (80+ Over)

Weight Class	Kgs	Lbs	Name	Date
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52kg/114.5lb
56kg/123.5lb
60kg/132.2lb
67.5kg/148.7lb
75kg/165.2lb
82.5kg/181.7lb
90kg/198.2lb
100kg/220.2lb
110kg/242.5lb
125kg/275.5lb
140kg/308.5lb

(SHW)