

**USPF TEXAS STATE RECORDS - MILITARY
DIVISION 1 (SINGLE PLY) RECORDS
OPEN - WOMEN**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat		297.0	M Canisbog	1986
	Bench		115.0	M Canisbog	1986
	Deadlift		275.0	M Canisbog	1986
	TOTAL		687.0	M Canisbog	1986
52kg/114.5lb	Squat		292.0	V Webster	1986
	Bench		148.0	V Webster	1986
	Deadlift		303.0	V Webster	1986
	TOTAL		745.0	V Webster	1986
56kg/123.5lb	Squat		270.0	B Lopez	1987
	Bench		126.0	B Lopez	1987
	Deadlift		264.0	B Lopez	1987
	TOTAL		611.0	B Lopez	1987
60kg/132.2lb	Squat		330.0	S Flores-Alamo	1989
	Bench		187.5	S Flores-Alamo	1989
	Deadlift		365.0	B Smith	1986
	TOTAL		837.5	B Smith	1986
67.5kg/148.7lb	Squat		451.0	C Konst	1989
	Bench		220.0	C Konst	1989
	Deadlift		363.0	C Konst	1989
	TOTAL		1030.0	C Konst	1989
75kg/165.2lb	Squat		308.0	C Pedro	1987
	Bench		165.0	C Pedro	1987
	Deadlift		314.0	C Pedro	1987
	TOTAL		788.0	C Pedro	1987
82.5kg/181.7lb	Squat		490.5	T McKenzie	1989
	Bench		231.2	T McKenzie	1989
	Deadlift		429.7	T McKenzie	1989
	TOTAL		1151.4	T McKenzie	1989
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				