

**USPF TEXAS STATE RECORDS - POLICE
DIVISION 1 (SINGLE PLY) RECORDS
OPEN - WOMEN**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				

SUBMASTERS - WOMEN 35-39

Weight	Lift	Kgs	Lbs	Name	Date
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44kg/97lb Squat
Bench
Deadlift
TOTAL

48kg/105.7lb Squat
Bench
Deadlift
TOTAL

52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148.7lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTERS - WOMEN 40-44

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				

48kg/105.7lb Squat
Bench
Deadlift
TOTAL

52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148.7lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTERS - WOMEN 45-49

Weight Lift Kgs Lbs Name Date

44kg/97lb Squat
Bench
Deadlift
TOTAL

48kg/105.7lb Squat
Bench
Deadlift

TOTAL

52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148.7lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTERS - WOMEN 50-54

Weight **Lift** **Kgs** **Lbs** **Name** **Date**

44kg/97lb Squat
Bench
Deadlift
TOTAL

48kg/105.7lb Squat
Bench
Deadlift
TOTAL

52kg/114.5lb Squat
Bench

Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148.7lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTERS - WOMEN 55-59

Weight Lift Kgs Lbs Name Date

44kg/97lb Squat
Bench
Deadlift
TOTAL

48kg/105.7lb Squat
Bench
Deadlift
TOTAL

52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148.7lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTERS - WOMEN 60-64					
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				

60kg/132.2lb Squat
Bench
Deadlift
TOTAL

67.5kg/148.7lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTER - WOMEN 65-69

Weight Lift Kgs Lbs Name Date

44kg/97lb Squat
Bench
Deadlift
TOTAL

48kg/105.7lb Squat
Bench
Deadlift
TOTAL

52kg/114.5lb Squat
Bench
Deadlift
TOTAL

56kg/123.5lb Squat
Bench
Deadlift
TOTAL

60kg/132.2lb Squat
Bench
Deadlift

TOTAL

67.5kg/148.7lb Squat
Bench
Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTER - WOMEN 70-74

Weight	Lift	Kgs	Lbs	Name	Date
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44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				

48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				

52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				

56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				

60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				

67.5kg/148.7lb	Squat				
	Bench				

Deadlift
TOTAL

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTER - WOMEN 75-79

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148.7lb	Squat Bench Deadlift TOTAL				

75kg/165.2lb Squat
Bench
Deadlift
TOTAL

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL

MASTERS - WOMEN 80+

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148.7lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				

82.5kg/181.7lb Squat
Bench
Deadlift
TOTAL

90kg/198.2lb Squat
Bench
Deadlift
TOTAL

90+kg/UNL Squat
Bench
Deadlift
TOTAL