

**USPF TEXAS DIVISION 1 (SINGLE PLY) RECORDS  
SINGLE LIFT BENCH PRESS  
WOMEN - OPEN**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs		203.7	S Rinna	1999
56kg/123.5lbs		242.5	S Rinna	2002
60kg/132.2lbs				
67.5kg/148.7lbs		248.0	K Walford	2003
75kg/165.2lbs		154.0	L Lakey	1999
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs		325.1	K Pitts	2002

**WOMEN - TEENS 13-15**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs		82.5	S McGuire	1995
52kg/114.5lbs		126.0	A Harris	2006
56kg/123.5lbs		60.0	Savannah	2002
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

**WOMEN - TEENS (16-17)**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs		154.4	J Ferguson	2002
56kg/123.5lbs		137.7	R Brocato	2000
60kg/132.2lbs		154.7	R Brocato	2000
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

**WOMEN - TEENS (18-19)**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs		110.0	L Saldona	2000
67.5kg/148.7lbs		99.0	M Davis	
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

**WOMEN - Juniors (20-23)**

Weight Class	Kgs	Lbs	Name	Date
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44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs	143.0		K Reinhard	2001
67.5kg/148.7lbs	99.0		M Davis	2000
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

#### WOMEN - Submasters (35-39)

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs		203.9	S Rinn	1999
56kg/123.5lbs		236.7	S Rinn	2001
60kg/132.2lbs				
67.5kg/148.7lbs		187.2	C Anderson	2001
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

#### WOMEN - Masters (40-44)

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs		236.8	M Scheffler	2004
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs		275.5	S Barbee	1999

#### WOMEN - Masters (45-49)

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs		292.0	J Souza	1998
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

#### WOMEN - Masters (50-54)

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				

60kg/132.2lbs  
 67.5kg/148.7lbs  
 75kg/165.2lbs  
 82.5kg/181.7lbs                      264.5                      R Courtney                      2004  
 90kg/198.2lbs  
 90+kg/198.2+lbs

**WOMEN - Masters (55-59)**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

**WOMEN - Masters (60-64)**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

**WOMEN - Masters (65-69)**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs		105.0	D Rawe	2005
90+kg/198.2+lbs				

**WOMEN - Masters (70-74)**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				

90kg/198.2lbs  
90+kg/198.2+lbs

**WOMEN - Masters (75-79)**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				

**WOMEN - Masters (80+ Over)**

Weight Class	Kgs	Lbs	Name	Date
44kg/97lbs				
48kg/105.7lbs				
52kg/114.5lbs				
56kg/123.5lbs				
60kg/132.2lbs				
67.5kg/148.7lbs				
75kg/165.2lbs				
82.5kg/181.7lbs				
90kg/198.2lbs				
90+kg/198.2+lbs				