

**USPF OHIO SINGLE PLY D-1 RECORDS  
OPEN - MEN**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat	282.5	622.8	Emilio Duran	6/2/2018
	Bench	210.0	463.0	Emilio Duran	6/2/2018
	Deadlift	275.0	606.3	Emilio Duran	6/2/2018
	TOTAL	767.5	1692.0	Emilio Duran	6/2/2018
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat	272.5	600.8	Gabriel Cabrera	11/13/2020
	Bench	155.0	341.7	Gabriel Cabrera	11/13/2020
	Deadlift	220.0	485.0	Gabriel Cabrera	7/6/2019
	TOTAL	635.0	1400.0	Gabriel Cabrera	11/13/2020
140+kg/308+lb	Squat	480.2	1058.6	Tyler Butcher	7/1/2017
	Bench	367.5	810.2	Tyler Butcher	12/3/2016
	Deadlift	352.5	777.0	Tyler Butcher	7/1/2017

TOTAL 1192.7 2629.5 Tyler Butcher

12/3/2016

**SUBMASTERS - MEN 35-39**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				