

**USPF AMERICAN RAW  
SINGLE LIFT DEADLIFT  
PRETEEN - BOYS AGE 9-10**

Weight	Lift	Kgs	Lbs	Name	Date
30kg/66.1lb	Deadlift				
35kg/77.2lb	Deadlift				
40kg/88.2lb	Deadlift				
44kg/97lb	Deadlift				
48kg/105.7lb	Deadlift	35.0	77.2	Joseph Mitchell	5/20/2023
52kg/114.5lb	Deadlift				
56kg/123.5lb	Deadlift				
60kg/132.2lb	Deadlift				
67.5kg/148lb	Deadlift				
75kg/165.2lb	Deadlift				
82.5kg/181.7lb	Deadlift				
90kg/198.2lb	Deadlift				
100kg/220lb	Deadlift				
110kg/242lb	Deadlift				
110+kg/242+lb	Deadlift				

**PRETEEN - BOYS AGE 11-12**

Weight	Lift	Kgs	Lbs	Name	Date
30kg/66.1lb	Deadlift				
35kg/77.2lb	Deadlift				
40kg/88.2lb	Deadlift				
44kg/97lb	Deadlift				
48kg/105.7lb	Deadlift				

52kg/114.5lb	Deadlift				
56kg/123.5lb	Deadlift				
60kg/132.2lb	Deadlift				
67.5kg/148lb	Deadlift				
75kg/165.2lb	Deadlift				
82.5kg/181.7lb	Deadlift				
90kg/198.2lb	Deadlift				
100kg/220lb	Deadlift				
110kg/242lb	Deadlift	85.0	187.4	Allen Mitchell	2/25/2003
110+kg/242+lb	Deadlift				