

**USPF TEXAS RAW KS D-3 RECORDS
OPEN - WOMEN**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat	80.0	176.4	Casey Mice	10/22/16
	Bench	47.5	104.7	Casey Mice	10/22/16
	Deadlift	87.5	192.9	Casey Mice	10/22/16
	TOTAL	215.0	474.0	Casey Mice	10/22/16
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat	137.5	303.1	Heather Griffiths	10/15/2016
	Bench	67.5	148.8	Heather Griffiths	10/15/2016
	Deadlift	147.5	325.2	Heather Griffiths	10/15/2016
	TOTAL	352.5	777.1	Heather Griffiths	10/15/2016
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat	170.0	374.8	Kristen "Bri" Torres	10/15/2016
	Bench	62.5	137.8	Kristen "Bri" Torres	10/15/2016
	Deadlift	163.0	359.4	Kristen "Bri" Torres	10/15/2016
	TOTAL	395.5	871.9	Kristen "Bri" Torres	10/15/2016
90kg/198.2lb	Squat	117.5	259.0	April Murphy	10/22/2016
	Bench	65.0	143.3	April Murphy	10/22/2016
	Deadlift	145.0	319.7	April Murphy	10/22/2016
	TOTAL	327.5	722.0	April Murphy	10/22/2016
90+kg/UNL	Squat	150.0	330.7	Tyra Humphries	10/15/2016
	Bench	77.5	170.9	Tyra Humphries	10/15/2016
	Deadlift	137.5	303.1	Tyra Humphries	10/15/2016
	TOTAL	365.0	804.7	Tyra Humphries	10/15/2016

SUBMASTERS - WOMEN 35-39

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				