

USPF RI STATE MEET RESULTS
1993, 1994, 1995, 1996(?), 1997, 1998, 1999,
2000, 2001, 2003, 2005, & 2009,

Thank you to James Bourgault for contributing these.

USPF Rhode Island State				
21 Mar 93 - Providence, RI				
Women				
K. Orlandi-132	50	88*	131	Total
A. Houle-121	285*	195*	260*	740*
K. McElroy-181	255*	155*	250*	660*
R. Lombardi-123	350*	195*1	325*1	850*
C. Ranieri-105	160*	110*	190*	460*
Teen	55*	55*	280*	390*
R. Molis-148	410*1	230	435	1055
A. Parrillo-242	455*1	305	455	1195*
Submaster				
Marchionda-165	290*	175*	300*	765*
Men Open				
148				
R. Ducharme	470			
165				
B. Mascello BL	550	400*	550	1500
R. Morin	450	340	400	1190
J. Ranieri	380	240	450	1070
181				
A. Nulman	630*	395	630*	1655*
G. DeCresceno	650	375		
198				
R. Adams	550	375	645*	1595
D. Georges	575	400	555	1530
K. Edwards	485	315	550	1350
220				
M. Bergeron	635	360	585	1580
J. Ricci	550	380	520	1350
R. Siegrist	455	360	445	1260
J. Bourquait	425	290	475	1190
242				
M. D'orio	705*	420	755*	1875
T. Burns	580	400	565	1545
275				
A. Vale	650	440	145	1235
SHW				
J. Reeves BL	750	480	730*	1960*
Benck Press			J. DelBonis	270
Women			165	
K. Orlandi-132	195*	B. Mascello BL	400*	
A. Houle-123	155*	R. Morin	340	
K. McElroy-181	195*1	181		
A. Confrede-132	125	E. Lugo	395*	
R. Lombardi	110*	A. Nulman	395	
Teen		198		
Ginfranceso-181	295	G. Vitullo	350	
R. Molis-148	230	242		
A. Parrillo-242	305	G. Lazzareschi	520*	
Submaster		R. Lombardi	410	
Lazzareschi-242	520*	275		
Men Open		A. D'Arezzo BL	570*	
132		R. Santonelli	555	

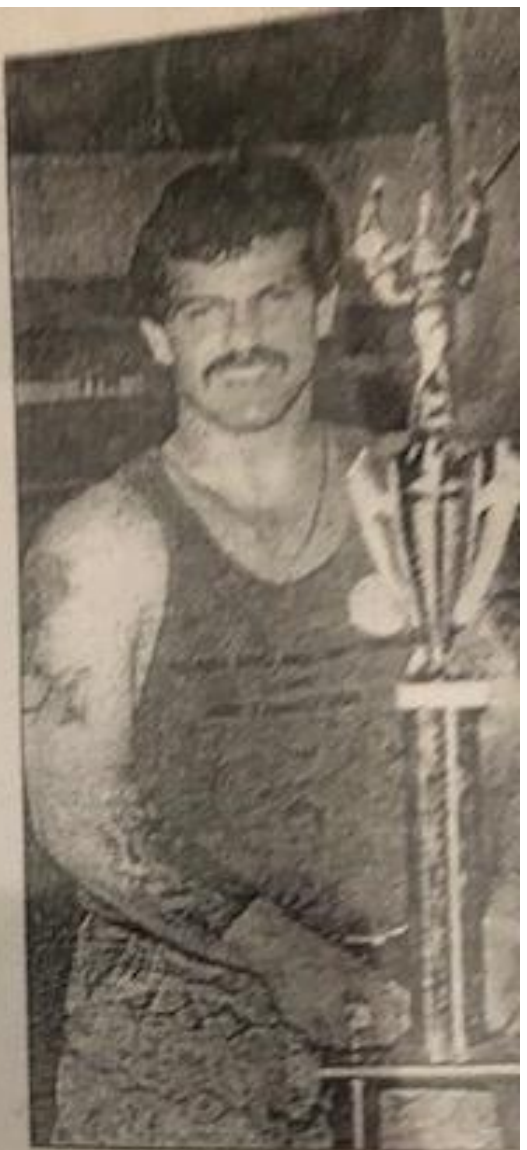
Rhode Island Drug Free Meet
17 Oct 93- Providence RI

Bench Press				
Women: Over-all		J. DelBonis(BL)	275*	
K. Prah (114)	120*	148		
Sub-masters: Over-all		J. Bousquett	275*	
B. Dermond (242)	375*	181		
Masters: Over-all		B. Lemieux	320*	
D. Izzi (165)	205	198		
Men's Open		A. Calise	460*	
		220		
Masters: Over- All		D. Georges	390	
T. Lydon (220)	450*	335*	400*	1185*
Marchionda(165)	380	195*	325	900
Men's Open				
	148			
J. Bousquet III	405*	275*	400*	1080*
	165			
H. Guidry, Jr.(BL)	520*	310*	500*	1330*
M. Buontempo	430	280	440	1150
	181			
L. Balkus	450*	300	465	1200*
	198			
J. Emin	450*	310	525*	1285*
	220			
D. Roderick (BL)	655	380	600*	1620*
J. Bourguall	475	310	495	1280
	275			
J. Jolls	520*	355*	600*	1475*
* - RI State Drug Free Record (BL)- Best Lifter				
NASA North American Novice				
Masters: Over-all				
D. DiOrio(220)	405	270	475	1150
Teenage: Over-all				
P. Rice(220)	515	300	530	1405
Men's Open				
	181			
A. Eaves(BL)	485	280	450	1215
	198			
J. Agnew	425	290	425	1140
	220			
D. Bryson	465	345	515	1325
	242			
J. Ricci	570	325	530	1405
* - RI State Drug-Free Record (BL)- Best Lifter. 1 first				

USPF Rhode Island State
20 March 94 - Providence, RI

Bench Press		165		325
Women Over-all		R. Morin		430*
D. Kelly 165	215	181		325
A. Houle 132	175	E. Lugo		465
K. Pratt 114	145	L. Balkus		400
Teenage Over-all		190		480*
S. Maloney 140	235*	A. Calise		380
R. Amara 181	250	R. LaBelle		300
Sub-Masters Over-all		220		470
D. Maroney 198	330*	K. Robson		500*
Masters Over-all		S. Chiron		
W. Green 198	310*	J. Bourquait		
T. Lydon 220	335*	242		
L. Nardi 198	205	S. Reeves		
Men's Open		500		
		SHW		
		R. Santanelli		780
Women Over-all SQ	BP	DL	Total	
A. Houle 132	315-4th	175	305	530
M. Coletti 114	185	95	250	555
C. DiMauro 123	190	120	245	
Teenage Over-all				950
B. Leslie 220	350	250	350	860
R. Amara 181	335	250	275	
Sub-Masters Over-all				1525
T. Brien 220	600	425	500	1380
J. Ricci 242	540	340	500	
Masters Over-all				1460
W. Green 198	520	310	630	1175
B. Brissette 198	450	275	450	1240
A. Irby 198	465	285	490	925
Marchinoda 165	390	200	335	1180
T. Lydon 220	425	335	420	
Men's Open				
148				
D. Dugan	380	255	410	1045
165				
R. Morin	475	325	510	1310
M. Buontempo	450	275	450	1175
181				
K. Lambert(BL)	550	350	540	1440
L. Balkus	425	260	510	1195
198				
A. Nulman	650*	385	650*	1685*
J. Emin	475	315	550	1340
M. Gaumont	500	310	450	1260
B. Wagner	315	250	365	930
220				
M. Bergeron	655	385	600	1640
C. Runnar	480	355	530	1365
Commendatore	470	300	530	1300
J. Bourquait	430	300	480	1210
H. Schumacher	455	-	-	-
242				
T. Isabella	710*	415	650	1775
M. Florio	145	245	800*	1190
275				
J. Reeves(BL)	740	500	715	1955

* - RI State Record, BL - Best Lifter. I would first like to thank all my sponsors for whom this contest would not be possible. Also a special thanks goes out to Ed Coan and Kiek Karwoski, world class men and powerlifters. They both made the trip to Rhode Island to guest judge and to put on a powerlifting seminar, which turned out to be a real success. I would also like to thank...



Florida Open Bench Press Sta
- Team Trophy Winner for Wes
Zmyewski - Best Heavyweight

this meet going after a squat record of 650 lbs in the 220 class, set back in 1987. He opened up with an easy 625 lbs. but on his second attempt getting to break the record but had a little trouble and called on depth. Mike, competitor that he is, came back and buried his third attempt with 655 lbs. the record. He then came back with 4th attempt of 700 lbs., but was unsuccessful. Ted Isabella (RI Chairman and meet director) came out of retirement from competing to qualify for the Senior National. He came to the meet looking to break 242 class squat record of 705 with a 775 better squat attempt. But in his last squat week before the meet, he pulled his right hamstring during the workout. Luckily this did not stop him. He opened easily with 650, then went to 700 the record on his second attempt.

Rhode Island State
 26 Mar 95 - Providence, RI

	SQ	BP	DL	Total
Submaster 275				
J. Ricci	630*	390*	530*	1550*
Master 165				
J. Marchionda	420*	205*	375*	990*
Men Open 148				
B. Ducharme	495*	305	470	1270
165				
A. Nulman BL	575	325	600*	1500
L. Greene	475	350	565	1390
N. Paglietto	390	260	—	
181				
M. Buontempo	500	280	500	1280
198				
M. Bergeron	675*	380	610	1645
220				
M. Gaumond	580	390	530	1500
J. Acciardo	450	300	470	1220
242				
J. Bouquait, Sr.	500	315	500	1315
275				
J. Reeves BL	815*	505	735*	2015*
A. Vale	650	450	625	1725
J. Ricci	630	390	530	1550

M. Bergeron (BL)	725*	400	625	1750
242				
J. Bourqualt Sr.	520	330	520	1370
275				
R. Fortin	750	475	600	1825
S. Sequin	550	275	600	1350

RI State Bench Press Championship

	<u>Bench</u>		<u>Bench</u>
<u>Teenage</u>			
E. Baker (132)	170	R. Babcock	360
R. McCormack (181)	240	198	
<u>Sub-Masters:</u>		G. DeAmrose	330
Overall		220	
G. Lazzareschi (242)	500	M. Ciresi	410
J. Avant (165)	385	242	
<u>Masters: Overall</u>		G. Lazzareschi	500
W. McLaughlin (198)	350*	J. Bourqualt Sr.	330
A. Tridenti Jr. (198)	290	275	
<u>Men's Open</u>		C. Gaboury	435
132		C. Scherza	415
J. Del Bonis	300*	SHW	
165		R. Santinelli (BL)	620*
J. Avant (BL)	385		

* — RI State Record — (BL) — Best Lifter



Top above: Ray Santinelli bench 620lb. open

Above: Eric Baker in the Teenage new 240 lb. squat record in

Rhode Island Championship
16 Mar 97 - Providence, RI

Teenage	SQ	BP	DL	TOT
181				
E Baker Submaster	340*	200	350*	880*
181				
S McElroy	485*	350*	500*	1335*
J Bourquall, Sr. Masters	545*	345	535*	1415*
220				
A Irby, Jr.	515*	300	515*	1330*
D Montembault Men's Open	450	350*	475	1250
165				
B Ducharme (BL)	475	325	480	1280
198				
M Bountempo	550	325	555	1425
220				
R Adams	400	450	685*	1535
J Acciardo	475	320	475	1270
242				
J Bourquall, Sr.	545	345	535	1415
275				
R Fortin	730	510	625	1865
A Vale	720	460	660	1840
SHW				
J Reeves (BL) Best Lifter	750	520	750*	2020*
J McGlynn (198)	710	490	700	1900
C Lunghi (Teenage - 132)	190	135	250	575

* Indicates RI State Record. (BL) Indicates the Best

Rhode Island State Bench Press
 16 Mar 97 - Providence, RI

Submasters: Over-All	165		
Lazzareschi(275)	540*	R Babcock	350
Mastrostefano	370*		198
Bourgault (242)	345	S Mastrostefano	370
Masters: Over-All	220		
McLaughlin(181)	320*	R Delamare, Jr.	410
Men's Open	242		
J Celio	330	J Bourgault, Sr.	345
J Valante	285		275
F Pascale	275	G Lazzareschi(BL)	540
		K Robson	

* State Record. BL - BestLifter. I'd like to thank ~"

1959 Rhode Island State
29 Mar '58 - Cranston, RI

SENIORS				
Wrestlers				
A. Stokas-148	205"			
L. Palumbo	-			
165 lbs.				
M. Bairo-198	345"			
J. Jarvis-220	270"			
M. Vielca-198	240			
D. Bianchini-148	-			
Submasters				
Bourgault-275	370			
Masters				
Lazzarochi-275	575"			
Mc Laughlin-181	345"			
Tridest, Jr.-220	370"			
D. Izzo-165	240"			
148 lbs.				
WOMEN	50	81	88	100
A. Stokas-148	290"	205"	310"	890"
E. Dieler-165	325	150	345"	800"
			325-4th	
N. Beausoleil-165	195	90	205	580
TEEN				
J. Jarvis-220	400"	270"	465"	1125"
			465-4th	
M. Bairo-198	225	345"	405	1025
Submaster				
J. Reeves-SHW	750"	580"	725"	1975"
J. Acciardo (242)	575"	370	540	1485
Bourgault Sr-275	580	370	550"	1580
J. Ricci-275	560	340	500	1400
K. Edwards	-	-	-	-
Masters				
Montembault-220	575"	330	580	1355
Donahedian-242	315"	230	450	995
165 lbs.				
J. Silcox, Jr.	360	255	480	1005
181 lbs.				
B. Masello	550	460"	500	1500
N. Parello	540	330	435	1385
F. Cariero	405	325	480	1210
220 lbs.				
R. Adams	640	455	705"	1785"
M. Bergeson	700	480	640	1740
T. Longolucco	540	360	560	1480
242 lbs.				
W. Petrarca	560	410	575	1545
275 lbs.				
T. Isabella	730	415	710	1845
J. Bourgault, Sr	580	370	550	1580

USPF Rhode Island State Pl/HW
 14 Mar '99 - Cranston, RI

Weight Class	Age	Weight	Score	Score	Score	Score	Score
Boys							
Teenage							
C. DeLoro SHW	170*						
R. Longo 181							
Submasters							
B. Tucker SHW	47.5						
T. Isabella 275	425						
Bourgault 275	380						
T. Mancinie SHW	385						
Masters							
Lazzareschi 275	540						
A. Tridenti 220	400*						
Cochrane SHW	350						
Delamare 242	350						
T. Brien 220	335						
Open Men							
148							
J. Celio BL	360*						
J. DelBonis	315						
165							
P. Trassi	315						
Teenage	SQ						
DeLoro SHW	470*						
J. Ricci 148	300						
Submasters							
T. Isabella 275	775*	425	715*	1915*			
J. Acciardo 220	540	370	605*	1515			
J. Bourgault 275	600	380	605*	1550			
Buontempo 198	510	350	570	1430			
R. Robert 181	400	305	520	1225			
L. Marinelli 165							
Masters							
Montembault 220	550	375	550	1475			
T. Brien 220	625*	335	600*	1560*			
Donabedian 242	310	235*	420	965			
A. Irby 198	135	310	525	970			
J. Palazzo 198	255	275	350	880			
J. Paskanik 181	135	150	250	535			
Guest Lifters							
Pendergast 275	500	375	550	1425			
R. Eccleston 198	505	300	450	1280			
R. Perreault 198	475	275	400	1150			
F. Ventriglia 198	400	250	475	1135			
D. Horton 165	55	55	430	540			
Open Men							
148							
J. Delbonis	330	315	400	1045			
T. Roselli	285	250	360	895			
165							
B. Ducharme BL	565	350	530	1445			
J. Signore Jr.	400	285	475	1160			
N. Prokup	330	260	370	960			
181							
N. Paolello	550	350	515	1415			
R. Roberts	400	305	520	1225			
D. MacDonald	430						
198							
J. Tavares	525	350	635	1510			
R. Salter	505	405	500	1410			
K. Coia	275	235	445	955			
220							
R. Fortin	630	485*	610	1725			
T. Brien	625	335	600	1560			
J. Acciardo	540	370	605*	1490			
J. Connors	135	435	625	1195			
242							
M. D'lorio	715*	420	700	1835			
275							
T. Isabella	775	425	715	1915			
J. Bourgault	600	380	570	1550			
SHW							
J. Reeves BL	845*	535	755*	213			
T. Mancinie	520	385	500	140			

* Rhode Island State Record. BL - Best Lifter.

USPF Rhode Island State PL & BP
19 MAR 00 - Cranston, RI

WOMEN		198			
K. McElroy	200	C. Ferreira		235	
MEN		Open			
Teen		148			
J. Carreiro	325*	J. DelBonis		320	
181		181			
J. Carreiro	325*	B. Masello (BL)		470*	
220		198			
M. Vieira	300	C. Am		405	
198		220		340	
M. Connors	275	N. Paoello			
Submasters		220			
SHW		P. Buono		450	
B. Tucker	465	242			
275		J. Connors		500	
T. J. Isabella	430	A. Baccari		440	
J. Bourgault Sr.	400	275			
Masters		Lazzareschi (BL)		550	
275		T. J. Isabella		430	
G. Lazzareschi Jr.	550	J. Bourgault Sr.		400	
J. Speaks	385	C. DeToro		400	
Guest Lifters		C. Jabterakes			
242		SHW			
B. Delamare	470	A. Jordan		500	
Powerlifting	SQ	BP	DL	TOT	
Women					
T. Lucas-198	180*	170*	230*	580*	
MEN					
Teenage					
J. Carreiro-181	500*	325*	465*	1290*	
J. Ricci-165	380*	215	405*	1000	
Submasters					
J. Reeves -275	800*	520	750*	2070*	
T. J. Isabella-275	745	430	675	1850	
J. Acciardo-242	580*	400	590*	1570*	
Bourgault Sr.-275	580	400	565	1545	

Masters				
Montebault	600	400	560	1560
A. Irby Jr.-198	525*	320	525	1370
Donabedian-242	320*	255*	420	1025*
J. Speaks-220	475	385	500	1360
J. Goncalves-220	415	270	450	1135
K. Kelliher-181	350*	250*	450*	1050*
Guest Lifters				
G. Sousa-181	500	340	525	1365
R. Ventriglia-198	395	240	450	1085
Open				
148				
J. DelBonis	330	315	400	1045
165				
B. Ducharme (BL)	580	340	535*	1455*
D. MacDonald	425	280	435	1140
E. Tremblay	405	285	430	1120
181				
J. Carreiro	500	325	465	1290
J. Signore Jr.	400	285	475	1160
198				
J. Taveres	525	330	575	1495
N. Paoello	525	340	500	1365
K. Coia	370	225	450	1045
242				
J. Acciardo	580	400	590	1570
M. Chiello	595	405	560	1560
J. Connors	435	500	600	1535
F. Perry Jr.	450	310	455	1215
275				
J. Reeves (BL)	800*	520	750*	2070*
T. J. Isabella	745	430	675	1850
A. Richard	655	480	615	1750
M. Tarro	675	440	600	1715
J. Bourgault Sr.	580	400	565	1545
C. DeToro	565	400	535	1500
SHW				
A. Jordan	600	500	525	1625
B. Tucker				

* RIRRecord; BL- Best Lifter.

2000 USPF Bench & Deadlift
04 NOV 00 - Cranston?, RI

BENCH		J. Johnson	
WOMEN		275	
C. Geswein -132	150	Lazzareschi (BL)	530
Teenage		J. Bourgault Sr.	435
C. Lacroix -242	300	SHW	
M. Connors -198	280	A. Jordan	
Masters		DEADLIFT	
G. Lazzareschi Jr.	530	Teenage	
A. Tridenti Jr.-220	420	M. Connors -198	470
J. Goncalves -198	265	C. Lacroix -242	415
181		Masters	
N. Paolello	370	J. Goncalves -198	465
B. Ducharme	355	181	
J. Carreiro	325	B. Ducharme	570
J. Signore Jr.	320	N. Paolello	540
D. MacDonald	310	J. Signore Jr.	530
198		J. Carreiro	480
P. Elliott	355	D. MacDonald	465
242		198	
J. Connors	500	P. Elliott	455
B. Delamare	480	242	
A. Baccari	440	J. Connors	500

I would like to thank all my judges, spotters, loaders, score keepers, and my announcer who helped out this meet. As always they all were a big help in making this years contest a successful one. I would also like to thank all the lifters for participating in this fun meet. In a personal note, this year was a very trying year for me with numerous family illnesses. I (Ted Isabella) am sorry to say now that this contest calendar year is over, this will be the last contest I will run for a little bit. I have to take some time away from the sport I love to take care of my family. I will still be the USPF State Chairman for RI and help any person willing to continue on running contest until my return. I would like to thank all my state lifters for their support through the years and now. (Thanks to Ted Isabella for providing the results of this contest to PL USA).

USPF Rhode Island State
25 Mar 01 - Riverside(?), RI

BENCH		181 lb.							
WOMEN		B. MasselloBL		*475					
Open		J. Signore		335					
T. Lucas-195		170 D. MacDonald		305		Masters			
4th		*175 198 lb.				Donabedian-72		*375 270 405 *1050	
MEN		R. Babcock		410		Montembault-46		575 *410 500 1485	
Teen		N. Paoello		375		4th		*630	
J. Vessella-19		*445 S. Hudson		365		T. Brien-42		600 335 575 1510	
M. Connors-19		300 220 lb.				J. Speaks-46		475 385 515 1375	
Submasters		P. Elliot		360		B. Connell-41		475 *415 450 1340	
J. Reeves-38		500 242				K. Donley-40		515 350 500 1365	
B. Tucker-39		500 M. Chiello		420		C. Martin-40		*405 225 *505 *1135	
Masters		275				J. Gonsalves-43		440 250 475 1135	
Lazzareschi-43		*550 J. Reeves		500		J. Payette-43GL		445 285 475 1205	
Montembault-46		*410 J. Bourgault		450		D. Lefeure-44GL		415 250 - -	
Donabedian-72		270 308				148 lb.			
J. Speaks-46		385 G. Lazzareschi		*550		T. Roselli		350 260 400 1010	
D. Oneil-47		365 B. Tucker		500		I. Rosales		405 - - -	
R. Dame-42		*365 SHW				181 lb.			
148 lb.		A. Jordan		500		B. DucharmeBL		*635 380 575 1590	
T. Roselli		260				J. Carreiro		525 345 500 1370	
WOMEN		SQ BP BL TOT				J. Signore		430 335 535 1300	
Open						K. Turchetti		440 315 455 1210	
A. Storti-143		325 195 310		*830		198 lb.			
4th		350*		*320		J. Tavares		570 335 635 1540	
MEN						N. Paoello		525 375 550 1450	
Teen						B. Connell		475 415 450 1340	
B. Zariczny-18		365 235 450		1050		F. VentrigliaGL		410 250 450 1110	
P. Pistacchio-18		315 195 *430		940		D. PearlsteinGL		650 385 600 1635	
D. Marini-13		400 255 *475		*1130		220 lb.			
W. Esquillin-17		275 175 365		815		E. Faison		225 185 530 940	
G. Gomez-16		350 180 375		905		242 lb.			
K. Moylan-17		345 205 430		980		M. DiorioBL		*720 400 720 1840	
M. Connors-19		135 300 *480		915		M. Tarro		625 435 605 1665	
4th		*500				M. Chiello		635 420 595 1650	
B. Lanoue-GL		475 - -		-		J. Acciardo		600 380 550 1530	
Submasters						K. Michels		500 335 575 1410	
B. Ducharme-35		*635 *380 *575		*1590		275 lb.			
M. Tarro-37		*625 435 605		*1665		J. Bourgault		570 450 600 1650	
Bountempo-37		570 355 550		*1475		SHW			
4th		600*				A. Jordan		725 500 625 1800	
J. Acciardo 38		600 380 550		1530		BL-Best Lifter, GL-Guest Lifter, *-State rec			
S. Michelson 37		465 270 420		1155					

USPF RI STATE PL & BP CHAMPS
30 MAR 03 - Cranston, RI

BENCH		KEITH O'DELL 320			
TEENAGE		181			
132		BOB MASELLO 460			
S. LAZZARESCHI	255*	M. DINOBILE 425			
165		R. GALLAGHER 315			
DAVE MALONE	240	198			
SUB-MASTERS		ROB SALTER 440			
242		CRISTABULINA 410			
C. DeBARTOLO	515	KEITH GOORICH 360			
B. DELAMARE JR.	505	L. MARINELLI 335			
MASTERS		220			
275		J. FURTADO JR. 490*			
LAZZARESCHI JR	530	D. FOLLANSBEE 450			
J. BOURGAULT	475	FRED PERRY JR. 250			
198		242			
L. MARINELLI	335	C. DeBARTOLO 515			
148		B. DELAMARE JR. 505			
CHI BANG	290	275			
S. LAZZARESCHI	255	G. LAZZARESCHI 530			
165		J. BOURGAULT 475			
POWERLIFTING SQ		BP	DL	TOT	
WOMEN					
165					
AMY STORTI	345*	220*	335	900*	
132					
ERICA SIMMONS	210	135	240	585	
123 - RAW					
SUSAN JORDAN	85	100	190	375	
148					
D. ROBILARD	215	120			
TEENAGE					
132					
S. LAZZARESCHI	400	255*	420	1075	
165					
DAVE MALONE	250	240	325	815	
SUB-MASTERS					
198					
BOB DUCHARME	680*	385	590	1655	
181					
ADAM NULMAN	590	350	620*	1560	
S. BARATTINI	430	280	365	1075	

MASTERS

220					
MONTEBAULT	675*	460*	575	1710	
275					
J. BOURGAULT	625	475	615	1715*	
JOE REEVES	630*	255	775*	1660	
220					
BOB CONNELL	500	400	490	1390	
242					
MIKE SANTOS	560	375	500	1435	
STANLEY PAPPAS	515	335	575*	1425	
198					
L. MARINELLI	485	335	480	1300	
220					
ERNEST FAISON	455	250	605*	1335	
J. GONCALVES	485	285	500	1270	
242					
RAY DAME	365	400	475	1240	
148					
TOM ROSELLI	395	275	425	1095	
S. LAZZARESCHI	400	255	420	1075	
165					
J. PANTELEDES	515	300	530	1360	
KEITH O'DELL	400	320	430	1150	
S. BARATTINI	430	280	365	1075	
181					
ADAM NULMAN	590	350	620	1560	
198					
BOB DUCHARME	680	385	590	1655	
N. PAOLELLO	560	370	550	1480	
KEITH GOORICH	410	360	570	1340	
L. MARINELLI	485	335	480	1300	
JACK YI	475	330	430	1235	
RONALD CELIO	405	300	400	1105	
220					
MONTEBAULT	675	460	575	1710	
C. FREDETTE	550	340	550	1440	
BOB CONNELL	500	400	490	1390	
FRED PERRY JR.	425				
242					
B. CARDOZA	575	375	650	1560	
TIM RAINES	455	360	555	1320	
275					
J. BOURGAULT	625	475	615	1715	
JOE REEVES	630	255	775	1660	
BEN LESLIE	475	370	460	1305	

* - RI State record.

**2005 USPF RI STATE POWERLIFTING & BENCH PRESS CHAMPIONSHIPS
MARCH 20, 2005**

POWERLIFTING COMPETITION

	<u>SQ</u>	<u>BP</u>	<u>DL</u>	<u>TL</u>
<u>TEENAGE</u>				
SLOAN LAZZARESCHI (165)	475*	300*	475*	1250*
JOE ROBERTSON (220)	425*	405*	600* 4th	1405*
BEN BARNER (165)	415	245	500	1160
ANTHONY VARGAS (242)	405	350	440 4th	1195
LEE SKALSKI (114)	170*	125* 4th	250*	535*

SUB-MASTERS

ROBERET HEINEN (198)	460	350	430	1240
BRYAN BATISTA (275)	430	440	500	1370
DAMON MONTY (275)	490	275	0	0

MASTERS

DENNIS MONTEBAULT (220)	575	375	550	1500
STANLEY PAPAS (242)	500	365	585	1450
RAY DAME (275)	415	405	490	1310

OPEN MEN

	<u>SQ</u>	<u>BP</u>	<u>DL</u>	<u>TL</u>
<u>114</u>				
LEE SKALSKI	170*	125 4th*	250*	535*

148

TOM ROSELLI	460	355	0	0
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165

SLOAN LAZZARESCHI (BL)	475	300	475	1250
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198

BOB DUCHARME (BL)	685*	420	595	1700
MARK KLUTH	450	225	525	1200

220

DENNIS MONTEBAULT	575	375	550	1500
CHRISTIAN PARISI	475	325	500	1300

242

STANLEY PAPAS	500	365	585	1450
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USPF 2009 RI State Meet Results

Powerlifting Results

RI State High School

165lbs/75Kgs

	Best Squat	Best Bench	Best Deadlift	Total
Ryan Langlois	125.00	102.50	172.50	400.00

181lbs/82.5Kgs

Patrick Welch	0.00	90.00	185.00	275.00
Joseph Burgess	0.00	0.00	192.50	192.50

198lbs/90Kgs

Frank McBride	170.00	110.00	192.50	472.50
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220lbs/100Kgs

Chris Dougan	170.00	92.50	185.00	447.50
Dustin Walker	110.00	97.50	177.50	385.00

242lbs/110Kgs

Kyle Roderiques	145.00	102.50	172.50	420.00
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Men's Open

123lbs/56Kgs

	Best Squat	Best Bench	Best Deadlift	Total	Points
Antonio Silva	142.50	102.50	182.50	427.50	383.85

165lbs/75Kgs

Tom Roselli	190.00	140.00	217.50	547.50	370.49
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181lbs/82.5Kgs

Les Greene	85.00	85.00	250.00	420.00	262.33
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Women's Open

105lbs/48Kgs

	Best Squat	Best Bench	Best Deadlift	Total	Points
Detanna Avery	75.00	0.00	85.00	170.00	210.04

Sub Masters 35-39

181lbs/82.5Kgs

	Best Squat	Best Bench	Best Deadlift	Total	Points
Timon Amarat	137.50	117.50	185.00	440.00	278.55

Masters 40+

165lbs/75Kgs

	Best Squat	Best Bench	Best Deadlift	Total	Points
Russ Melvier	190.00	0.00	0.00	190.00	137.81

220lbs/100Kgs

Stanley Pappas	67.50	67.50	275.00	410.00	244.33
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308lbs/140Kgs

Darrian Monty	227.50	142.50	242.50	612.50	321.81
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Bench Press Competition

Men's Open

148lbs/67.5Kgs

	1st Attempt	2nd Attempt	3rd Attempt	Record Attp	Best Bench
Michael Wiener	125.00	132.50	137.50	150.50	137.50

165lbs/75Kgs

Thomas Priest	192.50	192.50	192.50	0.00	0.00
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275lbs/125Kgs

James H. Bourgault Sr.	227.50	250.00	250.00	0.00	227.50
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Sub Masters 35-39

165lbs/75Kgs

	1st Attempt	2nd Attempt	3rd Attempt	Record Attp	Best Bench
Thomas Priest	192.50	192.50	192.50	0.00	0.00

198lbs/90Kgs

Jerome Evans	137.50	150.00	155.00	0.00	155.00
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Masters 40+

148lbs/67.5Kgs

	1st Attempt	2nd Attempt	3rd Attempt	Record Attp	Best Bench
Michael Wiener	125.00	132.50	137.50	150.50	137.50

275lbs/125Kgs

James H. Bourgault Sr.	227.50	250.00	250.00	0.00	227.50
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2010 USPF RI STATE MULTI-POWERLIFTING CHAMPIONSHIP

POWERLIFTING CHAMPIONSHIP

	<u>SQUAT</u>	<u>BENCH</u>	<u>DL</u>	<u>TOTAL</u>
<u>JUNIORS (18-19)</u>				
<u>75/165</u> DAVID GALLIGAN	150	110	197.5	457.5
<u>100/220</u> PATRICK WELCH	172.5	112.5	192.5	477.5
<u>110/242</u> CHRISTOPHER DOUGAN	185	100	190	475
<u>JUNIORS (20-29)</u>				
<u>82.5/181</u> MICHAEL SROKOWSKI	185	175	272.5	632.5
<u>SUB-MASTER (35-39)</u>				
<u>75/165</u> TOM ROSELLI	197.5	197.5* (AR)	230*	625*
<u>MASTER (40-44)</u>				
<u>82.5/181</u> BOB DUCHARME	262.5*	162.5*	250*	675*
<u>110/242</u> CRAIG DeBARTOLO	62.5	227.5*	290*	580
<u>MASTER (50-54)</u>				
<u>110/242</u> STEVE KELLEY	0	0	0	0
<u>125/275</u> GEORGE LAZZARESCHI JR.	220*	192.5*	62.5*	475*
<u>MASTER (55-59)</u>				
<u>75/165</u> CHRIS TABULINA	202.5*	152.5*	240*	595*
<u>99/210</u> MICHAEL AZARIAN	0	0	0	0
<u>110/242</u> DENNIS MONTEBALLI	295.5	175	227.5	698

<u>MEN'S OPEN</u>				
<u>75/165</u>	202.5	152.5	240	595
CRIS TABULINA				
<u>82.5/181</u>	245	162.5	260	667.5
LES GREENE (BL)				
<u>100/220</u>	0	0	0	0
PETER WENT				
<u>110/242</u>	202.5	152.5	240	595
VICTOR LIANG (BL)	62.5	227.5	290	580
CRAIG DeBARTOLO	0	0	0	0
SHAUN ROBISON				

* - RI State Record (AR) - American Record (BL) - Best Lifter RED - Out of State Lifter

BENCH PRESS CHAMPIONSHIP

JUNIORS (18-19)

100/220
PATRICK WELCH 112.5

MASTERS (40-44)

60/132
STEVE BARATTINI 112.5*

110/242

CRAIG DeBARTOLO 227.5*

MASTERS (45-49)

125/275
JAMES BOURGALT SR. 240

MASTERS (50-54)

115/275
GEORGE LAZZARESCHI JR. 182.5*

MASTERS (55-59)

75/165
CRIS TABULINA 152.5*

OPEN MEN

75/165
CRIS TABULINA 152.5

125/275

JAMES BOURGALT SR. 240

* - RI State Record (AR) - American Record (BL) - Best Lifter RED - Out of State Lifter