

<i>Division</i>	<i>Bench Press</i>	<i>Women Kilos</i>	<i>44 kgs. lbs</i>	<i>97 lbs. Date</i>
Teen 13 - 15	G. Cunningham	31	68.34	3/19/2004
Teen 16 - 17				
Teen 18 - 19				
Juniors 20 - 23				
Open				
Sub Masters 35 - 39				
Masters 40 - 44				
Masters 45 - 49				
Masters 50 - 54				
Masters 55 - 59				
Masters 60 - 64				
Masters 65 - 69				
Masters 70 - 74				
<i>Division</i>	<i>Bench Press</i>	<i>Women Kilos</i>	<i>48 kgs. lbs</i>	<i>105.7 lbs. Date</i>
Teen 13 - 15				
Teen 16 - 17				
Teen 18 - 19				
Juniors 20 - 23				
Open	S. Clark	25	55.12	10/17/1999
Sub Masters 35 - 39				
Masters 40 - 44				
Masters 45 - 49				
Masters 50 - 54				
Masters 55 - 59				
Masters 60 - 64				
Masters 65 - 69				
Masters 70 - 74				
<i>Division</i>	<i>Bench Press</i>	<i>Women Kilos</i>	<i>52 kgs. lbs</i>	<i>114.5 lbs. Date</i>
Teen 13 - 15				
Teen 16 - 17				
Teen 18 - 19				
Juniors 20 - 23				
Open	H. Miller	82.5	181.88	3/17/2007
Sub Masters 35 - 39				
Masters 40 - 44				
Masters 45 - 49				
Masters 50 - 54	H. Miller	82.5	181.88	3/17/2007
Masters 55 - 59				
Masters 60 - 64				
Masters 65 - 69				
Masters 70 - 74				
<i>Division</i>	<i>Bench Press</i>	<i>Women Kilos</i>	<i>56 kgs. lbs</i>	<i>123.5 lbs. Date</i>

Teen 13 - 15	J. Shendow	57.5	126.76	6/12/1999
Teen 16 - 17				
Teen 18 - 19	J. Hansen	67.5	148.81	3/27/2004
Juniors 20 - 23				
Open	J. Yamashita	90	198.41	12/20/2003
Sub Masters 35 - 39	L. Hofheins	72.5	159.83	12/9/2006
Masters 40 - 44				
Masters 45 - 49				
Masters 50 - 54				
Masters 55 - 59				
Masters 60 - 64				
Masters 65 - 69				
Masters 70 - 74				
		Women	60 kgs.	132.2 lbs.
Division	Bench Press	Kilos	lbs	Date
Teen 13 - 15				
Teen 16 - 17	M. Klint	47.5	104.72	12/14/2002
Teen 18 - 19				
Juniors 20 - 23	J. Hansen	65	143.30	3/19/2005
Open	L. Shendow	95	209.44	2/28/1998
Sub Masters 35 - 39				
Masters 40 - 44	L. Shendow	92.5	203.93	6/12/1999
Masters 45 - 49				
Masters 50 - 54				
Masters 55 - 59				
Masters 60 - 64				
Masters 65 - 69				
Masters 70 - 74				
		Women	67.5 kgs.	148.7 lbs.
Division	Bench Press	Kilos	lbs	Date
Teen 13 - 15				
Teen 16 - 17				
Teen 18 - 19				
Juniors 20 - 23				
Open	Heather Davidson	45	99.21	12/9/2006
Sub Masters 35 - 39				
Masters 40 - 44				
Masters 45 - 49				
Masters 50 - 54				
Masters 55 - 59				
Masters 60 - 64				
Masters 65 - 69				
Masters 70 - 74				
		Women	75 kgs.	165.2 lbs.
Division	Bench Press	Kilos	lbs	Date
Teen 13 - 15				
Teen 16 - 17				

Open	D. Richards	90	198.41	12/20/2003
Sub Masters 35 - 39				
Masters 40 - 44				
Masters 45 - 49				
Masters 50 - 54				
Masters 55 - 59				
Masters 60 - 64				
Masters 65 - 69				
Masters 70 - 74				