

USPF VIRGINIA STATE RAW SINGLE LIFT RECORDS

DEADLIFT

MEN - OPEN

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

DEADLIFT ~ MEN - Juniors (13-15)

<u>Weight Class</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb	170.0	374.8	Cherokee Widner
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			



Date



Date

6/7/2014