

USPF Women's Washington STATE SINGLE LIFT RECORDS Dead Lift Open

Weight	Kgs	Lbs	Name	Date
48kg/105lbs	55	121.25	Nicole Burke	01/04/1997
52kg/114.5lb	122.5	270	Carol Robbins	09/13/1997
56kg/123.5lb	152.5	336	Jennifer Moser	06/12/1993
60kg/132.2lb	182.5	402.25	Judith Sverchek	09/14/1996
67.5kg/148lb	210	462.75	Judith Sverchek	04/19/1998
75kg/165.2lb	115	253.50	Liz Minor	04/20/1996
82.5kg/181.7lb	145	319.50	Christine Dirks	12/02/1995
90kg/198.2lb	155	341.50	Susan Righi	03/22/1997
90+kg/198+lb	140	308.50	Debbie Miller	12/02/1995

USPF Women's Washington STATE SINGLE LIFT RECORDS Dead Lift Juniors 13-15

Weight	Kgs	Lbs	Name	Date
48kg/105lbs	55	121.25	Nicole Burke	01/04/1997
52kg/114.5lb	155	341.50	Jennifer Moser	06/12/1993
75kg/165.2lb	105	231.25	Tracy LaCourse	01/04/1997
82.5kg/181.7lb	67.5	192.75	Amy Moore	01/04/1997
90+kg/198+lb	97.5	214.75	Rachael Perry	01/04/1997

USPF Women's Washington STATE SINGLE LIFT RECORDS Dead Lift Juniors 16-17

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb	157.5	347	Jennifer Moser	05/17/1994
56kg/123.5lb	92.5	203.75	Jennifer Harris	05/17/1997
67.5kg/148lb	117.5	259	Marla Minor	01/04/1997
75kg/165.2lb	115	253.50	Liz Minor	04/20/1996
82.5kg/181.7lb	202.5	297.50	Liz Minor	05/17/1997

USPF Women's Washington STATE SINGLE LIFT RECORDS Dead Lift Juniors 18-19

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb	82.5	181.75	Liz Sauvageau	05/17/1994
60kg/132.2lb	150	330.50	Judith Sverchek	04/20/1996
90kg/198.2lb	120	264.50	Lynelle Brode	03/01/1998
90+kg/198+lb	82.5	181.75	Rachel Homme	03/01/1998

USPF Women's Washington STATE SINGLE LIFT RECORDS Dead Lift Juniors 20-23

Weight	Kgs	Lbs	Name	Date
60kg/132.2lb	150	330.50	Judith Sverchek	09/14/1996
67.5kg/148lb	210	462.75	Judith Sverchek	04/19/1998
75kg/165.2lb	110	242.50	Lisa Spence	04/19/1998

USPF Women's Washington STATE SINGLE LIFT RECORDS Deadlift Submasters 35-39

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb	122.5	270	Carol Robbins	09/13/1997
56kg/123.5lb	122.5	270	Sharon Olson	05/17/1997
67.5kg/148lb	107.5	236.75	May Hayes	05/21/1994
75kg/165.2lb	135	148.75	Teresa Hughes	04/19/1998

USPF Women's Washington STATE SINGLE LIFT RECORDS Deadlift Masters 40-44

Weight	Kgs	Lbs	Name	Date
67.5kg/148lb	142.5	314	Linda Harding	03/18/1995

USPF Women's Washington STATE SINGLE LIFT RECORDS Deadlift Masters 45-49

Weight	Kgs	Lbs	Name	Date
560kg/132.2lb	40	88	Suzanne Morris	06/14/1997
67.5kg/148lb	160	352.50	Nancy Strehlau	12/02/1995
82.5kg/181.7lb	142.5	314	Clair Ashton-Heckathorn	11/30/1997

USPF Women's Washington STATE SINGLE LIFT RECORDS Deadlift Masters 70-74

60kg/123.5lb	80	176.25	Vera Moser	06/14/1997
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