

<b>LAW ENFORCEMENT &amp; FIRE FIGHTER</b>	<b>WOMENS OPEN DIVISION</b>		<b>UPDATED 02/12/09</b>	
WEIGHT CLASS	LIFT	NAME	POUNDS	DATE
114	SQUAT	TRACY LANDIS	93	03/28/98
	BENCHPRESS	TRACY LANDIS	93	03/28/98
	DEADLIFT	TRACY LANDIS	143	03/28/98
	TOTAL	TRACY LANDIS	329	03/28/98
123	<b>MENS SENIOR DIVISION</b>			
132	SQUAT	DANNY AKERS	385	03/28/98
	BENCHPRESS	DANNY AKERS	259	03/28/98
	DEADLIFT	DANNY AKERS	473	03/28/98
	TOTAL	DANNY AKERS	1017	03/28/98
148	SQUAT	TONEY PAULEY	462	03/25/00
	BENCHPRESS	TONEY PAULEY	363	03/25/00
	DEADLIFT	TONEY PAULEY	424	03/25/00

	TOTAL	TONEY PAULEY	1249	0 03/25/0 0
220	SQUAT	JOHNRUBENSTEIN	479	03/14/9 2
	BENCH PRESS	JOHN RUBENSTEIN	347	03/14/9 2
	DEADLIFT	JOHN RUBENSTEIN	523	03/22/8 6
	TOTAL	JOHN RUBENSTEIN	1245	03/22/8 6
181	SQUAT	TIGE PRATT	578	03/25/0 0
	BENCHPRESS	TIM BURNS	402	03/27/9 9
	DEADLIFT	TIGE PRATT	628	03/25/0 0
	TOTAL	TIGE PRATT	1575	03/25/0 0
198	<b>MENS SUBMASTER  DIVISION 30-39</b>			
220	SQUAT	MIKE WEISS	402	03/25/0 0
	BENCHPRESS	MIKE WEISS	259	03/25/0 0
	DEADLIFT	MIKE WEISS	413	03/25/0 0
	TOTAL	MIKE WEISS	1074	03/25/0 0
				0/3/25/

				00
242	SQUAT	JAY HENRY	143	10/07/00
	BENCHPRESS	JAY HENRY	374	10/07/00
	DEADLIFT	JAY HENRY	385	10/07/00
	TOTAL	JAY HENRY	902	10/07/00
				10/07/00
275	SQUAT	JESSE BAILES	253	03/27/99
	BENCHPRESS	JESSE BAILES	315	03/27/99
	DEADLIFT	JESSE BAILES	215	03/27/99
	TOTAL	JESSE BAILES	821	03/27/99
				03/27/99
	<b>MEN'S MASTER</b>			
	<b>DIVISION</b>			
	<b>40-44</b>			
181	SQUAT	DAVID GARRETT	225	03/28/98
	BENCHPRESS	DAVID GARRETT	203	03/28/98
	DEADLIFT	DAVID GARRETT	220	03/28/98
	TOTAL	DAVID GARRETT	648	03/28/98
				03/28/98
220	SQUAT	BRIAN REYNOLDS	187	03/27/99

		BRIAN REYNOLDS		9
	BENCHPRESS	BRIAN REYNOLDS	275	03/27/99
	DEADLIFT	BRIAN REYNOLDS	435	03/27/99
	TOTAL		898	03/27/99
				03/27/99
	<b>MEN'S MASTER DIVISION 45-49</b>			
220	SQUAT	JIM RUBENSTEIN	529	10/07/00
	BENCHPRESS	JIM RUBENSTEIN	336	10/07/00
	DEADLIFT	JIM RUBENSTEIN	524	10/07/00
	TOTAL	JIM RUBENSTEIN	1388	10/07/00
				10/07/00
242	SQUAT	BRIAN REYNOLDS	143	10/07/00
	BENCHPRESS	BRIAN REYNOLDS	341	10/07/00
	DEADLIFT	BRIAN REYNOLDS	501	10/07/00
	TOTAL	BRIAN REYNOLDS	947	10/07/00
				10/07/00
275	SQUAT	BILL RECTENWALD	143	10/07/00
	BENCHPRESS		424	10/07/00
	DEADLIFT	BILL RECTENWALD	424	10/07/00
	TOTAL	BILL RECTENWALD	991	10/07/00

		BILL RECTENWALD		10/07/00
	<b>MEN'S MASTER DIVISION 50-54</b>			
242	SQUAT	JIM RUBENSTEIN	501	03/27/04
	BENCHPRESS	JIM RUBENSTEIN	319	03/27/04
	DEADLIFT	JIM RUBENSTEIN	551	03/27/04
	TOTAL	JIM RUBENSTEIN	1343	03/27/04
				03/27/04