

# 2021 U.S.P.F West Virginia State Powerlifting Championships

The Dils Center 521 Market St, Parkersburg, WV 26101

## ENTRY FORM

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age on June 5th \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Phone #( \_\_\_\_\_ ) \_\_\_\_\_

USPF Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Email: \_\_\_\_\_

(cards can be purchased at weigh-ins)

Please circle the weight class you are entering:

**Men's**

**weight classes: 114lb 123lb 132lb 148lb 165lb 181lb 198lb 221lb 242lb 275lb 308lb 308+**

**Women's**

**weight classes: 97lb 105lb 114lb 123lb 132lb 148lb 165lb 181lb 198lb 198+**

Please check the event(s) in which you will be competing:

Weigh-ins:  
 Friday June 4<sup>th</sup>  
 Excessive Iron Gym  
 9:00am – 11:00am  
 5:00pm – 7:00pm  
  
 Saturday June 5<sup>th</sup>  
 7:00am to 9:00am  
 Dils Center  
 Start time:  
 10:00am

	Full Power Division 1 – Single Ply	Bench Press Single-ply	Deadlift Single-ply
	Full Power Division 2 – Multi Ply	Bench Press Multi Ply	Deadlift Multi Ply
	Full Power Raw Division 3 – Raw KS (Knee Sleeves)	Bench Press Raw	Deadlift Raw
	Full Power Raw Division 4 – Raw KW (Knee Wraps)		
	Push-Pull Single-ply	Push-Pull Multi Ply	Push-Pull Raw

Please circle the division (s) in which you will be competing:

OPEN	Junior 20-23	Submaster 35-39							
Masters:	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+

**Entry Fee is \$50.00 for initial event, and an additional \$20.00 for each additional event entered.**

**Mail Entry form and check or money order to:**

**Dan Lass  
 917 33rd St.  
 Parkersburg, WV 26104**

**ENTRY DEADLINE IS MAY 25th, 2021! NO ENTRIES WILL BE ACCEPTED AFTER THIS DATE!**

Disclaimer: In consideration of the acceptance of my application for entry into the 2021 USPF West Virginia State powerlifting championships sanctioned by the United States Powerlifting Federation (USPF) on the 5th of June 2021, I hereby wave, release, and discard all claims for damages, death, personal injury, or property damage which I may have, or which may hereafter occur to me as a result of my participation and said event. This release is intended to discharge in advance, do USPF, Alan Haga, the Dils Center, and any other unnamed sponsors, officials, agents, or representatives of these individual organizations from an against all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of the negligence or carelessness on the part of persons or entities mentioned above. I understand that I am not covered for any personal injury and or property damage under any medical or liability insurance policies of any of the aforementioned parties or any other sponsors. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

\_\_\_\_\_  
 Signature or participant (or guardian if under 18 years old)

\_\_\_\_\_  
 Date